

1 and formula, a survey of regional activities. Sue,
2 could you come? Sue, as you know, is Professor of
3 Pediatrics and Genetic Cell Biology and Development
4 out in Minnesota and the source of most of our
5 public comments on various and sundry things.
6 She's going to talk to us about this effort that
7 she's been working on. Sue? She's going to
8 present data I think from region 4, region 3, and
9 region 2 about her survey.

10 DR. BERRY: Well, to be more correct,
11 it's not really just my survey. It was the survey
12 of a really excellent workgroup of the Follow-Up
13 and Treatment Subcommittee, and I want to
14 acknowledge the strong support and advocacy of that
15 group in providing this forum for our being able to
16 learn a little bit more about medical foods. And
17 so I'm speaking on behalf of the Medical Foods
18 Expert Panel, which was a sub of the subcommittee.
19 It gets kind of intricate at times here.

20 I also want to acknowledge at this point
21 the expert participation and the hard work and

1 analysis of Mary Kay Kenney from HRSA who did a lot
2 of the data collection encouragement and analysis
3 and worked very hard on this. Much of this is due
4 to her hard work as well.

5 So all of you are familiar with the
6 committees, but each one of them has a charge. The
7 main charge that we were engaging in looking at in
8 this was to work on our charge to develop
9 recommendations for overcoming identified barriers
10 in order to improve short- and long-term follow-up
11 of newborn screening results. In an ironic sense,
12 you don't get much improvement in newborn screening
13 results if you don't treat them correctly, and I
14 think that that's one way of thinking of this.
15 This is also an accountability issue for us.

16 We hear frequently from families that
17 share their concerns with us. They are very moving
18 and important, and for me personally as a
19 practitioner, I think this tells us a lot about why
20 we do what we do. This was a comment from one of
21 the surveys that we got, and I'm just going to read

1 it to you so you can hear this young woman's voice.

2 She said: "I do not think it is fair for
3 children with medical problems and you do not get
4 help to provide for your child. I have a child
5 with LCHAD and I am very short for money and unable
6 to work due to my child's needs. I am getting help
7 on medical bills but not for her MCT oil that she
8 needs for the rest of her life or she may not
9 survive. I currently have that medical in
10 collection because I am unable to pay for. What am
11 I supposed to do to pay for it and keep getting her
12 medicines? Also it is very expensive to buy the
13 foods she requires. I do not get help for her fat-
14 free/low-fat foods. Please help pass this on
15 through States and put yourself in our position.
16 What are you to do?"

17 While we will not be able to correct all
18 of the problems that she explicates here, I think
19 what she tells us is that the need is very real,
20 and this is a voice that I thought was important to
21 share with you.

1 So what really is the problem that we
2 have? To frame the issue, medical foods, which are
3 often referred to by families as special formulas
4 or protein substitutes really aren't drugs, but
5 they are substances of nutritional value.

6 Medical foods aren't optional. They are
7 the treatment for the inborn errors of metabolism
8 that we have worked to screen.

9 And treatment is lifelong. It doesn't
10 just happen and then it goes away and you fix it.
11 People have these diseases all of their lives.

12 Everyone needs foods, but traditional
13 foods can be harmful to persons with inborn errors
14 of metabolism.

15 And medical foods are substantively more
16 expensive than traditional foods.

17 Because they are foods, they are excluded
18 from coverage by many insurers, and so the costs to
19 the family may be prohibitive. Coverage is at best
20 variable.

21 Affected persons cannot survive without

1 medical foods, but they can't afford to buy them.
2 That's a terrible horn of a dilemma to put our
3 families in.

4 We're going to talk more about the
5 definition I think hopefully in the discussion
6 regarding this, but there is a formal definition
7 for medical foods: "A food which is formulated to
8 be consumed or administered enterally under the
9 supervision of a physician and which is intended
10 for the specific dietary management of a disease or
11 condition for which distinctive nutritional
12 requirements, based on recognized scientific
13 principles, are established by medical evaluation."
14 It sounds concrete, but there are some real gaps in
15 how this can be applied that have limited the
16 ability to get medical foods paid for. This was
17 specified in the Orphan Drug Act, and I'm pretty
18 sure we're not going to change the Orphan Drug Act,
19 but we may need to have another strategy to get at
20 that. So is the definition part of the problem? I
21 think that will be one of the questions we have to

1 encounter.

2 So what are the nutritional treatments?

3 Those are the subject of our survey.

4 First, medical foods. These are the
5 formulas that I've just talked about. They usually
6 supply a substantial portion of the nutrition for
7 the treatment of the specific inborn error of
8 metabolism. Typically they have a restricted amino
9 acid component. That's the most common formulation
10 for medical foods.

11 There are also supplements or sometimes
12 referred to as nutraceuticals which are
13 pharmacologic doses of vitamins or cofactors. A
14 good example of that is the treatment of
15 biotinidase deficiency is administration of
16 pharmacologic doses of biotin. Some of the
17 disorders result in specific amino acid deficiency,
18 and patients need amino acids provided as substrate
19 to complement their metabolic condition. There are
20 also other vitamin-like drugs such as carnitine and
21 things like MCT oil that are essential treatments

1 for certain types of fatty acid oxidation
2 disorders.

3 There are specially manufactured modified
4 low-protein foods. These are not your average
5 mother's low-protein foods. These are really
6 restricted in the protein content and very
7 specially prepared and provide the ability for a
8 child to have a much more normal lifestyle.

9 Now, medical foods require physician
10 supervision. They're all essential elements of
11 therapies for treatments of inborn errors of
12 metabolism, and many families, in addition, require
13 medical equipment and supplies that are needed for
14 feeding. Those also fit into a problem for
15 families that we wanted to address in thinking
16 about this issue.

17 So to do this, we took a two-part
18 approach, and I think we've previously discussed
19 what we found in our Medical Foods Workgroup
20 meeting. In June 2008, we had a meeting where we
21 got together with representatives of insurance

1 companies, along with the expert group, and got
2 some information and resources with regard to our
3 understanding of the problem at hand.

4 The problem in part is this. Each
5 insurer has their own practices. Private insurers,
6 public insurers using private vendors, self-insured
7 plans, employer-based plans -- each of those has a
8 different set of rules, and each insurer has their
9 own practices responding to those rules. And
10 public practices also vary from State to State.
11 Moreover, each policy, even when you have the same
12 company, can have different coverage. Contracts
13 can result in different coverages for the same
14 insurer. It's kind of mysterious sometimes how
15 they make those decisions.

16 Each State has different rules or laws
17 covering provision of medical foods which also
18 impact the availability. Those were beautifully
19 summarized previously and presented to this group.
20 So you can go to that link, if you want to. But
21 even when laws exist, they may not cover all

1 insurance carriers. For example, ERISA and self-
2 paid insurance is a good example of where there are
3 a lot of exceptions for these. And even when laws
4 and guidelines exist, they're subject to
5 interpretation. So we have a lot of problems with
6 the payment side.

7 To try and get some better information
8 about this, this group undertook a medical foods
9 survey. We decided to do a parent survey for
10 insurance coverage of medical foods for children
11 with metabolic conditions, and that's what we're
12 going to talk about today. This is a project that
13 took about two years to get done. We just thought
14 we'll just send out a survey. No problem. It
15 doesn't quite work that way, but that's okay.

16 So what were the objectives of our
17 medical foods survey? Well, first we wanted to
18 survey parents of children -- and we'll come back
19 to that as a point as well -- with metabolic
20 conditions to look at their current coverage and
21 the actual coverage for the medical foods and the

1 materials needed to administer them.

2 Our rationale was to inform federal and
3 State public policy decisions and this group to try
4 and reduce financial barriers for families that
5 were needing treatment.

6 What kinds of information did we seek in
7 this? Well, we wanted to know what the needs of
8 children were for medical foods and formulas,
9 modified low-protein foods, those prescribed
10 supplements, and the supplies that were needed to
11 administer them.

12 We wanted to know how much families spent
13 for these things, what were their out-of-pocket
14 expenses, and what proportion of expenses were paid
15 for. We realized this to a varying degree, but I
16 think we got some very important information.

17 We established our expert panel, and we
18 undertook initial cognitive interviews to make sure
19 we were asking the right kinds of questions and
20 that families understood what we were asking. And
21 those took place in two cognitive interviews.

1 We did some pretesting survey validity
2 and reliability in the fall of 2008 at three sites
3 where we gave people the instrument we were going
4 to use and then modified it.

5 The survey asked about the child's
6 diagnosis. They asked about the health plans
7 covering the child care because a lot of people
8 have more than one way to get foods and other
9 things covered. They asked about what materials
10 were used by the child. They asked the extent to
11 which those items were covered by their health
12 plan, including dollar amount per month. We asked
13 for an estimate of monthly out-of-pocket expenses,
14 if not fully covered, and if health plans had caps
15 on coverage.

16 So what we had to do to do this is we
17 implemented this with -- this is a survey of
18 convenience. That's one of the caveats that I'm
19 going to share with you. We were able to obtain
20 data from people who volunteered to help out. And
21 we undertook this with a collaboration of the NYMAC

1 region, region 2; the southeast region, region 3;
2 and two centers in region 4, with support from the
3 National Newborn Screening and Genetics Resource
4 Center. And we undertook the survey in the spring
5 of 2009.

