



## Engage, Explore, Envision

A "Meeting in a Box" for Celebrating the 75<sup>th</sup> Anniversary of Title V of the Social Security Act

### Our MCH Legacy

*This activity was developed by Kris Risley, DrPH, for Leadership, Legacy, Community: A Retreat to Advance Maternal and Child Health Scholarship and Practice. Maternal and Child Health Program, Division of Community Health Sciences, School of Public Health, University of Illinois at Chicago.*

Tape butcher block paper all the way across one wall. Mark decades along the bottom or top of the paper, beginning with the earliest decade when participants were working in the field of MCH and extending a few decades into the future.

Ask participants to spend a few minutes writing down their answers to the following questions:

- 1) List three things you have done to contribute to your own or our collective legacy for maternal and child health, and the year when you did them.**
- 2) Now, list three things you intend, want or hope to accomplish in the future to contribute to your own or our collective legacy for maternal and child health. It might be helpful to think in terms of a short-term goal (within the next three years), a mid-term goal (within the next five-ten years), and a longer-term goal (within your career lifetime):**

Ask participants to transfer their answers to the appropriate places on the butcher block paper on the wall.

Read through some of the highlights for the group, and give participants time to walk around and read the legacy timeline.

***Variation:** Break this activity into two segments. Toward the beginning of your session, ask participants to complete step one, listing past accomplishments and successes and posting them on the timeline on the wall. At this point, the timeline on the wall should end at the current year. Toward the end of your session, add paper to the wall to extend the timeline by a few decades. Ask participants to complete step two and post the future accomplishments on the timeline of the future.*