TABLE OF CONTENTS

TABLE OF CONTENTS .................................................................................................................2
LIST OF TABLES ..........................................................................................................................5
LIST OF FIGURES .........................................................................................................................6
EXECUTIVE SUMMARY .............................................................................................................7
  Overview ..............................................................................................................................7
LIST OF ABBREVIATIONS ............................................................................................................10

1 SCOPE AND METHODS OF THE REVIEW ..................................................................11

Scope of Review ................................................................................................................11
  Nomination and Request for Review ...........................................................................11
  Purpose of the Condition Review of Evidence .........................................................11
  Case Definition ...........................................................................................................11

Methods – Systematic Evidence Review ...........................................................................12
  Literature Search ........................................................................................................12

Key Questions for Evidence Review: SMA ........................................................................13
  Natural History and Epidemiology with Usual Clinical Detection .........................14
  Screening, Short-Term Follow-Up, and Diagnostic Confirmation ........................14
  Treatment and Long-term Follow Up ....................................................................15

Technical Expert Panel ......................................................................................................17

2 REVIEW OF EVIDENCE: NEWBORNSCREENING FOR SPINAL
MUSCULAR ATROPHY ..........................................................................................19

Epidemiology and Natural History of SMA with Usual Clinical Detection ................19
  Estimated Incidence of SMA with Clinical Detection ...........................................19
  Natural Course and Phenotypes ..........................................................................20
  Birth prevalence by SMA Type ...........................................................................21

International SMA Consortium SMA Classifications ...........................................22

Natural History of SMA – Clinical Detection ............................................................23

Summary: Epidemiology and Natural History of SMA ........................................28

Screening, Short-Term Follow-Up, and Diagnostic Confirmation ............................29
  Genetics of SMA .......................................................................................................29
  Screening and Diagnosis of SMA .........................................................................30
  Population-based Screening for SMA .................................................................30
  Potential Harms of Newborn Screening for SMA ..............................................33
Summary – Screening and Short Term Follow Up................................................33
Treatment and Long-Term Follow Up.................................................................34
   SMA Treatment ..............................................................................................34
   Effectiveness of Treatment ..........................................................................35
Summary: Evidence Regarding Treatment Outcomes for Early Detection ...........42

3 PUBLIC HEALTH IMPACT – POPULATION OUTCOMES ........................................44
   Overview of Process ....................................................................................44
      Evidence Evaluation and Methods Workgroup ........................................44
      Objectives of Decision Analysis ...............................................................44
      Applying Decision Analysis to Screening for SMA Disease .................44
      Expert Panel Meeting Process ................................................................45
   Methods ..........................................................................................................45
      Overall Approach .......................................................................................48
      Key Assumptions .....................................................................................49
   Results ............................................................................................................53
      Projected Cases of SMA Disease ..............................................................53
      Projected Health Outcomes for SMA Cases ...........................................53
   Limitations ......................................................................................................53
   Summary .........................................................................................................54

4 PUBLIC HEALTH SYSTEM IMPACT ASSESSMENT FOR SMA ......................55
   Methods ..........................................................................................................56
      Feasibility and Readiness ..........................................................................56
      Fact Sheet ....................................................................................................56
      Survey .........................................................................................................56
      Webinar and Outreach ................................................................................57
      Interviews ....................................................................................................57
      Data Analysis ...............................................................................................57
   Interview Results ............................................................................................57
      State NBS Program Conducting SMA Pilot ..............................................58
      State NBS Programs with Mandates or Planning Pilot Studies ................58
      Laboratory ..................................................................................................59
      Diagnosis and Follow-Up ..........................................................................60
      Costs ............................................................................................................61
<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>State NBS Program Not Screening for SCID</td>
<td>62</td>
</tr>
<tr>
<td>Survey Results</td>
<td>62</td>
</tr>
<tr>
<td>Conclusions</td>
<td>69</td>
</tr>
<tr>
<td>Feasibility</td>
<td>69</td>
</tr>
<tr>
<td>Readiness</td>
<td>69</td>
</tr>
<tr>
<td>Limitations</td>
<td>70</td>
</tr>
<tr>
<td>Summary</td>
<td>70</td>
</tr>
<tr>
<td>REFERENCES</td>
<td>71</td>
</tr>
<tr>
<td>APPENDIX A. SYSTEMATIC EVIDENCE REVIEW TECHNICAL METHODS</td>
<td>77</td>
</tr>
<tr>
<td>APPENDIX B. PHSI ASSESSMENT: FACT SHEET FOR SMA SCREENING</td>
<td>94</td>
</tr>
<tr>
<td>APPENDIX C. SMA PUBLIC HEALTH SYSTEM IMPACT ASSESSMENT SURVEY</td>
<td>98</td>
</tr>
<tr>
<td>APPENDIX D. SMA INTERVIEW QUESTIONS FOR STATE NBS PROGRAMS</td>
<td>103</td>
</tr>
<tr>
<td>APPENDIX E. EVIDENCE TABLES – SMA SYSTEMATIC EVIDENCE REVIEW</td>
<td>105</td>
</tr>
</tbody>
</table>
LIST OF TABLES

Table 1. List of Technical Expert Panel Members .................................................18
Table 2. Published Reports of Estimated Birth Prevalence of SMA .........................20
Table 3. SMA Types and Clinical Features ................................................................21
Table 4. Published Reports of Birth Prevalence Estimates of SMA by Type ...............22
Table 5. SMA Classifications from the 1992 International SMA Consortium ...............23
Table 6. Weighted Mean Age of Onset, Diagnosis, and Diagnostic Delay in SMA with Clinical Detection ...............................................................................................24
Table 7. CHOP INTEND Scores for Infants with SMA Type I with 2 SMN2 Copies and Healthy Controls .................................................................27
Table 8. Distribution of SMN2 Copy Number by SMA Type in Patients Worldwide† 30
Table 9. Newborn Screening for SMA: NY State Pilot Results (Jan 2016 – Jan 2018) ..........31
Table 10. Newborn Screening for SMA: Results from Taiwan (Nov 2014 - Sept 2016) ........32
Table 11. Treatment Evidence – Peer-Reviewed Reports ..............................................36
Table 12. Treatment Evidence – Grey Literature ..........................................................37
Table 13. Timeline of Decision Analytic Modeling for SMA Disease Screening ..........45
Table 14. Key Data Sources for Decision Model Input Parameters .................................48
Table 15. Incidence of SMA .......................................................................................50
Table 16. Conditional Probability of SMA Type, Clinical Identification .........................50
Table 17. Parameter Inputs, Newborn Screening for SMA ..............................................51
Table 18. Clinical Outcomes of Symptomatic SMA Type 1 Cases with Nusinersen Treatment by 52 Weeks of Age63 .................................................................52
Table 19. Treatment Effectiveness for Symptomatic SMA Patients at 52 Weeks of Age by Disease Duration ≤12 weeks (Early) vs. >12 weeks (Later)65 ........................................52
Table 20. Treatment Effectiveness for Asymptomatic SMA Patients (Treated at Less Than 6 Weeks of Age) at 52 Weeks ...........................................................................52
Table 21. Projected Cases for Newborn Screening for SMA Disease Compared With Clinical Identification for a Cohort of 4 Million Children in the US* ........................53
Table 22. Projected 52-Week Outcomes for Type 1 SMA Cases (and Treated Before 6 Weeks), Base Case Estimate (Range) ...........................................................................53
Table 23. NBS Programs with Mandates/Pilots ............................................................58
LIST OF FIGURES