6 We targeted this at children. We didn't
7 target adults, and that's an equally important
8 group but a smaller proportion. So it was harder
9 to get solid data, and we did not undertake a
10 survey of adults.

11 We received responses from 305 families
12 across the three regions.

13 We did this following an IRB process. We
14 received approval for implementation in various
15 ways. Typically these were expedited reviews. We
16 did the paper survey that was administered in the
17 genetic centers, and the responders completed the
18 survey anonymously, which helped for our expedited
19 review. We didn't collect, for that reason, tons
20 of demographics, but it makes it a little harder to
21 go back and double check all the data because it's

1 anonymous. But we knew the State of residence, the
2 age of the child, and the diagnosis of the child.

3 Each of the genetic centers submitted
4 data to their regional collaborative for central
5 evaluation and coding, and then the regional
6 collaboratives, in turn, had that data to inform
7 their own planning and submitted the data on up to
8 HRSA and to Mary Kay for further analysis and
9 integration.

10 I want to acknowledge the centers that
11 participated in this activity under the leadership
12 of Cindy Cameron in region 4, Kathy Harris in
13 NYMAC, and Ronnie Singh in the southeast region.
14 We really appreciate the clinicians who
15 participated in this activity.

16 So the data. Here the blue is the
17 youngest children, the children between 0 and 5,
18 and this is a summary of the distribution of the
19 surveys done in each of the three regions. In some
20 cases, I'm going to show you data that will sort of
21 look by region, but this is the only place where we

1 split it out so you can kind of see where the
2 information came from. About half the children in
3 this group were children under age 5.

4 When we looked at health care coverage,
5 about 25 percent of the children actually had more
6 than one funding source, and only 3 children really
7 didn't have insurance, which is actually better
8 than the national average, if you think about
9 exposure of children to insurance failure. I think
10 that's probably because once they were identified
11 as having such a critical disorder, in many cases
12 other strategies were found to get them covered.
13 So that was a point of cautious optimism we had for
14 this.

15 A particular area of interest for all of
16 us was the utilization of WIC, and it turned out
17 that 30 percent of families with children under age
18 3 used WIC. So that was very important. I didn't
19 break it out here, but I wanted you to know that
20 WIC was very important.

21 These are the total number of children

1 using each type of coverage. So if you added them
2 all up, it's going to be more than 305. Many
3 children had more than one funding source.

4 The next slide is a busy, difficult -- I
5 debated about even putting it this way, but I'm
6 going to try and go through it so you know.

7 In the upper left-hand corner, the first
8 pie you see there is for medical foods, which was
9 the main target of our study. The big blue slice
10 that you see is the people that obtained their
11 products from a pharmacy, and to a large extent,
12 most people, if they get them from a pharmacy,
13 they're typically paid for.

14 The next big red slice next to it is from
15 county and State health departments, and in many of
16 the States, foods are supplied through the county
17 or State health department. In those cases, most
18 of them are paid.

19 The next two slices, however, the green
20 and purple slices, are the manufacturer or the
21 Internet. In those situations, most of the time

1 people have to pay for those out of pocket. So you
2 start to begin to see some of the problems.

3 The next two slices are medical supply
4 and home health companies. Many times those are
5 also paid for, but when you go on around to the
6 hospital or clinic, it's paid to varying degrees,
7 and then WIC I think is a good source for many of
8 the families.

9 When you looked at modified low-protein
10 foods -- and the reason I mentioned the Internet is
11 something where it may not be paid for -- here that
12 great big green slice for the modified low-protein
13 foods is from the Internet or the purple one next
14 to it directly from the manufacturer. That tells
15 you a little bit about the scope of the problem
16 just from that one thing alone. Many families have
17 to go direct to these sources, and they pay out of
18 pocket to pay for those modified low-protein foods.

19 For dietary supplements, most of those
20 ended up, by a large majority, being supplied by
21 pharmacies. There are still problems with getting

1 those paid for, but in many cases if they come from
2 pharmacies and are prescribed, they're paid for.
3 So that's a point of impact, but not as big as it
4 is for either medical foods or modified low-protein
5 foods.

6 And in my own sort of half-thinking,
7 though I know it's not really true, I thought of
8 feeding supplies as something that surely must be
9 paid for. As far as we can tell, the sources that
10 are mostly being used to gather feeding supplies
11 are things that would be typically paid for by
12 insurance, and that was what we ended up finding
13 out when we looked at the actual numbers of what
14 got paid for.

15 So impact here. There are two places
16 where a major impact in terms of the kinds of
17 places where they won't get paid for and that's
18 medical foods and modified low-protein foods.

19 Now, most of the children ended up
20 needing to use lots of products. 50 percent of the
21 children in this group actually used feeding

1 supplies. So the way that this is set up is that
2 these are the number using the product, and of the
3 children in the group that we selected, 150 of the
4 305 used feeding products. So that's what adds up
5 on that bar for that one, for example. 71 percent
6 of them used dietary supplements of some sort. 60
7 percent of this particular group used modified low-
8 protein foods, and 84 percent of them, since it was
9 a medical foods survey, used medical foods. We
10 took comers who weren't always using medical foods
11 but used the other things so that we could have --
12 that was just how they got handed out. That's who
13 filled out the survey. They answered as they
14 answered.

15 Now, almost all the children, 80 percent,
16 used at least two of the surveyed products. That's
17 what this pie really shows you, that many of the
18 children used these products on a daily basis and
19 they used more than one of these. So they have a
20 comprehensive and wide need for these products in
21 their full forms.

1 This is, I think, the graph that I found
2 to be most important and I thought was kind of the
3 most upsetting to me in some ways. So the way that
4 I've got this set out so that you can see it is the
5 total number -- we asked them to tell us all the
6 ways that they got things paid for. So the
7 answers, since they may have used three or four
8 sources, add up to way more than 305. It's all the
9 various sources that they used.

10 And for medical foods, of the 296
11 responses that engaged about medical foods, because
12 they were using multiple sources to try and cover
13 this, we were really -- it's good to see that
14 private coverage and Medicaid and State coverage
15 covered many of these. But there's still a
16 significant fraction of people who have expenses
17 out of pocket for paying for medical foods, and
18 that was true for supplements and most strikingly
19 for modified low-protein foods. 172 families that
20 provided a response and talked about how they paid
21 for modified low-protein foods ended up having to

1 pay some or all of it out of pocket. So we found
2 that to be quite striking particularly for modified
3 low-protein foods.

4 In terms of the actual costs to the
5 family, families really had a hard time giving us
6 an actual dollar amount they spent. I'm not sure
7 if we didn't ask it right or it was something that
8 was hard to know. But we do have a surrogate for
9 that. We asked them to tell us a range of what
10 they've paid per month for the various attributes
11 of these. And here, the good bars, the happy bars
12 are the orange and blue ones. If they paid nothing
13 or between \$0 and \$100, those are the orange and
14 blue bars. Anything below that, however, except
15 for the "don't know" bars -- who knows what those
16 are -- represent funds that families paid per month
17 for the various products. Here we lumped supplies
18 and the supplements together because those were
19 more likely to have been paid for and really
20 focused on the modified low-protein foods and the
21 medical foods as points of risk for families.

1 And you can see although many families
2 paid little or nothing, some families paid quite
3 substantially. The sort of number -- I did a
4 calculation where I used the mid-range of these
5 values and then calculated how much as a total
6 estimate divided on everybody in the group, if you
7 looked at how much they would pay, the average
8 family would pay \$3,800 per year. And since you
9 can see that many families paid little or nothing,
10 some families are paying a lot.

11 So what did we end up learning in the
12 end? Well, we found out to our pleasure that nearly
13 all the children in this group had some type of
14 health care coverage. That was a good thing.
15 Unfortunately, it didn't always pay for these
16 products.

17 Most of the children we surveyed needed
18 more than one category of food or supplies, and
19 that makes sense. You don't just feed kids
20 formula. You feed them real foods, and you make
21 sure that they have the supplements they need to

1 complement those. And if you need to use a feeding
2 tube, you use it. So most of the children needed
3 more than one category.

4 Coverage was variable, but there was at
5 least some out-of-pocket expense for about 20
6 percent of the families using medical foods, for
7 about 30 percent of the families using supplements,
8 for about 35 percent of the families using feeding
9 supplies, and for about 60 percent of the families
10 using modified low-protein foods, they had to pay
11 out of pocket.

12 So what we do know and what we don't
13 know. We didn't differentiate this by diagnosis. I
14 think that because many laws specify PKU as an
15 individual disorder, and we had a lot of PKU
16 families in this. We may have overestimated the
17 number of people who get things paid for. I think
18 the problem is even worse for families who don't
19 have PKU. That analysis can be done. I just
20 didn't do it.

21 We didn't separate by age to any degree

1 except to make the notification that WIC was
2 important for younger children.

3 We didn't have much luck finding out if
4 families were capped on insurance, and that was
5 part of the problem. They just didn't know the
6 answer to that.

7 They had a hard time telling us their
8 out-of-pocket cost as a specific number so that
9 data was terribly incomplete. We worked hard to
10 get it. Mary Kay particularly put a lot of energy
11 into trying to help people do it, but it was very
12 hard to get.

