



CMS and Population Health: An Overview

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Objectives

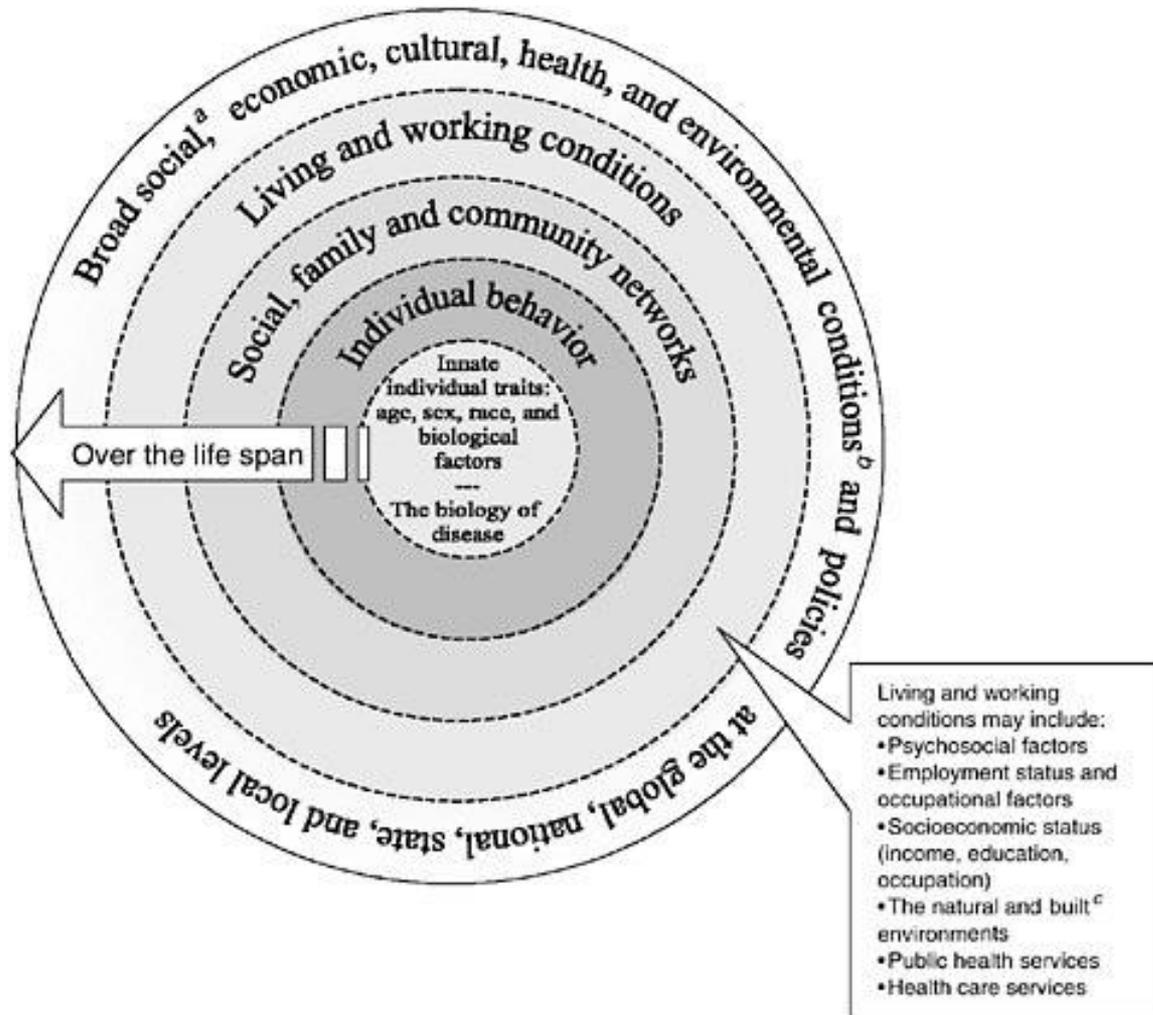
- Define population health
- Discuss CMS' role in population health
- Recommendations for the nurse's role in improving population health

Population Health is Defined as....

“...the health outcomes of a group of individuals, including the distribution of such outcomes within the group.”