Figure 1. HINE-2 Developmental Milestones Scoring

Figure 2. Changes in HFMSE Scores (Motor Skills) Across 15 Months Intervention: Nusinersen vs. Control Group

Figure 3. Phase 3 Nusinersen Treatment Outcomes for Infantile-onset SMA (Type I) with Clinical Detection, by Disease Duration (≤ 12 weeks vs. > 12 weeks)

Figure 4. Achievement of (A) HINE and (B) WHO Motor Milestones after 1 Year of Nusinersen: Day 365 Study Visit (N=9)

Figure 5. Mean Total Milestone Score in Studies of Nusinersen

Figure 6. SMA Model Schematic

Figure 7. Implementation Status for States with Mandates or Planning Pilots

Figure 8. Challenges for SMA Implementation Mentioned During Interviews

Figure 9. Status of SMA Screening in your NBS Program

Figure 10. Duration for SMA Authorization

Figure 11. Duration for SMA Funds

Figure 12. SMA Implementation Challenges

Figure 13. SMA Screening Approach for Carriers

Figure 14. SMA Implementation Resources

Figure 15. SMA Implementation Factors

Figure 16. Duration for Implementation Activities

Figure 17. Most Significant Barriers to Implementation

Figure 18. Most Significant Facilitators to Implementation
EXECUTIVE SUMMARY

Overview

This report summarizes the evidence regarding the benefits and harms of newborn screening for spinal muscular atrophy (SMA) and the capability of state newborn screening programs to offer comprehensive testing and follow up for the condition.

This executive summary highlights key findings from the final version of the complete report developed for the United States Secretary of Health and Human Services’ Advisory Committee on Heritable Disorders in Newborns and Children (Advisory Committee) regarding newborn screening for SMA. This summary is not intended to replace the complete report, which describes the methods for evidence identification and synthesis, and a full discussion of findings. This summary instead provides a high-level review of findings from the complete report.

SMA: Epidemiology and Clinical Course

SMA is a heterogeneous group of inherited neuromuscular disorders caused by degeneration of motor neurons in the anterior horn of the spinal cord. The focus of this review is on SMA caused by mutations in the Survival Motor Neuron 1 (SMN1) gene. Most cases are caused by a deletion of exon 7 in both alleles of SMN1, although up to 5% of cases are caused by this deletion in one allele and a deleterious mutation in the other allele. Prior to screening, the estimated birth prevalence of SMA was about 1 in 11,000.

There is a broad phenotypic spectrum, typically classified across five types. Type 0 often leads to fetal loss or newborns with significant involvement and death in early infancy. Type I leads to progressive weakness in the first six months of life and, without targeted intervention, death prior to 2 years of age. Type II is associated with progressive weakness by 15 months of life and, without targeted intervention, respiratory failure and death after the third decade of life. Types III and IV are associated with progressive weakness that develops after 1 year of life or in adulthood, and most individuals have a normal lifespan. Although there are gaps in knowledge regarding the distribution of SMA by type, about 54% of cases are Type I and 18% are Type II. Humans have another gene, SMN2, which is similar to SMN1 except for a single nucleotide change in exon 7, leading to an unstable form of the SMN1 gene product; however, some (estimated <10%) of the protein is functional. SMN2 can be present with variable copy numbers, which can influence the disease process. Most cases of Type I have one or two copies of SMN2. One study found that 20% of cases of Type I SMA have 3 SMN2 copies.

Prospective Newborn Screening for SMA

Screening is based on detection of a deletion in exon 7 in SMN1. Multiple screening methods are available, some of which only detect infants with deletions in both alleles (homozygotes). Other methods detect both deletions and deleterious mutations. Those methods detect carriers as well as newborns who have one deletion and a deleterious mutation in the other allele (i.e., compound heterozygotes). From 2-6% of cases of SMA are estimated to be compound heterozygotes or have de novo mutations. Screening for SMA can either be stand alone or multiplexed with screening for severe combined immunodeficiency (SCID).

At the time of this report, Massachusetts and Utah had just started statewide screening (January 2018) and 3 others (Minnesota, North Carolina, Wisconsin) were preparing to screen for SMA in
the next 12 months. Only one state was conducting prospective screening, as a research project. This project began in January 2016 in three hospitals in New York. The screening process in New York detects either one allele with a deletion in exon 7 (e.g., compound heterozygotes or carriers) or deletions in both alleles, who are likely to have SMA. As of January 2018, 10,362 newborns had been screened. One SMA case was detected and the carrier rate is 1:72. No cases of compound heterozygotes leading to the diagnosis of SMA have been identified.

**Anticipated Harms of Screening**

Screening for the exon 7 deletion is highly specific. If screening includes the detection of carriers, a substantial number of newborns require follow-up. Insufficient evidence is available to weigh the harms associated with carrier detection against the benefit of detection of compound heterozygotes.

**Early Detection and Treatment for SMA**

Determining the $SMN2$ copy number can provide some prognostic information, although the disease course cannot be perfectly predicted. Treatment decisions are based on these genetic findings and close monitoring by specialists.

There is only one FDA-approved targeted treatment for SMA. Nusinersen is an antisense oligonucleotide that alters splicing of $SMN2$ pre-mRNA to increase the amount of full-length $SMN2$ mRNA, leading to an increase in the amount of functional SMN protein. A strong-quality Phase 3 efficacy study enrolled infants with SMA with two copies of the $SMN2$ gene with symptoms before 6 months of age and who were screened for study participation by 7 months of age. This study was terminated early because the event-free (i.e., not requiring mechanical ventilation) survival was significantly different (hazard ratio for death or permanent assisted ventilation: 0.53 (95% CI: 0.32-0.89) by 56 weeks after the start of the study. Motor-milestone response was improved in the treatment group (41% vs. 0), including 22% achieving full head control and 10% rolling over. A post-hoc analysis not published in a peer-reviewed journal found that those subjects with disease duration ≤12 weeks had a greater likelihood of ventilator-free survival and improved motor development.

No peer-reviewed published reports were identified that evaluated outcomes for individuals with SMA identified presymptomatically compared to usual case detection. A presentation not yet published in the peer-reviewed literature described 9 infants with Type I SMA after one year of nusinersen treatment who had been detected presymptomatically. Of these, 9 had normal head control, 7 could roll, 6 could sit, 6 could crawl, 5 could cruise, and 3 could stand unaided and had age-expected motor development.