13 We found out that need-based supports
14 were very significant resources. So WIC was a very
15 important source of support for families and that
16 Medicaid was critical. In fact, ironically it's a
17 lot better if you're so poor that you have to be on
18 Medicaid because then you can get your medical
19 foods paid for. Medicaid plays pretty well, but
20 otherwise it's a problem.

21 Modified low-protein foods are

1 particularly poorly supported. WIC doesn't pay for
2 those.

3 And although patterns of coverage varied
4 a little bit from region to region, all the regions
5 observed significant challenges for families in
6 paying for the products.

7 So what's happened? You guys are very
8 familiar with this because this group has been very
9 engaged in this. This committee has communicated
10 already three times with the Secretary regarding
11 medical foods, first in the letter of April 7th
12 where we had an interim response. There may be
13 some more updates than what I have on this slide.
14 So I apologize if I haven't got every piece of this
15 correct.

16 There was a subsequent letter in March of
17 2010 where we looked at gaps in insurance coverage
18 and specifically mentioned medical foods as an
19 important gap.

20 We had a letter in June where we updated
21 our recommendations with regard to medical foods in

1 light of health care reform, and there's an interim
2 response saying we're going to get a response in a
3 timely fashion, which we always have. So I expect
4 that as well.

5 Also, I think one of the outcomes of our
6 interest in this and the hard work of families and
7 advocates was to begin work on the Medical Foods
8 Equity Act. I think many of you heard about this.
9 It addresses a number of the issues that are
10 relevant to this, but as you know, legislative
11 measures can be quite a challenge to undertake, and
12 this will be a process, not an event, to have
13 changes in legislation.

14 So what next? What next for this group?
15 What next for our subcommittee? Obviously, we're
16 going to very much anticipate the results from the
17 Secretary with regard to the questions we've
18 already posed, and I think this is going to be a
19 very important avenue for advancement of this.

20 We, of course, are going to monitor the
21 progress of the Medical Foods Equity Act and the

1 benefits package that we've heard a little bit
2 about in our discussion this morning, most notably
3 the idea that medical foods may need to be made an
4 essential benefit to be able to have the action
5 that we need to take place in this.

6 I am delighted to have our colleagues
7 from the FDA join us today, and perhaps they can
8 give us some additional insight on the process by
9 which in working with FDA to think a little more
10 precisely about how we might define the needs and
11 products that are necessary for treatment of inborn
12 errors, if we might in regulations or rules find
13 ways of some relief as well. I'm hoping for their
14 comments, with permission of this group. Since
15 they came here to tell us about it, I'm happy.

16 And then for our subcommittee, obviously,
17 we talked about whether we needed more data,
18 whether we wanted to include other regions, if we
19 want to include other ages, if there were some
20 other things that we needed to do to sharpen our
21 argument. And also, I think we should publish this

1 information to make it more broadly known.

2 But we stand prepared as a group, I
3 think, to work harder on this.

4 At that point, I'll open this for
5 questions and you guys have a good discussion about
6 this because I'm not an unbiased observer.

7 (Laughter.)

8 CHAIRMAN HOWELL: Thank you very much,
9 Sue.

10 I wonder if Tim, Dr. Cote, from FDA would
11 be willing to come up and discuss the issues of
12 medical foods, among other things.

13 DR. COTE: Thank you so much, yes. My
14 name is Tim Cote again. I'm a physician. I'm the
15 Director of the Office of Orphan Products.

16 The term "medical foods" is defined and
17 codified in law in only one place. That's in the
18 Orphan Drug Act. That definition has proven to be
19 near useless. It defines things so broadly that
20 literally thousands of foods from prune juice for
21 prostate health to wheat germ for prevention of

1 Alzheimer's meet the legal definition of medical
2 foods. And nobody really wants to take on all the
3 stakeholders behind those products.

4 So we have a problem here. The need
5 that, Susan, you've outlined is very, very real.

6 I was relating earlier that this is a new
7 field for me. I'm a pathologist by training. I
8 have met some of these mothers, and to a mother,
9 they complain bitterly that a product which is very
10 much and very specific for the treatment of a very
11 specific disease is not being paid for as drugs
12 would be routinely.

13 The problem is that our agency is the
14 group that needs to be able to identify that this
15 is the product which is used for the treatment of
16 that disease. And without such clear direction and
17 definition, CMS is not really capable of deciding
18 what to pay for. So we are going to be working
19 with CMS on doing this. I myself will be feeding
20 into the Secretary's response. I think you're
21 absolutely correct that you will be receiving a

1 timely response back from the Secretary on this,
2 and we are working closely on it.

3 To my mind, I think we need a subset
4 definition that identifies that medical foods are -
5 - excuse me -- that some new terms such as
6 "metabolic product," "nutritional products," are a
7 subset of medical foods which are specific for the
8 treatment of these 29 diseases as identified by
9 this committee. Moving forward, what we certainly
10 will need to do is find a way to identify
11 specifically what they all are.

12 So those are the kinds of directions that
13 I will be giving back to my commissioner. My
14 Deputy Commissioner, Dr. Josh Sharfstein, is a
15 pediatrician himself. He's apprised of the problem
16 here. He has given me his support in moving
17 forward. He understands that there's a
18 definitional issue, and we will try our best to
19 work with you closely to solve this problem, which
20 really shouldn't be here. We really should have
21 solved this a long time ago, and it's a terrible

1 burden for parents who have this issue and there's
2 no reason for it.

3 CHAIRMAN HOWELL: Thank you very much. I
4 guess one question I have is specifically how do we
5 move forward to work with you about this new term,
6 for want of a better word.

7 DR. COTE: Sure. Well, my experience
8 with this administration is that it's an extremely
9 responsive administration. So you have a number of
10 different avenues that you can look at.

11 First of all, you're going to get a
12 response. You're going to get a rapid response.
13 It's coming. Okay? I'm actually going to be
14 working on it today. So it is coming.

15 You have avenues of citizens petitions.

16 And the agency has some latitude in terms
17 of its authority to promulgate regulations from
18 existing statutes. The Orphan Drug Act is such a
19 statute, and it has promulgated regulations related
20 to that statute and could do so and define, for
21 example, a subset of medical foods if there were a

1 reason to do that, and I think that there may well
2 be. That process occurs when outside stakeholders
3 request it of the agency, and the agency moves
4 forward with its authority to promulgate a proposed
5 notice of rulemaking through an established process
6 in Federal Registers, through which comments are
7 solicited and so on and so forth. Many of you here
8 are very familiar with that.

9 So I can tell you that this is an area
10 where the agency really wants to be responsive to a
11 clear need, a bureaucratic problem that needs to be
12 fixed and lives that hang in the balance. So I
13 know that there are people at the very top of the
14 agency -- me being a couple of levels down as a
15 director of an office of 43 or so people, but Dr.
16 Josh Sharfstein being the number 2 man for an
17 agency that regulates a quarter of the U.S.
18 economy. So I think we're going to get somewhere.
19 I think the time has come.

20 CHAIRMAN HOWELL: Thank you very much.
21 That's very encouraging to hear that we're going to

1 make progress there.

2 Mike, you had a comment?

3 DR. COTE: And we will be at these
4 meetings going forward. I'll make certain that
5 somebody on my staff is here at every one of the
6 meetings going forward.

7 CHAIRMAN HOWELL: Mike had a question.

8 DR. WATSON: I suffered from post-lunch
9 drowsiness there momentarily. Is this just notice
10 of conditions associated with newborn screening, or
11 is this all the genetic diseases for which medical
12 foods are prescribed?

13 DR. BERRY: I think there are a couple of
14 things that we need to keep in mind. We crafted
15 the letters, and I was very grateful to Michele for
16 being as precise about this as she was and
17 throughout for reminding of this. The way that it
18 was crafted was to talk about the screened
19 disorders and disorders as defined by this
20 committee. I think that what the issue is, for
21 example, is that you need the exact same products

1 to take care of kids with urea cycle disorders and
2 just because we can't screen for them doesn't mean
3 they don't fit under the same rubric. So I think
4 we have to be very precise in making our request so
5 that we don't leave out the big groups.

6 But the same point and one of the things
7 we have to keep in mind is that we've got to get
8 the biggest bang for the best benefit that we can,
9 and if it means fixing part of this and fixing the
10 rest later, we should do what we have to do to get
11 at least a marginal change done. So if it has to
12 be only about the 29, then it has to be only about
13 the 29. I don't think that's the right choice, but
14 let's think as carefully as we can about trying to
15 include as much as we can that's appropriate.

16 That's my thought. I don't know if
17 others --

18 CHAIRMAN HOWELL: The letter that was
19 written to the Secretary specifically talked about
20 the conditions for which screening has been
21 recommended by this committee, but also clearly

1 pointed out other appropriate metabolic diseases.
2 Now, the thing that we have not discussed -- and I
3 don't know exactly how that would work -- is how do
4 we decide that it's appropriate to provide
5 nutritional material, corn starch for patients with
6 type 1 glycogen storage disease or something of
7 that nature. But that would have to be done if
8 that would be the way this goes.

