Promoting Well-Being and Preventing Burnout
Advisory Committee on Interdisciplinary, Community-Based Linkages

Kennita R. Carter, MD
Senior Advisor, Division of Medicine and Dentistry (DMD)
Designated Federal Official (DFO)
Bureau of Health Workforce (BHW)
Health Resources and Services Administration (HRSA)
Overview

• Quadruple Aim
• Burnout
• Scope and Context - Advisory Committee on Inter-disciplinary, Community-Based Linkages (ACICBL)
• Advisory Committee on Training in Primary Care Medicine and Dentistry Update (ACTPCMD)
• National Initiatives
Quadruple Aim

1. Enhance patient experience
2. Improve population health
3. Reduce costs
4. Improve work life of health care practitioners

From Burnout to Joy in Clinical Practice

- Vitality
- Meaning/Fulfillment
- High self-efficacy

- Exhaustion
- Cynicism
- Loss of self-efficacy

Scope and Context: ACICBL*

- Provides advice and recommendations to the Secretary and Congress
- Focuses on the following targeted program areas and/or disciplines
  1. Area Health Education Centers
  2. Geriatrics
  3. Allied Health
  4. Chiropractic
  5. Podiatric Medicine
  6. Social Work
  7. Graduate Psychology
  8. Rural Health

ACICBL – Advisory Committee on Interdisciplinary, Community-Based Linkages
Advisory Committee on Training in Primary Care Medicine and Dentistry

• Committee Charge

• Highlights of committee work (2017)
  • Clinical Trainee and Faculty Well-Being
    • Dr. Carol Bernstein: Physician Well-Being: Challenges and Opportunities
    • Dr. Claudia Finkelstein: The Evolution of Burnout From An Individual To A Systems Perspective
    • Dr. Larry McEvoy: Strategies for Building Resilience in Individuals, Teams, and Health Care Organizations
    • Dr. Timothy Brigham: ACGME Focus on Physical Well-Being: Deepening our Commitment to Faculty, Learners, and Patients
    • Dr. Richard Valachovic - A Systems Approach to Addressing Stress Within Health Professions Education

• Recommendations
National Initiatives

• National Academy of Sciences
  ➢ Global Forum on Innovation in Health Professions Education
    • A Systems Approach to Alleviating Work-induced Stress and Improving Health, Well-being, and Resilience of Health Professionals Within and Beyond Education: A Workshop

  ➢ National Academy of Medicine
    • Action Collaborative on Clinician Well-Being and Resilience: https://nam.edu/initiatives/clinician-resilience-and-well-being/

• Alliance for Academic Internal Medicine
  ➢ Collaborative for Healing and Renewal in Medicine (CHARM) http://www.im.org/page/charm

• Accreditation Council for Graduate Medical Education
  ➢ Physician Well-Being http://www.acgme.org/What-We-Do/Initiatives/Physician-Well-Being
Connect With Us

Kennita R. Carter MD
Senior Advisor, Division of Medicine and Dentistry
Designated Federal Official, Advisory Committee on
  Training in Primary Care Medicine & Dentistry
Bureau of Health Workforce
Health Resources and Services Administration
Phone: (301) 945 - 3505
E-mail: kcarte@hrsa.gov
Web: bhw.hrsa.gov