**Impact on the Health of the Population**

Based on the limited data available, compared with clinical detection, newborn screening of the 4 million newborns born in the US each year could avert death or the need for mechanical ventilation in 48 (range: 16-100) infants by one year of life. Insufficient data are available to model outcomes after one year of life. Natural history suggests that there is a significant risk between 1 and 2 years of life for mortality and decline in motor function. However, insufficient data are available to model the impact of nusinersen on these affected infants after one year. In addition, insufficient data are available to model developmental outcomes.
Impact on Public Health Systems

Most newborn screening programs surveyed stated that it would take between 1 and 3 years to implement screening for SMA. Screening for SMA requires fewer additional resources to implement when multiplexed with SCID, which is included on most state newborn screening panels. SMA screening methods have high (100%) positive predictive value and no false positives have been reported to date when screening for deletions of exon 7 on both alleles. Challenges for states adding SMA to their screening panels include whether to screen and report carriers, developing management plans for late-onset cases, and the cost of therapy.
### LIST OF ABBREVIATIONS

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advisory Committee, ACHDNC</td>
<td>Advisory Committee on Heritable Disorders in Newborns and Children</td>
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<td>ERG</td>
<td>Evidence-based Review Group</td>
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<tr>
<td>FDA</td>
<td>United States Food and Drug Administration</td>
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<td>HINE</td>
<td>Hammersmith Infant Neurological Examination</td>
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<td>MS/MS</td>
<td>Tandem mass spectrometry</td>
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<td>NBS</td>
<td>Newborn Screening</td>
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<tr>
<td>PCR</td>
<td>Polymerase Chain Reaction</td>
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<tr>
<td>RT</td>
<td>Real-time</td>
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<tr>
<td>RUSP</td>
<td>Recommended Uniform Screening Panel</td>
</tr>
<tr>
<td>SMA</td>
<td>Spinal Muscular Atrophy</td>
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<tr>
<td>SMN1</td>
<td>Survival Motor Neuron 1</td>
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<tr>
<td>SMN2</td>
<td>Survival Motor Neuron 2</td>
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1 SCOPE AND METHODS OF THE REVIEW

Scope of Review

This report was developed to support the Secretary of Health and Human Services’ (HHS) Advisory Committee on Heritable Disorders in Newborns and Children (“Advisory Committee”) in making recommendations to the Secretary, HHS, about whether newborn screening for spinal muscular atrophy (SMA) should be added to the Recommended Uniform Screening Panel (RUSP).

Nomination and Request for Review

SMA disease was first nominated to the Advisory Committee for inclusion in the RUSP in November 2008. At that time, the Advisory Committee did not request a systematic review of the potential benefits and harms of screening for SMA disease, stating that such a review would be “premature…based on the submitted evidence.” The Advisory Committee’s Nomination and Prioritization Workgroup recommended a) implementation of prospective pilot studies of the screening method by one or more traditional public health laboratories to test the reproducibility of the preliminary findings by Dr. Prior’s laboratory. This time frame also could allow for an assessment of potential therapies of drugs and other treatment benefits rather than just relying on the nutritional support and respiratory care options at this time.” A follow-up nomination was presented to the Advisory Committee on May 11, 2017, at which time the Committee requested a formal review of evidence for newborn screening for SMA from the external Evidence-based Review Group (ERG).

Purpose of the Condition Review of Evidence

The role of the ERG is to conduct a systematic review of evidence on likely net benefit or harm of expanding newborn screening to include SMA, regarding potential health outcomes of affected newborns, the projected health impact at the population level, and the public health impact on the state newborn screening programs. The review will summarize evidence about the impact on individual newborns, population health, and public health systems, with specific attention to decision-making criteria considered by the Advisory Committee.1 The ERG is not charged with making specific recommendations to the Committee.

Case Definition

SMA is a heterogeneous group of inherited neuromuscular disorders that affect control of muscle movement. SMA is caused by degeneration of motor neurons in the anterior horn of the spinal cord that results in progressive motor weakness. Many types of SMA have been identified that can be distinguished by the types of muscles and genes affected, as well as range in age of onset, severity of muscle weakness, and patterns of clinical features. Some types of SMA may lead to death in early infancy, while some forms may appear as mild muscle weakness in adulthood.

The focus of this review is on SMA caused by mutation of the Survival Motor Neuron 1 (SMN1) gene located on chromosome 5q (locus 5q13), with infantile or childhood onset. Mutations in SMN1 account for most of the SMAs.
Methods – Systematic Evidence Review
The methods guiding this systematic evidence review (SER) followed approaches outlined in the Condition Review Workgroup – Manual of Procedures (2012, 2014) and revised in 2016 to address requirements in the 2014 Reauthorization of the Newborn Screening Saves Lives Act (Public Law No: 113-240, 12/18/2014). These procedures are based on the Agency for Healthcare Research and Quality (AHRQ) SER Methods Guide,2,3 the United States Preventive Services Task Force (USPSTF) Procedures Manual,4 and other established evidence review standards, with adaptations to address the nature of research on rare disorders (e.g., few large RCTs) and the established review and comment timeline of the Committee. This section describes specific procedures that guided this Condition Review of newborn screening for SMA.

Literature Search
Published Literature Search
An experienced medical librarian conducted the initial literature search for evidence on newborn screening and treatment of SMA. We identified published literature from MEDLINE, EMBASE, CINAHL, and Cochrane from database inception (earliest 1966, MEDLINE) using the following MeSH terms and associated key words used for each database. Cited reports were included for review were limited to full-text available in English, human subjects only (animal research excluded). Any non-full-text reports (e.g., research letters, grey literature, conference presentations or posters, etc.) with direct relevance to informing key questions were retained for consideration and discussed among the reviewers regarding inclusion. Publication dates were limited to reports after January 1, 2000, after SMN1 mutations were identified as cause of SMA, and genetic testing developed and established for diagnosing SMA.5

Specific search terms and results for each database are included in Appendix A.

- Databases: PubMed, EMBASE, CINAHL, Cochrane Reviews

Literature Screening Inclusion and Exclusion Criteria
Preliminary Screening
Inclusion Criteria. Articles that reported on studies with human subjects and published in English were included. All study designs were considered, including case reports, case series, observational, studies, uncontrolled, and controlled intervention trials.

Exclusion Criteria. Non-human studies, studies with no English language abstracts, and articles with no new data were excluded.

Literature Review Eligibility Criteria
Following the initial Title and Abstract screen, additional inclusion and exclusion criteria were added to refine the search (e.g., minimum sample size requirements, and outcomes reported).
Additional eligibility criteria regarding included Populations, Interventions, Comparators, Outcomes, Timing, and Settings for each key topic area (KTA) and question (KTQ) are outlined below. Further details of the article screening and flow diagram can be found in Appendix A.