9 DR. BERRY: But I would think that the
10 first priority should be medical foods and modified
11 low-protein foods, and those other things would
12 have to be worked on in my own personal view. I'm
13 not the person who decides.

14 CHAIRMAN HOWELL: Yes, right.

15 DR. WATSON: That's good. Once you
16 change the definition of it and move forward.

17 CHAIRMAN HOWELL: Sue has posed several
18 questions for the committee as far as where they
19 proceed in the future: number one, to extend the
20 survey, to focus on elements of highest impact, and
21 to publish. What's the wisdom of the group sitting

1 around the table on those issues?

2 (No response.)

3 CHAIRMAN HOWELL: It must have been a
4 very good lunch judging from the amount of wisdom I
5 see pouring forth.

6 (Laughter.)

7 CHAIRMAN HOWELL: Gerry?

8 DR. VOCKLEY: I think number 3 is
9 important, so get the publication out and make this
10 information more broadly visible. I think that's
11 helpful.

12 I always hate to do more of the same, so
13 I'm not sure that extending the survey is going to
14 do much to move it forward. We've got a snapshot
15 of the problem. Yes, it might vary a little bit if
16 we go to other jurisdictions, but I don't think
17 it's going to change us fundamentally. So I think
18 moving forward, if we're focused on the elements of
19 highest impact -- and I'm not sure how you're going
20 to define those, but I think that's what you want
21 to define. What's going to be worth your time?

1 CHAIRMAN HOWELL: Ned?

2 DR. CALONGE: Gerry, the only thing I
3 would tweak about that is if there's a list of
4 things that need to be approved, I think to the
5 degree that we think about the entire list -- I'm
6 just worried if you focus on the elements of
7 highest impact, that's all that would be approved.
8 So I guess I feel a little bit differently that we
9 could have a prioritized list, but I think as much
10 as we can be complete with our earliest
11 recommendation, the better that would be.

12 CHAIRMAN HOWELL: Is there a sense that
13 anything would be gained by extending the survey?
14 In other words, you've done three substantive
15 regions. I think you might have bigger numbers.
16 Coleen?

17 DR. BOYLE: I guess I would like us to
18 keep in mind the fact that we have the opportunity
19 to use this survey as a tool to monitor the impact
20 of any changes we make to the system. So whether
21 or not we decide to extend the survey to other

1 areas, if there's concern in different regions to
2 see that whether implementation of changes in
3 policy, CMS practices, whatever has the same impact
4 in others. It's at least a baseline from which to
5 monitor. So if we did it, that's the context in
6 which I would do it.

7 CHAIRMAN HOWELL: You don't think you
8 could accomplish that by using the regions that
9 have been surveyed and then look at --

10 DR. BOYLE: I would look to the regional
11 folks to answer that question.

12 DR. BERRY: At least one of the regions
13 commented to me that they felt that by extending
14 it, they would have some additional impact in each
15 of the States individually while we worked on this
16 on a national basis. So some of them were
17 interested in using it as a tool in that context as
18 well State by State. If you've seen one State,
19 you've seen another State in terms of how they work
20 with these things.

21 CHAIRMAN HOWELL: Further comments?

1 We've heard that it would be wise
2 probably to focus on all the elements, and you
3 might prioritize those, et cetera.

4 If there's significant interest in
5 publishing it, I think that should go ahead.

6 And then the survey. It seems to me that
7 there's some sense that it would be advantageous to
8 make it available and gather the other data.

9 DR. BERRY: We would be happy to make the
10 survey available. We might make some changes based
11 on our experience with it, but I think that the
12 Coleen is right that it's a good instrument for
13 surveillance if we correctly use it.

14 CHAIRMAN HOWELL: Because if there is a
15 substantial change in the reimbursement, it would
16 be nice to see if you can demonstrate that. It
17 might be one of the first controlled studies we've
18 been involved with.

19 (Laughter.)

20 CHAIRMAN HOWELL: Any other comments for
21 Sue? Fred?

1 DR. CHEN: It's useful to hear from FDA
2 that this actually could get changed through the
3 regulation process. So I assume our group is going
4 to keep monitoring it. If it makes it through the
5 Federal Register process, we would have opportunity
6 for comment and we should certainly encourage that
7 process.

8 CHAIRMAN HOWELL: Yes, and I think it's
9 very helpful that we benefitted from having an FDA
10 representative on the committee, but having this
11 other office represented I think will be helpful.
12 And we're very pleased that they're here today and
13 have sworn to be back regularly in the future.

14 VOICE: I wanted to add and I want to
15 emphasize this survey was done for ages 18 and
16 under, and the problem is much more magnified -- as
17 a clinician, I can tell you -- for older
18 individuals even more. So if there's ever a need
19 to document that data, that is something to keep in
20 mind.

21 CHAIRMAN HOWELL: Have you thought about

1 looking at older people?

2 DR. BERRY: We actually considered that
3 when we did the initial study, and then decided,
4 particularly in our initial phases, that we would
5 concentrate on the area of highest impact. But
6 clearly, it's magnified in adults. That's 100
7 percent correct. Anything you're talking about
8 happening in kids, multiply it times 10 in the
9 adults. There's just not as many of them.

10 CHAIRMAN HOWELL: Jana?

11 MS. MONACO: I was just thinking along
12 those same lines because many of the States, as we
13 learned with PKU, do have coverage up to age 18,
14 and then all of a sudden, those individuals drop
15 off in their older coverage.

16 CHAIRMAN HOWELL: Well, maybe that
17 information could be gained going forward.

18 DR. BERRY: Yes, we can certainly extend
19 the study to encompass adults as well.

20 DR. CALONGE: I just am uncomfortable
21 about the purview of --

1 CHAIRMAN HOWELL: We've been having a
2 sidebar about the fact the name of our committee is
3 infants and children, and most people are grown-up
4 children.

5 DR. BERRY: Right. That's the only
6 reason we focused on children in this. If you
7 think about what's going on for kids, it's more in
8 adults.

9 CHAIRMAN HOWELL: It could be
10 accomplished, I think, through the regional
11 collaborative network which does clearly have
12 purview that goes well beyond the purview of this
13 committee. I think this committee should do
14 anything that's important, but that's a separate
15 issue.

16 (Laughter.)

17 CHAIRMAN HOWELL: But the only thing that
18 happens to you after you're 18 is you get older.
19 Nothing else worthwhile happens.

20 (Laughter.)

21 CHAIRMAN HOWELL: Are there any other

1 things? You've done a lot of work and you've been
2 working on this a long time. So hopefully this
3 will be helpful and you can get this published. I
4 do not think you should hold up your publication to
5 start looking at other States, but you can acquire
6 that going forward and focus on all the elements.
7 And we're glad you're prepared to move further.

8 DR. BERRY: Always prepared.

9 CHAIRMAN HOWELL: Thank you very much.

10 DR. BERRY: Thank you.

11 CHAIRMAN HOWELL: I would like to take
12 the committee discussion back to the -- we're going
13 to go back to the discussion of the morning
14 concerning the newborn screening using pulse
15 oximetry for critical congenital heart disease. As
16 you remember, Gerry had made a motion about
17 enthusiasm for including this, and then there were
18 other concerns about holes in the data and things
19 of that nature. So Gerry and Jeff largely have
20 come up with a recommendation for this committee to
21 consider that would take into consideration many of

1 the things that you've heard.

2 DR. VOCKLEY: First, to remind you we had
3 a request to have this grid back up. This is our
4 category of recommendation grid, and based on the
5 discussion prior to lunch, we're really in between
6 categories 1 and 2. And if we go back to the SCID
7 a couple of meetings ago, I think what we were
8 really saying was that there's a sort of level 1 or
9 .9 or something -- 1.1 maybe if we're going the
10 other direction -- where everybody is really
11 convinced it's a good idea, but we just need a
12 little bit more to nail it down. That's as opposed
13 to 2 which is it looks like a good idea but there
14 are still some pieces missing. And this is why for
15 this discussion, I made the motion to go to
16 category 1 because I think it's there with a few
17 pieces that would make us all feel more comfortable
18 going forward.

19 So we put together just a statement that,
20 again, really went back to the SCID recommendation
21 that would be a modification of what was moved

1 before. And since I don't think I'm actually
2 allowed to modify my own motion, maybe this is
3 Jeff's modification. I don't know.

4 CHAIRMAN HOWELL: You can retract your
5 motion.

6 DR. VOCKLEY: Well, whatever works. Let
7 the minutes show I'm amenable to anything that gets
8 us out of here.

9 (Laughter.)

10 DR. VOCKLEY: It looks like I may have
11 cut off the top line of this which was that we
12 recommend the addition of critical congenital heart
13 disease to the uniform panel with the understanding
14 that the following activities will also take place
15 in a timely manner. NIH shall fund research
16 activities to determine the health outcomes of
17 affected newborns with CCHD as a result of
18 prospective newborn screening. CDC shall fund
19 surveillance activities to monitor disease
20 incidence. Pass it around. HRSA is going to guide
21 State health departments in the integration of

1 screening into their programs, and then HRSA shall
2 also fund the development of, I guess in
3 collaboration with public health, health care
4 professional and family organizations, appropriate
5 education and training materials for family and
6 public health and health care professionals
7 relative to screening and treatment of CCHD. That
8 one was added quick on the fly.