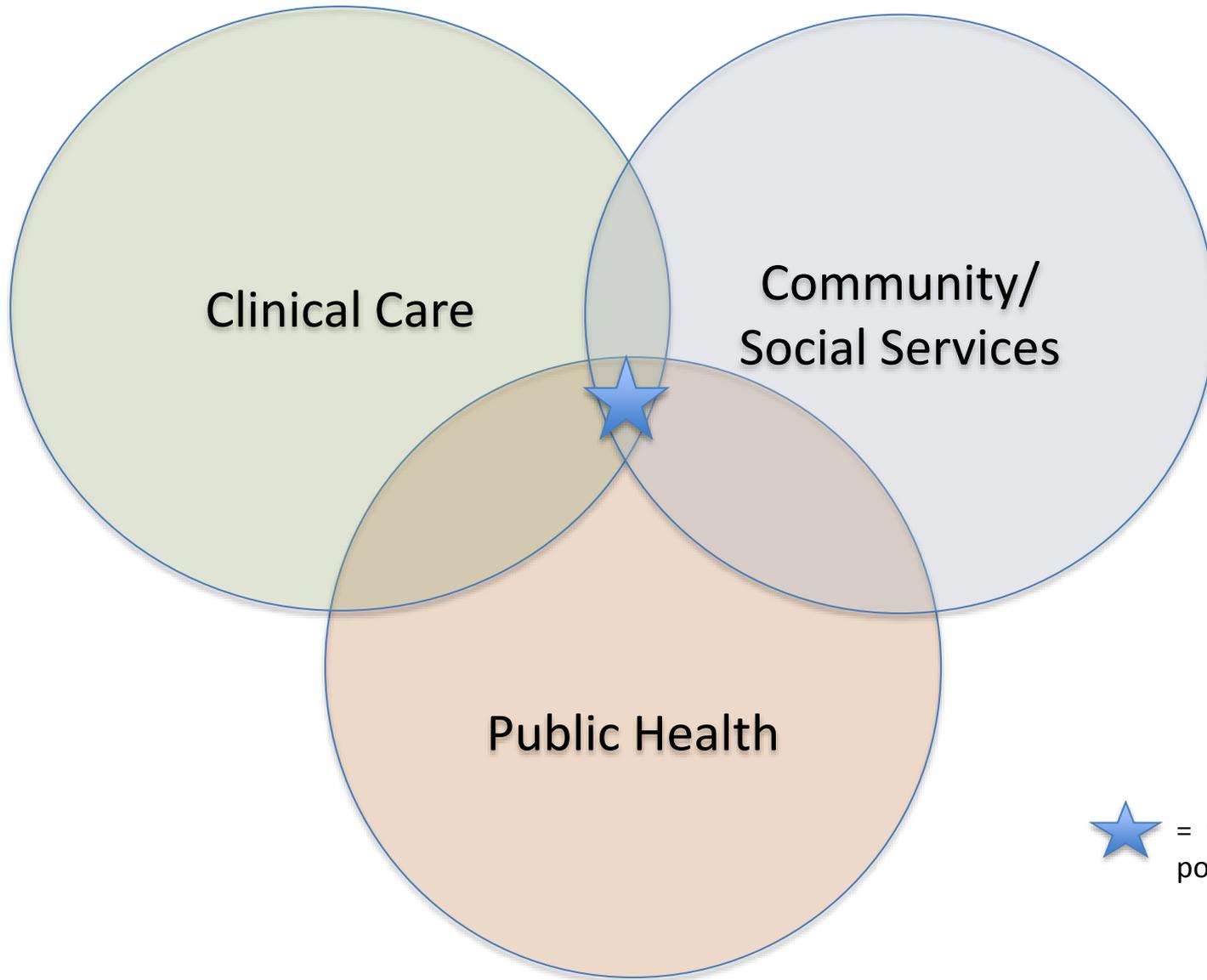
- Kindig & Stoddart, 2003

Socio-ecological Model

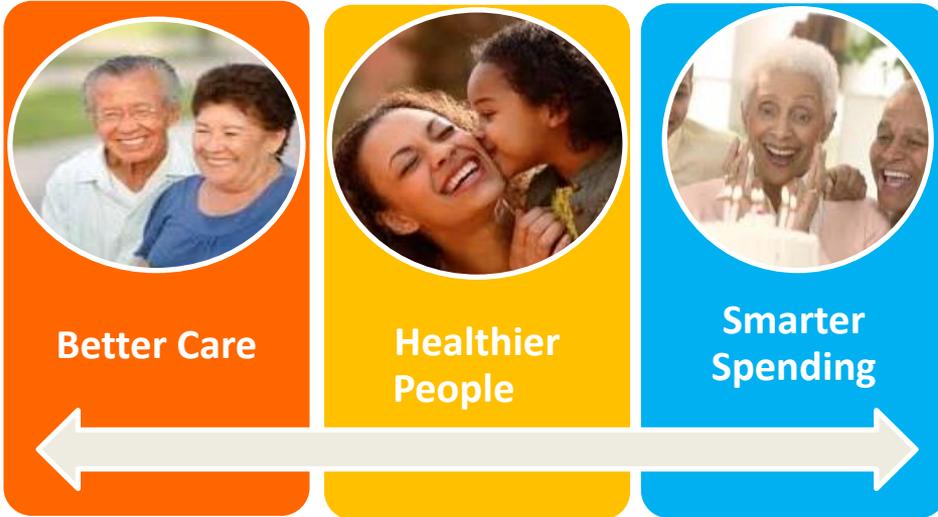


[The Future of the Public's Health in the 21st Century](#), Institute of Medicine, 2003

Population Health Schematic



CMS Quality Strategy



Foundational Principles

1. Enable Innovation
2. Foster learning organizations
3. Eliminate disparities
4. Strengthen infrastructure and data systems

Goals

1. Make care safer
2. Strengthen person and family centered care
3. Promote effective communications and care coordination
4. Promote effective prevention and treatment
5. Promote best practices for healthy living
6. Make care affordable

“Efforts to improve lives through access to appropriate health care rely on deploying evidence-based interventions and strong partnerships among local health care providers, public health professionals, community and social service agencies, and individuals.

CMS is committed to building and strengthening relationships with all partners to better link Medicare, Medicaid, and CHIP beneficiaries, and the providers that serve them, with communities and resources that support good health.”

— CMS Quality Strategy 2015

CMS Vision for Population Health

- Alignment with the CMS Quality Strategy and National Prevention Strategy
- Development and integration of population health measures
- Incorporation of population health tools and concepts into emerging models, programs and initiatives
- Coordination across the agency and department on population health activities
- Developing new models that look at social determinants of health and clinical care
- Stronger linkages between clinical care and community services

What can you do to help our health system achieve the goals of Better Care, Smarter Spending, and Healthier People?

- **Eliminate** patient harm
- **Focus** on better care, smarter spending, and healthier people within the population you serve
- **Engage** in accountable care and other alternative payment contracts that move away from fee-for-service to model based on achieving better outcomes at lower cost
- **Invest** in the quality infrastructure necessary to improve
- **Focus** on data and performance transparency
- **Help us** develop specialty physician payment and service delivery models
- **Test** new innovations and scale successes rapidly
- **Relentlessly pursue** improved health outcomes

Contact Information

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