Full-text review exclusion criteria followed standard rules, with sample size requirements determined after the initial scan of available literature, and are as follows:

- Not Full-text article
- No original data or analyses
- No KTA/KTQ addressed
- No human subjects with SMA
- Other (includes sample size requirements not met)

Published Literature Search Results

Total numbers of articles identified in the search was 2,782 (PubMed 2,273; Embase 891; CINAHL 249; Cochrane 131). From these, 579 duplicates were removed, and 2,193 articles were systematically screened and reviewed. With database articles combined, an additional 287 reports were screened for relevance to SMA or duplicates, for a total of 1,832 articles entered into the Distiller SR program for systematic review. Initial title and abstract screening was conducted by two independent reviewers for relevance and general exclusion and inclusion. An inclusion from at least one reviewer retained an article for further full-text review. After title and abstract screening, 805 articles were excluded, and 1027 were advanced for full-text review. Two independent reviewers reviewed the title, abstract, and full-text for inclusion based on specific relevance to key questions. At this full-text review stage, disagreements between reviewers were reconciled through discussion or by a third independent reviewer as needed. After the full-text review, 787 articles were excluded, leaving 240 for review and summary.

Screening and Treatment related articles were fully abstracted for content detail, and assessed for quality of evidence using well-established risk of bias rating forms6-10 with modifications for newborn screening as needed. Global ratings for included, full-text reports are indicated in the results. Detailed rating forms and copies of the Quality Assessment Forms used are provided in Appendix A.

Other Key Topic articles (e.g., Incidence and Epidemiology, Natural History and Clinical Course with Clinical Detection) were summarized in each results section as context. Technical method details of the Systematic Evidence Review (PRISMA diagram with flow of articles screened, screening search and results, quality assessment ratings and forms) are outlined in Appendix A. Evidence tables of abstracted details for screening and treatment articles reviewed are included in Appendix E.

Key Questions for Evidence Review: SMA

The key topic areas and questions for the systematic evidence review were developed from the general analytic framework used by the Evidence-based Review Group (Condition Review Manual of Procedures-Rev v2.0, 2012, 2014) and the specific needs of the Advisory Committee. The technical expert panel on SMA guided refinement of the specific key questions to ensure relevance to the target condition. The Key Questions guiding the review of evidence for newborn
screening for a new condition can be organized into four main topic areas, I. Natural History and Clinical Detection, II. Screening and Short-Term Follow Up, III. Treatment and Long-Term Follow Up, and IV. Public Health Impact. The final Key Questions are outlined below, with the refined inclusion and exclusion criteria listed within the Population, Interventions, Comparators, Outcomes, Timing, and Setting (PICOTS) parameters consistent with standard evidence review methods.

**Natural History and Epidemiology with Usual Clinical Detection**

**Key (Context) Question 1:** What is the natural history and epidemiology of SMA? Specifically, what are the estimated incidence rates for associated SMA phenotypes, and the typical course of disease (i.e., ages of reported clinical onset and symptoms, diagnosis, treatment initiation, and death)? What are the phenotypes particularly affecting newborns and children (onset <21 years of age)? What factors predict morbidity or mortality?

**Screening, Short-Term Follow-Up, and Diagnostic Confirmation**

**Key Question 2:** What is the direct and indirect evidence that newborn screening for SMA disease leads to improved health outcomes compared to usual clinical care?

- Population: n>5, Newborns with no known risk for SMA and detected early, or newborns with increased family risk for SMA who were identified presymptomatically
- Interventions: Any care received subsequent to the screening test
- Comparators: Contemporaneous or historical controls affected by SMA
- Outcomes: Overall Survival; Survival with major morbidity
- Timing: Any duration of follow-up
- Settings: All settings

**Key Question 3:** Screening and Short-term follow up/diagnostic confirmation methods

A. What is the analytic validity or clinical validity of the newborn screening approaches used to detect SMA Types I – III using high-throughput methods in generalizable populations?
B. What diagnostic testing methods are available to confirm or identify these phenotypes?
C. What screening or diagnostic methods, if any, are available to predict or inform age of onset or disease severity during newborn screening?

There are two standard measures of analytic validity, sensitivity and specificity. To estimate these requires validated proficiency testing samples. Few such data exist. Consequently, one must use screening studies, which represent the combination of analytic and clinical validity.

- Population: n>5, Newborns without known diagnosis of, or risk factor for SMA; de-identified dried-blood spots
- Interventions: Any screening methods for SMA conducted in the first month of life. For analytic validity, studies should also report proficiency
- Comparators: Diagnosis by genotype and follow-up evaluation or genotype alone
• Outcomes: Sensitivity, specificity, positive predictive value, negative predictive value, reliability, and yield (i.e., prevalence)
• Timing: Any duration of follow-up
• Settings: All settings

**Key Question 4:** What are the harms associated with newborn screening for SMA to the individual or the family?

- Population: n>5, Newborns screened for SMA and their families
- Interventions: Any newborn screening for SMA
- Comparators: Any population or none
- Outcomes: Systematic assessment of harms, including harm related to false-positive screening results, false-negative screening results, early identification of later-onset disease, or perceived harms or acceptability of screening for SMA
- Timing: Any duration of follow-up
- Settings: All settings

**Treatment and Long-term Follow Up**

**Key Question 5:** What are the standard treatments for SMA and evidence for their effectiveness? Do follow-up protocols exist for the management of SMA that do not require immediate initiation of treatment? What is known about the effectiveness of follow-up protocols in modifying intermediate health outcomes?

Does early initiation of treatment improve primary health outcomes (overall survival, other important health outcomes) when the condition is caught early or through newborn screening compared with usual clinical care? How does this vary by phenotype?

- Population: n>3, Newborns and others diagnosed with SMA through newborn screening or other methods of presymptomatic detection and diagnosis in childhood
- Interventions: nusinersen or other approved disease-modifying therapies
- Comparators: Contemporaneous or historical controls with SMA disease or no comparison
- Outcomes: Survival and key health status measures specific to SMA (e.g., motor function, time to ventilator dependence)
- Timing: Any duration of follow-up
- Settings: All settings

In assessing the impact of early intervention, it is important to distinguish whether cases were identified early through newborn screening or risk (e.g., family history of SMA) versus identification of symptoms under usual care (i.e., clinical detection). Those children detected based on symptom onset may have more severe disease, and thus could have worse outcomes.

**Key Question 6:** Does initiation of treatment modify the intermediate health outcomes when SMA is detected through newborn screening or other methods of presymptomatic detection and diagnosis in childhood compared with usual clinical care? How does this vary by phenotype?
How strong is the association between changes in intermediate outcomes of (e.g., biomarkers) of SMA and changes in health outcomes?