9 CHAIRMAN HOWELL: So that's the
10 nomination. Is there a second?

11 DR. VOCKLEY: This is now the
12 recommendation.

13 CHAIRMAN HOWELL: And Jeff, you're
14 seconding that since you helped write it.

15 DR. BOTKIN: Yes.

16 CHAIRMAN HOWELL: So we've had a
17 nomination and a second. Now we'll have discussion
18 of this recommendation. Ned?

19 DR. CALONGE: I have a number of
20 comments.

21 The first is I don't know what we're

1 recommending. I don't know what cutoffs. I don't
2 know what technology. I don't know what timing. I
3 think it is difficult to add a recommendation when
4 we don't have the level of specificity of what
5 testing we're talking about. I would hope that
6 moving forward and included in the motion perhaps
7 as a friendly amendment is we actually be specific
8 about what it is we're recommending adding.

9 I saw huge variability depending on when
10 you tested. I heard that there's variability in
11 the technology that's already changed. I heard
12 about different probes, different sites. So one of
13 the critical evidence items that was in the
14 evidence report is how does screening test accuracy
15 vary by the age of the neonate, placement of the
16 probes, and threshold value for action. I don't
17 see answers to any of those questions. So I'm
18 uncertain I know what we're recommending.

19 We also have an evidence report that has
20 as a critical evidence gap, what is the benefit of
21 adding a pulse oximetry screen to infant outcomes

1 compared to usual care. That's a key evidence gap.

2 Now, I think whenever you do an evidence-
3 based recommendation, you're evaluating the risk of
4 being wrong, and I want to explain that in two
5 ways.

6 One is what are the health risks of being
7 wrong. If this is the wrong decision, what's the
8 down side? From my standpoint, one of the best
9 parts of the recommendation is that from an
10 important health outcome standpoint, we haven't
11 seen much evidence of down side. I don't think
12 that the false positives are much of an issue if we
13 time the screening right. I don't think we'll be
14 over- diagnosing or over-treating. There could
15 adverse events that we haven't thought about.
16 Separation of the mom and baby at infancy is a
17 bonding issue with significant impact that I don't
18 want to overcall or under-call. But I'm just
19 saying we can't say that there wouldn't be any
20 harms associated with being wrong.

21 The other thing is what is our risk that

1 we'll be shown to be wrong later. So what's the
2 real risk of this is the wrong decision. I would
3 just point out that in our best intentions in
4 American medicine, we have often been wrong, and I
5 just want to make sure we understand that going
6 forward.

7 Ultimately all evidence-based medicine
8 decisions require a judgment, and the rules of
9 evidence are the rules of evidence. But two groups
10 of well meaning scientists have looked at the same
11 evidence body and come to different conclusions
12 because of the judgment of the strength of
13 evidence. So Gerry is comfortable with the strength
14 of evidence that pulse ox adds significantly to
15 usual care. And if I come to a different decision,
16 it's because I look at the same body of evidence
17 and come to a different decision. And I think
18 that's important to recognize.

19 The last thing I want to point out is
20 that there are many reasons to move beyond evidence
21 in making a recommendation. Clinicians do it all

1 the time every day in every exam room that they
2 work in. And I think that I don't actually have
3 much problem with that because if we could run the
4 whole world with guidelines, we probably wouldn't
5 need as many physicians or other clinicians. But I
6 think we need to recognize when we do step away
7 from our own rules of evidence and just be honest
8 about it and say we think there's a compelling case
9 to be made for this even though it falls short of
10 our usual rules of evidence. And I just want to
11 say I don't actually have a problem with making
12 recommendations like that, but I would prefer that
13 we be honest with ourselves when we do it.

14 That's it.

15 CHAIRMAN HOWELL: Thank you, Ned.

16 Denise, you had your hand up?

17 DR. DOUGHERTY: Well, I'd like a little
18 more understanding of the understanding of the
19 following activities taking place and the
20 likelihood of that because to get something funded
21 can take a while.

1 The other thing is this first bullet -- I
2 don't think it's sufficient really to just study
3 the health outcomes, but also given the questions
4 that are involved, we need to measure the processes
5 of care and probably the instruments that are being
6 used to see if there's a connection between the
7 screening, the processes of care afterwards, and
8 the outcome. Otherwise you won't know the outcome.

9 The surveillance piece should give you
10 the outcomes.

11 DR. BOYLE: Well, only if it's linked to
12 infant mortality. So I would add that it's not
13 just monitoring the disease. It's disease that's
14 linked to infant mortality.

15 CHAIRMAN HOWELL: Coleen, I couldn't hear
16 you clearly.

17 DR. BOYLE: Oh, I'm sorry. I would link
18 -- it says the Centers for Disease Control shall
19 fund surveillance activities to monitor disease and
20 the outcome linked to infant mortality. It's not
21 just monitoring children who have congenital heart

1 disease, but it's trying to use that system to see
2 whether or not mortality is impacted by
3 implementation of the screening.

4 CHAIRMAN HOWELL: Denise, I'm not sure I
5 can answer your question, but we made a series of
6 similar type recommendations for SCID, as you
7 probably remember. And interestingly enough, the
8 letter that came back from Secretary Sebelius, as
9 you recall, said that she accepted that, and she
10 listed the things we needed to do and that we would
11 respond to her in May of 2011 with a report. Now,
12 interestingly enough, those things, actually since
13 our meeting, have been funded and they're actually
14 underway. I mean, we can't predict that this will
15 happen that way, but with SCID, they really have
16 happened.

17 DR. DOUGHERTY: So if they don't happen,
18 do we withdraw the recommendation?

19 CHAIRMAN HOWELL: Well, the bottom line
20 is that the Secretary will likely -- if we send
21 this along, she will likely say that she would

1 expect a report from this committee by a certain
2 date, and there will be a specific date. And I
3 would think that if we're not complying with that,
4 I think that would be a problem. I think that we
5 would be committed to comply with these things.

6 DR. DOUGHERTY: And about my other
7 comment about needing not only to track health
8 outcomes but to track the processes of care that
9 got to those outcomes.

10 DR. LLOYD-PURYEAR: I'm sorry. Could you
11 be more precise?

12 DR. DOUGHERTY: Research activities to
13 determine the care provided and the health outcomes
14 of that care of affected newborns with CCHD.

15 DR. LLOYD-PURYEAR: To determine --

16 DR. DOUGHERTY: The care provided and the
17 health outcomes of affected newborns.

18 CHAIRMAN HOWELL: Mike?

19 DR. SKEELS: I think everyone else has
20 left me behind, but I need to say this at the risk
21 of sounding like an obstructionist. We spent about

1 a year hammering out the framework for making
2 recommendations to the Secretary, and I guess my
3 question for you is, are we in that framework or
4 are we coming up with something completely
5 different here? Because it sounds to me like --
6 Gerry said we're in the zone between 1 and 2. And
7 if we want to change our framework, I think we
8 should do that to adapt. If I'm the Secretary and
9 I read this, I'm going to think -- I don't know
10 what Kathleen Sebelius would think, but I would
11 think are they recommending this or not.

12 I think we need to go back to our agreed-
13 upon framework to decide which category it fits in
14 rather than suddenly, after seeing the data for the
15 first time this morning, because we didn't even
16 have it to read ahead of time, we're being asked to
17 move forward and wordsmith something that deviates
18 from our agreed-upon practice.

19 DR. LLOYD-PURYEAR: You did have it. You
20 were sent this two weeks ago.

21 DR. SKEELS: Well, we had that but we

1 didn't have the presentation. You're right. We
2 did have it.

3 So I guess I just need to know, Rod, do
4 you think that this is -- are we functioning within
5 the framework that we agreed upon in this
6 committee? If so, I'll shut up.

7 CHAIRMAN HOWELL: We're functioning
8 exactly as we did with SCID. Let's put it that
9 way.

10 DR. SKEELS: I'm not sure that's true
11 because we used the framework and we said where are
12 we in the framework. And we did make some other
13 recommendations, but we did come down on the side
14 of, yes, we are recommending but without all these
15 qualifications I think.

16 CHAIRMAN HOWELL: Ned?

17 DR. CALONGE: I just wanted to answer
18 Mike's question. So as one of the multiple
19 drafters of the original rules, we had actually had
20 a category that would have fit this better I think
21 that we decided not to use, and it was kind of a

1 provisional category that we're going to go ahead
2 and add it, and then we're going to watch it. It
3 really set up those times where there's a
4 compelling contextual case. It met the evidence
5 needs for most of the members but probably fell
6 short of the traditional rules of evidence. And so
7 we were so compelled we felt we should add it, but
8 on the other hand, we ought to watch and see what
9 happens. So that kind of phase IV approach. But
10 we consciously decided not to do that.

11 I think it was a valid, potential
12 category, and I would point out that all evidence-
13 based methods are meant to evolve, that the
14 Services Task Force seems to change theirs about
15 every three years to modify them to make them
16 better. EGAP is facing some of their own
17 methodologic issues of gaps. Anyone on our expert
18 committee could be charged with relooking at phase
19 IV supported addition because I do have concerns
20 we're going to face these issues that don't quite
21 meet the usual rules of evidence, and yet people

1 are feeling that the case has been made compelling
2 enough for them to move forward.