- Population: \( n>3 \), Newborns and others diagnosed with SMA through newborn screening or other methods of presymptomatic detection and diagnosis in childhood
- Interventions: nusinersen or other approved disease-modifying therapies
- Comparators: Contemporaneous or historical controls with SMA disease or no comparator
- Outcomes: Changes in intermediate outcomes, such as improvements in biomarkers or physiologic changes which are related to other health outcomes.
- Timing: Any duration of follow-up
- Settings: All settings

**Key Question 7**: What are the effects of treatment on secondary health outcomes?

- Population: \( n>3 \), Newborns and others diagnosed with SMA through newborn screening or other methods of presymptomatic detection and diagnosis in childhood
- Interventions: nusinersen or other approved disease-modifying therapies
- Comparators: Contemporaneous or historical controls with SMA disease or no comparator
- Outcomes: Other important health outcomes, physical or psychosocial, for the patient or family members
- Timing: Any duration of follow-up
- Settings: All settings

**Key Question 8**: What are the harms associated with treatments for SMA in early childhood, for symptomatic and presymptomatic patients? How does this vary by phenotype?

- Population: Any child (or caregiver of child) identified with SMA receiving a current treatment
- Interventions: nusinersen or other approved disease-modifying therapies
- Comparators: Any population or none
- Outcomes: Any systematic assessment or description of harm
- Timing: Any duration of follow-up
- Settings: All settings

**Key Question 9**: What is the impact of newborn screening on the Public Health of the population on projected numbers affected? On relevant primary, intermediate, and secondary health outcomes?

**Key Question 10**: What is the impact of implementing newborn screening of SMA on the Public Health System? What is the feasibility of population-based screening for SMA within the United States? What is the readiness of state newborn screening programs to expand screening panels to include SMA?
Technical Expert Panel

A panel of Technical Experts was identified to advise this review throughout its development; members are listed in Table 1. We first met with technical experts to review our scope of review and methods, identify current issues in research and practice, and to describe the typical care standards for newborn screening and treatment procedures to ensure relevance and applicability of the review. Technical Expert Panel (TEP) members also met to provide input and feedback throughout development of the decision analysis model to estimate the impact of newborn screening on the population. During the review, additional experts were identified and interviewed to further inform unpublished newborn screening implementation and laboratory practices. Further information about the methods to develop the decision model and the role of the TEP members in the process is detailed in Section 4 – Applying Decision Modeling to Project Population Benefit.
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<tr>
<th>Name</th>
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Director, Newborn Screening Program  
Faculty Member, Wadsworth School of Laboratory Sciences  
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2 REVIEW OF EVIDENCE: NEWBORN SCREENING FOR SPINAL MUSCULAR ATROPHY

Key Questions for Evidence Review for SMA NBS

The key topic areas and questions for the systematic evidence review were developed from the general analytic framework used by the ERG and the specific needs of the Advisory Committee. The technical expert panel on spinal muscular atrophy (SMA) will help to refine the specific key questions. The Key Questions guiding the evidence review fall into 4 main topic areas: 1) Natural history and epidemiology with clinical detection, 2) Screening and Short-term follow up, 3) Treatment and long-term care and management, and 4) Public Health Impact – Population-Level Benefit and Public Health System Impact.

Epidemiology and Natural History of SMA with Usual Clinical Detection

Key (Context) Question 1: What is the epidemiology and natural history of SMA? Specifically, what are the estimated incidence rates for SMA and the typical course of disease (i.e., ages of reported clinical onset and symptoms, diagnosis, treatment initiation, and death)? What are the phenotypes particularly affecting newborns and children (onset <21 years of age)? What factors predict phenotype or severity?

Estimated Incidence of SMA with Clinical Detection

Incidence of SMA in the United States has been estimated through a population-based carrier screening study (n≥68,403). The authors reviewed clinical laboratory data including clinical indication for testing, family history, and ethnicity. All individuals referred for testing were reported to be asymptomatic. The proportion with a deletion of exon 7 in SMN1 was evaluated and observed frequencies were used to derive carrier frequency and incidence estimates under assumptions of Hardy-Weinberg equilibrium. Using a measured carrier frequency of 1 in 54, and a detection rate of 92.1%, the authors estimated the incidence of SMA in the United States as 1 in 11,000.11 As Table 2 shows, the estimated birth prevalence of SMA in the U.S. is generally consistent with those reported from other countries, which range from about 8.5 to 10.7 individuals with SMA per 100,000.12,13 Studies with base years prior to the late 1990s cover periods before the development and established use of genetic testing for SMN1 deletions for screening and diagnostic testing, and may be less reliable.12-14
Table 2. Published Reports of Estimated Birth Prevalence of SMA

<table>
<thead>
<tr>
<th>*First Author, Pub Year</th>
<th>N (region)</th>
<th>Base Years</th>
<th>Estimated Birth Prevalence</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sugarman, 2012¹¹</td>
<td>68,471 (US)</td>
<td>2008-2009</td>
<td>1: 11,000 (9.1 in 100,000)</td>
<td>3.8 to 19.1 in 100,000</td>
</tr>
<tr>
<td>Prior, 2010¹⁵</td>
<td>40,103 (OH)</td>
<td>NR</td>
<td>1 in 10,026 (10 in 100,000)</td>
<td>1 in 4,517 to 1 in 38,541</td>
</tr>
<tr>
<td>Jedrezejowska, 2010¹²</td>
<td>Poland</td>
<td>1998-2005</td>
<td>1 in 9320, 1 in 7127 (Warsaw)</td>
<td>1: 2304 to 1:11,236</td>
</tr>
<tr>
<td>Arkblad, 2008¹³</td>
<td>Sweden</td>
<td>1980-2006</td>
<td>1 in 11,800 (8.5 in 100,000)</td>
<td>6.2 – 11.3 in 100,000</td>
</tr>
</tbody>
</table>

Natural Course and Phenotypes

The phenotypic spectrum of SMA manifests on a continuum with symptom onset ranging from prenatal- through adult-onset. The disease spectrum is divided into 5 types, based on age of onset. In addition subtypes are classified based on the combination of age of onset and highest motor milestone achieved. Within each of these classifications, there is phenotypic heterogeneity.¹⁶,¹⁷
### Table 3. SMA Types and Clinical Features

<table>
<thead>
<tr>
<th>SMA Type</th>
<th>Age When Symptoms Typically Apparent</th>
<th>Symptoms and Systems Affected</th>
<th>Progression/Natural History</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type 0</td>
<td>Prenatal</td>
<td>Born with congenital arthrogryposis (SMA Type 0), already weak at birth.</td>
<td>Lifespan &lt;6 months</td>
</tr>
<tr>
<td>Type I (infantile, or Werdnig Hoffmann disease)</td>
<td>&lt;6 months Most are asymptomatic at birth</td>
<td>SMA Type 1 children are never able to sit independently. Infants develop symptoms of diffuse motor weakness prior to 6 months. They lose the ability to swallow safely</td>
<td>Most progress to respiratory failure and death prior to 2 years of age.</td>
</tr>
<tr>
<td>Type II</td>
<td>~6 – 15 months</td>
<td>SMA Type 2 children are never able to stand. They achieve the ability to sit independently for brief periods of time and after this may lose motor milestones. Variably they develop respiratory muscle weakness and may develop difficulty swallowing safely.</td>
<td>Progressive muscle weakness with respiratory failure and death after the 3rd decade of life without intervention.</td>
</tr>
<tr>
<td>Type III</td>
<td>&gt;12 months through adolescence</td>
<td>SMA Type 3 children may be able to stand and walk, but with weakness noted later. The child may have delayed walking or may walk at an appropriate age but have an abnormal, weak gait. Many lose the ability to walk independently over time. Respiratory muscle weakness onset is variable and typically occurs in adolescence or adulthood.</td>
<td>Progressive muscle weakness, many lose ambulation, most have a normal lifespan.</td>
</tr>
<tr>
<td>Type IV</td>
<td>Adulthood</td>
<td>Onset of weakness is observed in adulthood and may present with diffuse myalgia and progressive muscle atrophy.</td>
<td>Mild progressive muscle weakness, normal lifespan.</td>
</tr>
</tbody>
</table>

### Birth prevalence by SMA Type

Birth prevalence estimates by SMA Type from studies reporting these estimates are listed in Table 4 below. These studies include those published after 2000 which stated using genetic diagnosis for at least some cases as available. Type 1 birth prevalence ranged from 3.5 to 7.1. Published reviews have reported 4 to 6 in 100,000\(^{18}\) using overlapping though different subsets of studies.
Table 4. Published Reports of Birth Prevalence Estimates of SMA by Type

<table>
<thead>
<tr>
<th>First Author, Pub Year</th>
<th>Region Base Years</th>
<th>Population</th>
<th>SMA Est. Incidence</th>
<th>Type 1 Est. Incidence</th>
<th>Type 2 Est. Incidence</th>
<th>Type 3 Est. Incidence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zaldivar, 200019</td>
<td>Cuba 1996-2002</td>
<td>1,018,454</td>
<td>5.0</td>
<td>3.5</td>
<td>NR</td>
<td>NR</td>
</tr>
<tr>
<td>Vaidla, 200620</td>
<td>Estonia 1994-2003</td>
<td>129,832</td>
<td>11.6</td>
<td>6.9</td>
<td>NR</td>
<td>NR</td>
</tr>
<tr>
<td>Jedrezejowska, 201012</td>
<td>Poland 1998-2005</td>
<td>2,963,783</td>
<td>10.3</td>
<td>7.1</td>
<td>1.2</td>
<td>2.0</td>
</tr>
<tr>
<td>Arkblad, 200813</td>
<td>Sweden 1980-2006</td>
<td>531,746</td>
<td>8.5</td>
<td>3.6</td>
<td>2.1</td>
<td>2.8</td>
</tr>
<tr>
<td>Darin, 200021</td>
<td>Sweden 1979-1994</td>
<td>343,941</td>
<td>6.1</td>
<td>3.8</td>
<td>0.9</td>
<td>1.5</td>
</tr>
</tbody>
</table>

Est. incidence per 100,000 live births. Genetic diagnosis used for all or some cases.

**International SMA Consortium SMA Classifications**

In 1992, a group of experts developed a classification scheme for SMA subtypes based on a combination of age of onset and highest motor milestone achieved. Distinctions within each Type further differentiate functional outcomes.16,22 These classifications are outlined in Table 5 below, with typical SMN2 copy numbers.
Table 5. SMA Classifications from the 1992 International SMA Consortium

<table>
<thead>
<tr>
<th>SMA Type</th>
<th>Age of Onset</th>
<th>Highest Motor Milestone Achieved</th>
<th>SMN2 Copy Number</th>
<th>Life Span</th>
</tr>
</thead>
<tbody>
<tr>
<td>IA</td>
<td>&lt;1 week</td>
<td>Never sits</td>
<td>1</td>
<td>&lt;1 month</td>
</tr>
<tr>
<td>IB</td>
<td>1 week – 3 months</td>
<td>Never sits</td>
<td>2, 3</td>
<td>&lt;2 years</td>
</tr>
<tr>
<td>IC</td>
<td>3 – 6 months</td>
<td>Never sits</td>
<td>2, 3</td>
<td>&lt;2 years</td>
</tr>
<tr>
<td>IIA</td>
<td>6 – 15 months</td>
<td>Sits independently loses ability to sit</td>
<td>2, 3, 4</td>
<td>&gt;2 years</td>
</tr>
<tr>
<td>IIB</td>
<td>6 – 15 months</td>
<td>Sits independently maintains ability to sit</td>
<td>2, 3, 4</td>
<td>&gt;2 years</td>
</tr>
<tr>
<td>IIIA</td>
<td>&lt;3 years</td>
<td>Walks independently maintains ability to sit</td>
<td>3, 4</td>
<td>Adult</td>
</tr>
<tr>
<td>IIIB</td>
<td>&gt;3 years</td>
<td>Walks independently</td>
<td>3, 4</td>
<td>Adult</td>
</tr>
<tr>
<td>IV</td>
<td>&gt;21 years</td>
<td>Walks independently</td>
<td>4, 5</td>
<td>Adult</td>
</tr>
</tbody>
</table>

**Natural History of SMA – Clinical Detection**

**Clinical Symptom Onset and Diagnosis**

A review of studies published between 2000 and 2014 derived an overall mean age of onset, diagnosis, and diagnostic delay in SMA under clinical detection, weighted by number of patients. Among studies reporting mean ages of onset and confirmed diagnosis, delayed diagnosis was calculated. Under clinical detection, the weighted mean delay in diagnosis for SMA Type I, II, and III was 3.6, 14.3, and 43.6 months, respectively. Mean delays in diagnosis were inversely related to phenotype severity. These data are summarized in the following table.
Table 6. Weighted Mean Age of Onset, Diagnosis, and Diagnostic Delay in SMA with Clinical Detection

<table>
<thead>
<tr>
<th></th>
<th>Type I</th>
<th>Type II</th>
<th>Type III</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean age of onset, months</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No. of patients for weighted mean</td>
<td>420</td>
<td>357</td>
<td>63</td>
</tr>
<tr>
<td>No. of studies for weighted mean</td>
<td>10</td>
<td>8</td>
<td>5</td>
</tr>
<tr>
<td>Mean (SD) Range</td>
<td>(0.6) 0.6 – 9.0</td>
<td>8.3 (1.6) 1.2 – 72.0</td>
<td>39.0 (32.6) 3.0 – 82.8</td>
</tr>
<tr>
<td>Mean age of confirmed diagnosis, months</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No. of patients for weighted mean</td>
<td>271</td>
<td>219</td>
<td>60</td>
</tr>
<tr>
<td>No. of studies for weighted mean</td>
<td>4</td>
<td>4</td>
<td>3</td>
</tr>
<tr>
<td>Mean (SD) Range</td>
<td>6.3 (2.2) 0.6 – 9.0</td>
<td>20.7 (2.6) 1.2 – 72.0</td>
<td>50.3 (12.9) 3.0 – 82.8</td>
</tr>
<tr>
<td>Mean delay in diagnosis, months</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No. of patients for weighted mean</td>
<td>264</td>
<td>105</td>
<td>25</td>
</tr>
<tr>
<td>No. of studies for weighted mean</td>
<td>3</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Mean (SD) Range</td>
<td>3.6 (1.9) 1.0 – 5.9</td>
<td>14.3 (0.0) 14.3</td>
<td>43.6 (0.0) 43.6</td>
</tr>
</tbody>
</table>

SD = standard deviation; SMA = Spinal muscular atrophy.
Studies reporting mean ages and published in 2000 to 2014 included. Case reports and studies reporting only median ages excluded.
Data weighted by total number of patients evaluated in included studies.