3 CHAIRMAN HOWELL: I would say that Ned
4 has kind of put in words kind of where I am with
5 the subject very well.

6 Gerry?

7 DR. VOCKLEY: I think the reality is that
8 nothing that we're going to deliberate on in the
9 foreseeable future anyway will hit category 1
10 unequivocally based on the kind of rigorous
11 evidence that we would all like to see, and this is
12 just a reality of the diseases. Now, I honestly
13 don't remember why we got rid of that provisional
14 category, but it does certainly seem like it -- the
15 last two discussions, we've come pretty close to
16 wanting it. And so I would recommend going back to
17 that.

18 But I also will remind both Ned and Mike
19 that the SCID recommendation had absolutely no
20 details on process or method, and it did come with
21 three bullets that were the starting point for the

1 bullets up there. So this is very closely modeled
2 after that.

3 To come back to Mike's specific question,
4 are we recommending this or not, the answer is yes,
5 but we want to have some phase IV monitoring.
6 That's the intent here, and maybe we can make it
7 sound a little bit stronger.

8 DR. LLOYD-PURYEAR: Could I read what I
9 tried to capture, one, what Ned has said and then
10 we can put it up on the thing. Although there are
11 recognizable evidence gaps, there are compelling
12 reasons for recommending screening for newborns for
13 critical congenital cyanotic heart disease. The
14 addition of pulse oximetry screening for CCCHD to
15 the uniform panel with the understanding --
16 therefore, the committee recommends the addition of
17 pulse oximetry screening for CCHD to the uniform
18 panel with the understanding that the following
19 activities will also take place in a timely manner
20 and go on with Denise's addition that the NIH shall
21 fund research activities to determine the care

1 provided and the health outcomes of affected
2 newborns with CCCHD as a result of prospective
3 newborn screening. CDC shall fund surveillance
4 activities to monitor disease linked -- I don't
5 understand this, but disease linked to infant
6 mortality. Is that --

7 DR. BOYLE: That's fine.

8 DR. LLOYD-PURYEAR: Okay.

9 HRSA shall guide State health departments
10 in integration of CCHD screening into their
11 programs. HRSA shall fund the development of, in
12 collaboration with public health and health care
13 professional organizations and families,
14 appropriate education and training materials for
15 families and public health and health care
16 professionals relevant to the screening and
17 treatment of CCCHD.

18 CHAIRMAN HOWELL: Ned?

19 DR. CALONGE: Well, I love how we are
20 getting more specific. Thanks, Michele.

21 I still come back to the issue that I

1 don't know what -- I think part of this at some
2 point has to be we recommend testing these sites
3 with these probes with this equipment at this time
4 with these cutoffs. And somehow that has to be
5 developed because otherwise I'm not exactly sure
6 what it is we're recommending. So some kind of
7 additional wording that says before this goes to
8 the Secretary, that we have some kind of evidence-
9 based -- what it is that we're screening.

10 MS. MONACO: Isn't there a recommendation
11 already by the American Heart Association as to
12 what the best time to do the screening is? Is
13 there anything like that?

14 DR. DOUGHERTY: After 24 hours.

15 MS. MONACO: Is it all right to put that
16 in there?

17 DR. CALONGE: I would just be really
18 nervous saying do the screening but we don't know
19 how to tell you how to do it.

20 CHAIRMAN HOWELL: Chris?

21 DR. KUS: I kind of share Ned's part.

1 When you looked at the evidence there -- when are
2 you doing the screening? If it's after 24 hours or
3 some kind of parameters about it because you had
4 the 4 hours, you had the mix of ones. And I would
5 agree that that I'm not clear. If you just say
6 pulse oximetry, that's not specific enough.

7 DR. CALONGE: Even if we referred them to
8 some external group and said, in compliance with
9 the American College of Cardiology or somebody or
10 pediatric cardiologists -- I just think we have to
11 tell them exactly what it is we're recommending
12 because I just saw a huge variability in
13 sensitivity and only a little bit of danger of
14 specificity if you did it too soon.

15 CHAIRMAN HOWELL: Tracy and Jane?

16 DR. TROTTER: Let me ask a question. The
17 only thing since I've been on the committee that
18 was passed has been SCID. I know we heard a lot
19 about technique, but I don't think we said anything
20 about technique. And I presume the States will do
21 whatever they're going to do. I mean, I understand

1 the concept of trying to make this as specific as
2 possible.

3 CHAIRMAN HOWELL: The committee has never
4 really weighed in about cutoffs and specific
5 technologies that have been used in newborn
6 screening.

7 DR. CALONGE: But I think there's a
8 definite way to do this wrong, and that makes me
9 uncomfortable, Rod.

10 CHAIRMAN HOWELL: Yes, I hear what you're
11 saying.

12 DR. CALONGE: I mean, the SCID issue --
13 it seemed like everyone was going to end up doing
14 the same thing, and I've heard the standardization
15 and the standardization is based on something
16 different than this, which is a lab test.
17 Admittedly TMS is pattern recognition and a lot of
18 other things, but I think in general lab folks get
19 to say that this is this condition and this isn't.
20 I'm just nervous that we're not actually telling
21 people what we're recommending.

1 CHAIRMAN HOWELL: Mike?

2 DR. WATSON: We have done the reverse
3 though in looking at Pompe to say that we didn't
4 like Taiwan's fluorometry approach because of the
5 sensitivity issues and wanted to test tandem mass
6 spec in the U.S. population. So it's not like
7 we've ignored it. There was only one assay
8 available here, but there will be -- I mean, every
9 time we look at the LSDs, there are three competing
10 technologies now.

11 DR. BOYLE: I see Jeff's hand, so I'll
12 let you go first, Jeff.

13 DR. BOTKIN: Thanks. I was going to say
14 perhaps it would be appropriate to add under the
15 third bullet that HRSA will guide State health
16 departments in the screening standards and
17 integration into the programs. HRSA can then help
18 invite experts in the field to say what's the best
19 way to introduce this technology.

20 DR. LLOYD-PURYEAR: So HRSA shall guide
21 the development of screening standards?

1 CHAIRMAN HOWELL: Infrastructure perhaps
2 needed for a public health approach for a point of
3 service, and basically HRSA could convene experts
4 in neonatology, experts in cardiology, et cetera
5 and provide guidance about the technologies
6 required for a public health service. We could put
7 that in there. We could put the requirements
8 needed for a public health approach to point of
9 service newborn screening for critical congenital
10 cyanotic heart disease. And that way you could
11 then come up with whether or not you put the probe
12 on the ear or the toe and what company you use and
13 things of that nature and what cutoffs and so
14 forth. So if we put that in there, that would help
15 with that.

16 Would that make you more comfortable?
17 Okay. So we're going to add HRSA will work on
18 gathering a group together for infrastructure
19 requirements needed for a public health approach to
20 point-of-service newborn screening.

21 DR. LLOYD-PURYEAR: So HRSA shall guide

1 the development of screening standards and
2 infrastructure needed for the implementation of a
3 public health approach to --

4 CHAIRMAN HOWELL: To point-of-service
5 newborn screening for critical congenital heart
6 disease. That will help take care of that in that
7 area.

8 DR. BOTKIN: Michele, can we get that up
9 on the screen?

10 DR. LLOYD-PURYEAR: Yes.

11 CHAIRMAN HOWELL: Can she email it?

12 DR. VOCKLEY: I just copied it onto a USB
13 stick.

14 CHAIRMAN HOWELL: Well, maybe while we're
15 doing that, we could hear from Kof.

16 DR. OHENE-FREMPPONG: Maybe part of the
17 reason why we're not so sure, Ned, is that we've
18 been talking about pulse oximetry, which is
19 actually a method of assessing oxygen saturation.
20 And maybe what we're looking for is low oxygen
21 saturation by whatever the technology is to

1 determine that. The pulse oximetry is actually
2 quite specific. It's not the only way to assess
3 it. Is a cardiologist in here? Maybe a broader
4 definition that has more of a clinical
5 understanding and not so much the method which
6 would then force us to try to specify exactly how
7 the particular method --

8 DR. CALONGE: Kof, the other thing that
9 leads to my discomfort were phrases like everyone
10 knows that if it's under 90, you need to be
11 treated, but that's not the cutoff I heard used by
12 any method. It was 96 or --

13 CHAIRMAN HOWELL: But if we put this
14 wording in there, hopefully that will get that --

15 DR. CALONGE: I agree. I think having
16 someone look at it and come up with something.

17 CHAIRMAN HOWELL: Dr. Govindaswami is
18 here. Roger, if he could comment briefly on some
19 of the conundrums that we're dealing with.

20 DR. GOVINDASWAMI: Thank you. Just a few
21 comments.

1 I think transcutaneous pulse oximetry is
2 a simple way you can do co-oximetry in the blood
3 stream, but that's fraught with more problems and
4 the baby screams. There are more shunts. So we
5 wouldn't recommend any way other than
6 transcutaneous pulse oximetry for screening in the
7 context of these discussions.

8 DR. OHENE-FREMPONG: My point is we
9 screen for something, not use this method. I mean,
10 if wanted to find that a particular enzyme is low,
11 that's what we're looking for, and we're not asking
12 people to use a method.