Survival and Independence from Ventilation Support
SMA Type I/Infantile Onset
With increasing availability of noninvasive ventilation and other supportive care for SMA Type I patients, natural history studies have shown a higher likelihood of survival of affected in the 1990s relative to early periods. Using data from the International Spinal Muscular Atrophy Patient Registry and additional clinical information for 143 patients with SMA Type I, Oskoui and colleagues found that patients born in 1995-2006 had a 70% reduction in risk of death over a mean follow up of 49.9 months compared with those born between 1980 and 2006 ($p<0.001$).24

When controlling for demographic and clinical care variables, year of birth was not significantly associated with age at death, whereas ventilator use (<16 hours/day) and gastronomy tube feeding each were significantly associated with reducing the risk of death.24

Survival and SMN2 Copy Number
Outcomes for patients with SMA type I are influenced by the number of copies of SMN2. A natural history study on survival among patients (enrolled 2005-2009) with SMA Type I, by SMN2 copy number, report an overall median age at which death or ventilator support is reached as 13.5 months of age [interquartile range 8.1-22.0 months].25 Among 32 infants with SMA Type
I, the likelihood of event-free survival was about 30% and 0% at 12 and 24 months, respectively, for patients with 2 copies of SMN2 (n=23), and about 90% and 50% at 12 and 24 months for patients with 3 SMN2 copies (n=9). A study following 26 SMA Type I patients and 27 healthy controls enrolled between December 2012 and Sept 2014 reported very similar probabilities of event-free survival of about 40% and 15% at 12 and 24 months, respectively, for patients with 2 SMN2 (n=16), and 85% at 12 and 24 months for those with 3 or more SMN2 (n=9).26 The overall median age of death or ventilator support in this group of infants with 2 SMN2 copies was 8 months (CI, 6, 17; n=20).

SMA Type II and III

Natural history studies have reported generally normal life expectancies for patients with SMA Type II and III with advances in medical care, though patients may live with severe physical disabilities,27,28 including the need for respiratory support.16

Motor Function

Clinical outcomes measures assessing motor function for SMA treatment vary by age and developmental skill levels across SMA phenotypes (Type I – III).29 Key motor function measures that have been assessed as reliable and valid for use with individuals with SMA are reviewed below, with observed functioning levels in SMA patients not treated with nusinersen.

SMA Type I

Hammersmith Infant Neurological Examination (HINE). The Hammersmith Infant Neurological Examination (HINE) is a standardized instrument for assessing infants from 2-24 months of age for a wide array of neurologic and motor impairments.30 Since its initial development, the scale has been modified and expanded to capture a broader array of gross motor ability and to be less susceptible to bias from fatigue or position31 and to serve as a tool to monitor children with SMA.32 The HINE has three sections (neurologic examination; developmental milestones, and behavioral assessment).

The second section (HINE-2) has been used to assess outcome for many of the SMA studies. The HINE-2 consists of eight domains (see Figure 1).33 The possible score for each domain ranges from 0 to 3 (head control), 4 (voluntary grasp, rolling, standing, walking), or 5 (sitting, ability to kick in supine, crawling or bottom shuffling) for a total possible score of 34.

The HINE was validated on 135 infants with no perinatal risk, including 12-month old (n=92) and 18-month old (n=43) infants.34 Based on the assessed milestones achieved, the range of HINE-2 scores for 12 month old infants was 24 to 34, and for 18-month old infants was 31 to 34. The proportion of infants in each age group (12 and 18 months) achieving each milestone is shown in Figure 1.

HINE-2 in Infants with SMA Type I. In a retrospective study of individuals (n=33) with infantile-onset (Type I) SMA who were 1 to 8 months of age at the onset of symptoms, none of the more severely affected infants achieved a major milestone such as rolling over, independent sitting, crawling, standing, or walking.33 Individuals with later-onset (Type II and Type III) SMA may demonstrate progressive decline in HFMSE scores.35
**Children’s Hospital of Philadelphia Infant Test of Neuromuscular Disorders.** The Children’s Hospital of Philadelphia Infant Test of Neuromuscular Disorders (CHOP INTEND) was developed to assess children with SMA type I for children 4 months through 4 years of age. The CHOP INTEND has been used in multisite clinical trials with strong inter-rater reliability >0.8 [1449], and validated for use with patients with SMA Type I, correlating with disease severity.36 The total possible score is 64 and evaluates across the following 16 domains (0-4)37:

- Upper extremity spontaneous movement
- Lower extremity spontaneous movement
- Hand grip
• Head in midline with visual stipulation
• Hip adductors
• Rolling elicited from legs
• Rolling elicited from arms
• Shoulder and elbow flexion and horizontal abduction
• Shoulder flexion and elbow flexion
• Knee extension
• Hip flexion and foot dorsiflexion
• Head control
• Elbow flexion
• Neck flexion
• Head/neck extension
• Spinal incurvation

One weak-quality study found “excellent” test-retest reliability ($r=0.987$) for the HINE-2 and reported the correlation over time between changes in the HINE-2 and the CHOP INTEND to be 0.691 ($p=0.001$) among 19 infants with SMA treated in an open-label phase 2 study. Factors that lowered the study quality included a lack of information about who conducted the tests and whether there was blinding regarding the outcome of the previous tests. Although one of the study goals was to assess feasibility, no measure of feasibility was reported.

CHOP-INTEND Scores: Infants with SMA Type I and Healthy Infants. An observational study compared CHOP-INTEND scores for infants with SMA Type I with 2 $SMN2$ copies (n=16) with a control group sample of healthy infants (n=14) enrolled at a mean age of 3.7 months and 3.3 months, respectively. Figure 2 Table 7 summarizes the findings, with healthy infants averaging 50.1 on the CHOP-INTEND, while infants with SMA had a mean score of 20.2. Infants with SMA showed progressive declines in motor function and CHOP-INTEND scores across the 24-month follow-up period.