13 DR. GOVINDASWAMI: Correct.

14 DR. OHENE-FREMPONG: Can we use a term
15 that actually defines what abnormality we're
16 looking for? In this case, if it is O2
17 desaturation --

18 DR. GOVINDASWAMI: Yes, I think that's
19 correct. I think if you said screening for
20 desaturations in babies, or whatever language you
21 use -- I get the point.

1 But I think the cutoffs is not the big
2 issue because most of the studies look at that 95
3 as the cutoff. The issue of the evidence gap of
4 what happens if we don't do this I think is
5 addressed in the large Swedish study where the
6 babies who were screened and picked up were much
7 less likely to die I think. I don't have my notes
8 with me, but it's something like 60 versus 5 of the
9 100 who got picked up who didn't get screened and
10 then subsequently died. So there is a cost of
11 life.

12 And I like the addendum of the infant
13 mortality connection because I think that will be
14 an easy way to make it.

15 But I'm just very encouraged by these
16 discussions and the points raised on the specific
17 issue of separating moms and babies to do pulse
18 oximetry. The comment I have is, you know, when we
19 do the hearing screen, it's a much more prolonged
20 test and we take them to a quiet room. This
21 testing takes about 2 minutes, and even at our

1 center where we've done 4,000 babies using the two-
2 site technique, which I think is what we do, at our
3 center it works best for us. There's not a time
4 constraint. We don't even have to separate them
5 from the mom. There are people looking at can we
6 do it in the mom's arms. So I think those are
7 technicalities that we can overcome.

8 I think the very real issue of how will
9 it be implemented in different sites -- some of the
10 questions you are discussing are things I've
11 certainly agitated over because the way I do it at
12 my medical center where I have pediatric
13 cardiologists and echotechs and everything 24/7 may
14 not be the way I'm going to implement this in
15 Gilroy, which is 25 miles away. I may recommend
16 doing the studies a little earlier knowing that I
17 have a higher false positive rate, but that way
18 somebody on call will hear about this baby because
19 if you fail the earlier screen, the only thing you
20 do is repeat the screen. You don't run away and do
21 an echocardiogram. So you add a \$5 to \$10 cost as

1 opposed to a \$500 or \$1,000 cost. So there might
2 be specific instances where regional programs can
3 decide how they do it best within their systems.

4 CHAIRMAN HOWELL: Thank you very much.

5 I think that this discussion has been
6 helpful because, number one, we've taken pulse
7 oximetry out of the recommendation because we
8 really are screening for critical congenital heart
9 disease. That, obviously, was very helpful, Kof, to
10 bring that up.

11 And if we add then the fact that HRSA
12 will oversee an effort to work on this in a public
13 health arena, then we'll get around that.

14 Chris?

15 DR. KUS: I guess I'm missing something
16 because I thought part of it is that there is a
17 good screening way of doing the screening, and if
18 you take the pulse oximetry out, it seems to me
19 that you're asking them to come up with that. I
20 think they proposed here that we've got screening
21 programs that you'd use pulse oximetry.

1 CHAIRMAN HOWELL: We've recommended
2 screening for PKU and we certainly don't say you
3 need to use tandem mass spec.

4 DR. KUS: Yes, but PKU was before this
5 body.

6 CHAIRMAN HOWELL: Well, the thing is that
7 I think that we've heard that although everybody is
8 using pulse oximetry, there may be a better way
9 that evolves, and it would be nice not to have that
10 in our recommendation.

11 Does everybody want to put pulse oximetry
12 back?

13 DR. VOCKLEY: I don't see any reason to.
14 We recommended SCID screening without mentioning
15 TRECs, without mentioning --

16 DR. DOUGHERTY: Question: What was the
17 evidence review on? Was it looking at pulse ox?
18 Pulse ox. So the evidence review was not about
19 using other techniques.

20 CHAIRMAN HOWELL: Roger?

21 DR. DOUGHERTY: But the evidence review

1 was not about those things.

2 ROGER: I would really be very wary of
3 putting methodologies into your recommendations
4 because although today there may be one thing
5 that's the best, who knows about tomorrow? And if
6 you tie a recommendation with methodologies and
7 then next year something comes up that's 50 percent
8 better, that could just inhibit progress. I think
9 that your job is -- it's very nice that you're
10 taking the comprehensive responsibility of all
11 these factors, but it's kind of micromanagement.

12 DR. DOUGHERTY: But then could we change
13 that NIH recommendation so that it also tracks what
14 kind of method was used to do the screening? You
15 know, sometimes techniques change. They become the
16 hot, new thing, and they're not.

17 CHAIRMAN HOWELL: I think that hopefully
18 Alena is going to have this up on the screen very
19 soon. There it is.

20 Would our nominator like to read that for
21 us?

1 DR. VOCKLEY: I can. Although there are
2 recognizable evidence gaps, there are compelling
3 reasons for recommending screening newborns for
4 critical congenital cyanotic heart disease. The
5 committee recommends the addition of screening with
6 the understanding that -- the first bullet -- the
7 National Institutes of Health shall fund research
8 activities to determine the care provided and the
9 health outcomes of affected newborns with CCCHD as
10 a result of prospective newborn screening; that the
11 CDC and Prevention shall fund surveillance
12 activities to monitor disease linked to infant
13 mortality. The third bullet: The Health Resources
14 and Services Administration shall guide the
15 development of screening standards and
16 infrastructure needed for the implementation of a
17 public health approach to point-of-service
18 screening for CCCHD. And then HRSA shall also fund
19 the development of, in collaboration with public
20 health and health care professional organizations
21 and families, appropriate education and training

1 materials for families, public health and health
2 care professionals relevant to the screening and
3 treatment of CCCHD.

4 CHAIRMAN HOWELL: Comments on that, Jeff?

5 DR. BOTKIN: No.

6 CHAIRMAN HOWELL: This is a modification
7 of your original recommendation.

8 Is there further discussion of this
9 recommendation at this point in time? Ned?

10 (Laughter.)

11 DR. CALONGE: I think you've spun it as
12 well as it can be spun.

13 (Laughter.)

14 CHAIRMAN HOWELL: Speaking as a
15 professional spinster.

16 Is there anybody else who would like to
17 comment about this recommendation? Jane?

18 DR. GETCHELL: I think this has really
19 come a long way since we started, and speaking from
20 a State program perspective, I do appreciate all
21 that has been added to it in terms of HRSA support

1 technologically, financially, and guidance-wise.

2 That's really very helpful.

3 The question I have -- and this really
4 pertains not just to this but probably future
5 diseases that we'll be looking at. What are the
6 implications of adding it to the uniform screening
7 panel? Does that automatically mean that it
8 becomes the responsibility of State programs?

9 CHAIRMAN HOWELL: It's a recommendation
10 to the Secretary. I don't think it automatically
11 becomes a requirement of the State. I think many
12 States will obviously adopt it into their programs.

13 DR. DOUGHERTY: It will be expected to be
14 part of long-term follow-up at the State level.

15 DR. GETCHELL: Yes, it will.

16 DR. BOYLE: But that's an easy one. They
17 already have their birth defects monitoring
18 programs linked with infant mortality, and they can
19 do linkages to hospital discharge. They can do
20 lots of stuff there that's already in place.

21 DR. GETCHELL: It's already in place but,

1 for example, with this one it will require some
2 infrastructure development, new expertise,
3 additional staff, those kinds of things. And I
4 think this recognizes that.

5 DR. BOYLE: Again, I would encourage them
6 to use their birth defects programs. This is a
7 wonderful reason for them to exist. It gives them
8 a reason to link with outcomes for children rather
9 than just monitoring for birth defects.

10 DR. KUS: I mean, I share the idea that
11 as a State you want to implement which things that
12 you think are recommended, and to implement this,
13 we always come down to the idea of having the
14 resources to be able to do it and who does the
15 resources. And I think we've talked a lot about
16 the partnership between States and the federal
17 government. I would say, listening to Coleen about
18 our birth defects, our birth defects wouldn't be
19 able to do this right now without added resources,
20 and it's not the system that we would probably use
21 to do that.

1 DR. BOYLE: Again, I think it's an
2 opportunity for those systems to expand.

3 Can I make one modification to the CDC
4 one, which is to monitor disease linked to infant
5 mortality and other health outcomes?

6 DR. LLOYD-PURYEAR: Oh, good.

7 DR. KUS: I guess the idea is expansion
8 takes resources, and I think that's the concept
9 that we're really struggling with. You want to do
10 this and how do you do it?

11 CHAIRMAN HOWELL: Mike?

12 DR. WATSON: I think the problem is in
13 the actual Newborn Screening Saves Lives Act which
14 I think pretty clearly says that if a State does
15 not meet the standards established by this
16 committee, there could be an impact on their
17 federal funding.

18 DR. LLOYD-PURYEAR: If a State receives
19 funds under section 1109 of the Newborn Screening
20 Saves Lives Act, they have to agree to be in the --
21 either having adopted this committee's

1 recommendations or be in the process of adopting.

2 But that's the only requirement. Well, very few

3 States --

4 DR. WATSON: Get money through that
5 pathway.

6 DR. LLOYD-PURYEAR: Well, until we have
7 more money appropriated, that's really not an
8 issue.

9 (Laughter.)

10 DR. WATSON: It's certainly never been
11 used, but it is sort of, I think, the big dog.

12 CHAIRMAN HOWELL: It might be substantial
13 going forth I think is what Michele is saying, if
14 more money flows in.

15 Is there anything new or something to say
16 about this?

17 DR. DOUGHERTY: Yes.

18 CHAIRMAN HOWELL: Denise has something I
19 can tell.

20 DR. DOUGHERTY: I'm making a friendly
21 amendment to my own words. So what I'm really

1 trying to get at is the NIH shall fund research
2 activities to determine the relationships among the
3 screening technology, the diagnostic process, and
4 the care provided, and the health outcomes.

5 CHAIRMAN HOWELL: Any further comments
6 about this recommendation? Mike, you look like you
7 have something to say.

8 DR. SKEELS: No, other than I have to
9 leave for the airport and I'd like to leave the
10 committee on a yes vote.

11 (Laughter.)

12 CHAIRMAN HOWELL: Yom Kippur is rapidly
13 closing in on us so that we need to get this
14 settled and go deal with even more important events
15 of the evening.

16 I can call for a vote, but I want to be
17 sure everybody has their word before we vote.

18 Those favoring this recommendation?
19 Denise, do you still have something to say?

20 DR. DOUGHERTY: She's asking me for what
21 I said.

1 CHAIRMAN HOWELL: I see. And does she
2 have it?

3 DR. DOUGHERTY: Yes.

4 CHAIRMAN HOWELL: So we've got that.

5 So we're going to take a vote. Those
6 favoring this nomination that's been made by Dr.
7 Vockley and seconded by Dr. Botkin and discussed
8 exhaustively by this group, raise your hand.

9 (A show of hands.)

10 CHAIRMAN HOWELL: Peter, is your hand up?
11 Okay, thank you very much.

12 Those opposing this nomination?

13 (A show of hands.)

14 CHAIRMAN HOWELL: We have one person
15 opposing.

16 Is there any abstention?

17 DR. LLOYD-PURYEAR: Dr. Guttmacher is
18 absent.

19 CHAIRMAN HOWELL: He had to leave for an
20 appointment, so he's absent.

21 That is it. It passes overwhelmingly.

1 So thank you very much. I think that was a very
2 worthwhile discussion.

3 I hope that there's not a lot of other
4 committee discussion.

5 DR. GELESKE: Can I just ask? Can you
6 email that out right away? Because I'm sure the
7 AAP will be very interested in that recommendation
8 and I want to get the wording correct.

9 CHAIRMAN HOWELL: I'm sure that it will
10 be available. It can be emailed promptly.

11 So is there any other committee business
12 outstanding?

13 Let me bring out that we really now would
14 like to have material for the January meeting.

15 DR. LLOYD-PURYEAR: Yes, we do. We do
16 have committee business, the HIT Workgroup. And
17 Sharon had to leave go to her sabbatical.

18 CHAIRMAN HOWELL: She has left for
19 England.

20 While we're waiting for the slide to
21 arrive, you're going to get an email from Altarum.

1 That's the company that organizes this group.
2 Please fill out the survey about the meeting and
3 how it worked for you as far as the facilities are
4 concerned.

5 We would like agenda items for January.
6 Please send them to Michele so that we'll have
7 those to discuss.

8 The meeting dates for next year are May
9 5th and 6th, September 22nd and 23rd, 2011. We,
10 hopefully, will not be in the midst of some major
11 holiday in January we hope. We do have the dates,
12 but I don't have the dates.

13 DR. LLOYD-PURYEAR: That's January 28th
14 and 29th.

15 CHAIRMAN HOWELL: So this is the
16 recommendation that --

17 DR. LLOYD-PURYEAR: If you go to the
18 second slide, yes.

19 CHAIRMAN HOWELL: Fundamentally, as you
20 recall, this was a recommendation that this
21 committee support the quality measures that would

1 be looked at as proposed by these groups.

2 DR. DOUGHERTY: Michele, you emailed sort
3 of my version.

4 DR. LLOYD-PURYEAR: This is what Sharon
5 came up with. Sharon and Alan.

6 DR. DOUGHERTY: You weren't asking other
7 people to weigh in?

8 DR. LLOYD-PURYEAR: I did it to the whole
9 group, and Sharon left and it has this, part two.
10 These are just friendly amendments.

11 CHAIRMAN HOWELL: Is the thing that we're
12 being asked to vote on, this particular slide?

13 DR. LLOYD-PURYEAR: Yes.

14 CHAIRMAN HOWELL: Read this and see what
15 you think of that. Denise, does this capture
16 your --

17 DR. DOUGHERTY: No. That language about
18 communication processes is puzzling to me.

19 DR. LLOYD-PURYEAR: That is what the
20 quality measures are for.

21 DR. KUS: The "such as" -- I thought we

1 were initially proposing that the measures that
2 they proposed were ones we wanted to say go forward
3 with. "Such as" is still pretty weak to me.

4 DR. DOUGHERTY: And this one doesn't say
5 as long as the measures meet the NQF criteria for
6 scientific --

7 DR. LLOYD-PURYEAR: Yes, it does. We
8 don't that they don't meet the scientific
9 acceptability. We recommend that they accept the
10 scientific acceptability.

11 DR. DOUGHERTY: But I thought our point
12 earlier was we only endorsed them if they meet the
13 NQF criteria. So to recommend that NQF is going to
14 assess it doesn't make any sense because NQF is
15 going to assess it. That's what they do.

16 Ned, can you help?

17 DR. CALONGE: I actually think this -- I
18 mean, other than the communication, I don't know if
19 it's communication or follow-up or care
20 coordination or something. Communication is part
21 of it. I actually think the overall structure is

1 okay. It says we support the endorsement of
2 newborn screening quality measures. So that's
3 good.

4 CHAIRMAN HOWELL: That's good.

5 DR. CALONGE: That's an important first
6 statement.

7 The last one is that they should assess,
8 you know, what we talked about, the validity and --
9 it's feasibility as well as scientific
10 acceptability. Can we actually get those?

11 But I think that last sentence captures
12 that. We can't say we endorse these measures
13 because we don't know the scientific validity and
14 the availability --

15 CHAIRMAN HOWELL: But we've asked that
16 they look at that.

17 DR. CALONGE: And they look at it. So I
18 think those two are fine.

19 My only problem is with is it just
20 communication process or measures assessing the --

21 CHAIRMAN HOWELL: Why don't we just take

1 that middle thing out? Alena, why don't you just
2 take that out. Just take that out.

3 This is very straightforward. I hope no
4 one around the table --

5 DR. LLOYD-PURYEAR: Do you want us to add
6 feasibility?

7 DR. CALONGE: Yes. I think feasibility
8 is always important.

9 DR. LLOYD-PURYEAR: Can you add we
10 recommend NQF assess the scientific acceptability
11 and feasibility?

12 DR. BOYLE: I would get rid of everything
13 after the "such as."

14 CHAIRMAN HOWELL: What did you just say?

15 DR. BOYLE: I would just do what Ned
16 said, put a period after "quality measures."
17 Period.

18 DR. VOCKLEY: Why not just eliminate the
19 "such as" part and say screening measures proposed
20 by?

21 DR. BOYLE: Just put a period there.

1 DR. CALONGE: I think there actually are
2 some that have been recommended. I actually kind
3 of like that.

4 DR. DOUGHERTY: Yes, I don't like that
5 either because that's what we wanted to get away
6 from.

7 DR. CALONGE: Those are specific. So
8 we're actually making a specific recommendation by
9 including "such as those."

10 DR. WATSON: Or just say "those proposed
11 by."

12 CHAIRMAN HOWELL: But those are the ones
13 we actually -- I mean, that's very straightforward.
14 We certainly would like the newborn screening
15 thing, and we would like to be certain these are
16 reasonable things to be doing. Isn't that what we
17 say?

18 DR. CALONGE: Something like "as
19 proposed."

20 CHAIRMAN HOWELL: Any further comments
21 about this?

1 Those favoring this motion, please raise
2 your hand.

3 (A show of hands.)

4 CHAIRMAN HOWELL: Is anybody abstaining?

5 (A show of hands.)

6 CHAIRMAN HOWELL: Are you abstaining? So
7 we have one abstention.

8 So it passes unanimously. So thank you
9 very much.

10 DR. DOUGHERTY: I'm voting no.

11 CHAIRMAN HOWELL: You're voting no, okay.

12 DR. DOUGHERTY: I think it's different
13 from what we were trying to do.

14 CHAIRMAN HOWELL: Thank you very much.

15 Ladies and gentlemen, I think that this has been an
16 extremely productive meeting. Lots have been done
17 and a lot of progress and so forth. And I thank
18 you. And I wish you a very successful holiday, and
19 we will see you in January.

20 But we need a motion to adjourn.

21 DR. VOCKLEY: So moved.

1 CHAIRMAN HOWELL: I think Denise is going
2 to oppose that.

3 (Laughter.)

4 DR. DOUGHERTY: No, absolutely not.

5 CHAIRMAN HOWELL: I see a unanimous vote
6 to adjourn. Thank you very much.

7 (Whereupon, at 2:50 p.m., the meeting was
8 adjourned.)

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