Table 7. CHOP INTEND Scores for Infants with SMA Type I with 2 $SMN2$ Copies and Healthy Controls

<table>
<thead>
<tr>
<th>Patient Group</th>
<th>Mean CHOP INTEND Score</th>
<th>Mean Age (months)</th>
<th>Age of Clinical Onset</th>
</tr>
</thead>
<tbody>
<tr>
<td>Healthy Infants (n=14)</td>
<td>50.1 (sd 10.2) range 32-62</td>
<td>3.3</td>
<td>NA</td>
</tr>
<tr>
<td>SMA Type I, 2 $SMN2$ copies (n=16)</td>
<td>20.2 (sd 7.4) range 10-33</td>
<td>3.7</td>
<td>&lt;1 month (6/16) 1-2 months (5/16) 2-3 months (3/16) 4-5 months (1/16)</td>
</tr>
</tbody>
</table>
SMA Type II and Type III

An observational study of 65 patients with SMA Type II and III (age 20 months to 45 years) showed no significant changes across a 12-month follow-up period in motor function, pulmonary function, and muscle strength measures. Children younger than 5 years who were ambulatory showed some motor function gains, and scoliosis surgery during the 12 months led to declines in motor function. Study of functional outcomes through up to 48-months follow-up (mean follow up 25 months, SD 13 months) indicated slow declines in motor function and pulmonary function. Declines were more pronounced after 2 years.

Although observational studies of disease progression across the lifespan were not identified, a recent cross-sectional study of 180 patients with SMA Types I-IV, aged 1 – 77.5 years, and median disease duration of 18 years (range 0 – 65.8 years) described muscle strength, motor function, and patterns of weakness relative to age and SMA type. Findings showed that patients with SMA Types II and III in early phases of disease may achieve new motor skills and show temporary increases in muscle strength, declines in motor skills and muscle strength over time occurs across all SMA types. Results indicate that rates of disease progression and functional decline may occur into adulthood, and may be more pronounced during specific periods of life (i.e., the second, third and fifth decades of life in SMA types II, III, and IV, respectively).

Although the age at loss of specific motor functions appears to be associated with disease severity, the cross-sectional study design limits interpretation of these findings.

With the FDA-approval of nusinersen for SMA in December 2016, outcomes for infants and children with SMA Type 1 have improved. Evidence to inform this changing natural history will be reviewed in the nusinersen treatment outcomes section.

Summary: Epidemiology and Natural History of SMA

- SMA is a heterogeneous group of inherited neuromuscular disorders caused by degeneration of motor neurons in the anterior horn of the spinal cord. The focus of this review is on SMA caused by mutations in the Survival Motor Neuron 1 (SMN1) gene. Most cases are caused by a deletion of exon 7 in both alleles of SMN1, although up to 5% of cases are caused by this deletion in one allele and a deleterious mutation in the other allele.
- Prior to screening, the estimated birth prevalence of SMA was about 1 in 11,000.
- There is a broad phenotypic spectrum, typically classified across five types, based on maximum motor milestones achieved and age of onset. Type 0 often leads to fetal loss or newborns with significant involvement and death in early infancy. Type I leads to progressive weakness in the first six months of life and, without targeted intervention, death prior to 2 years of age. Type II is associated with progressive weakness by 15 months of life and, without targeted intervention, respiratory failure and death after the third decade of life. Types III and IV are associated with progressive weakness that develops after 1 year of life or in adulthood, and most individuals have a normal lifespan.
- Although there are gaps in knowledge regarding the distribution of SMA by type, about 54% of cases are Type I and 18% are Type II. Humans have another gene, SMN2, which is similar to SMN1 except for a single nucleotide change in exon 7, leading to an unstable form of the SMN1 gene product; however, some (estimated <10%) of the protein is functional. SMN2 can be present with variable copy numbers, which can influence
disease severity and process. Most cases of Type 1 have one or two copies of SMN2. One study found that 20% of cases of Type I SMA have 3 copies.

Screening, Short-Term Follow-Up, and Diagnostic Confirmation

Key Question 2: Methods. What are the screening and short-term follow up/diagnostic confirmation methods available and what is the evidence regarding effectiveness?

Key Question 3: Newborn Screening Outcomes. What is the direct and indirect evidence that newborn screening for SMA disease leads to improved health outcomes compared to usual clinical care?

Key Question 4: Harms of Screening. What are the harms associated with newborn screening for SMA to the individual or the family?

Genetics of SMA

SMN1. In the majority of patients, SMA is caused by deletions or mutations affecting the SMN1 gene located at chromosome 5q13.2. Wirth and colleagues found that 96% of SMA patients have mutations in SMN1 linked to 5q13, and that 96.4% of those cases are due to a deletion of exons 7 and 8, or exon 7 only, in both alleles of the gene, and 3.6% are compound heterozygotes in SMN1, with a deletion or gene conversion on one allele, and a mutation on the other allele. De novo mutations occur at about 2%. In a sample of 523 SMA Type I, II, and III patients with typical clinical features, the proportion of each Type with homozygous deletion of exon 7 of SMN1 was 96%, 93.5%, and 82.4%, respectively.

SMN2. Deletions of the SMN1 gene disrupt the availability of proteins needed for motor neurons. SMN1 and SMN2 genes are highly interrelated, with overlapping functions. SMN1 produces full-length functional protein, and SMN2 produces 5–10% full-length functional protein. Generally, having about 50% functional full-length SMN protein is sufficient to function normally. Higher numbers of SMN2 copies moderates the impact of SMN1 deletions on severity of SMA disease and subsequent outcomes.

A recent study combined data from a cohort of 625 SMA Spanish patients and 2,834 SMA patients worldwide, extracted from articles published since 1999. The most frequently reported SMN2 copy numbers in pooled Type I patients (n=1,256) is 2 SMN2 copies (73%), in pooled Type II patients (n=1,160) is 3 SMN2 copies (78%), and in pooled Type III patients (n=1,043) is 3 SMN2 copies (49%) and 4 SMN2 copies (44%). The table below summarizes the distribution of SMN2 copy numbers in patients with SMA Type I, II, and III as reported in the combined data on n=3,459 patients.
Table 8. Distribution of SMN2 Copy Number by SMA Type in Patients Worldwide†

<table>
<thead>
<tr>
<th>SMN2 copy number</th>
<th>Type I (n=1,256)</th>
<th>Type II (n=1,160)</th>
<th>Type III (n=1,043)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>88 (7%)</td>
<td>4 (&lt;1%)</td>
<td>0 (0%)</td>
</tr>
<tr>
<td>2</td>
<td>919 (73%)</td>
<td>190 (16%)</td>
<td>54 (5%)</td>
</tr>
<tr>
<td>3</td>
<td>245 (20%)</td>
<td>902 (78%)</td>
<td>515 (49%)</td>
</tr>
<tr>
<td>4</td>
<td>3 (&lt;1%)</td>
<td>59 (5%)</td>
<td>455 (44%)</td>
</tr>
<tr>
<td>5</td>
<td>1 (&lt;1%)</td>
<td>3 (&lt;1%)</td>
<td>16 (2%)</td>
</tr>
<tr>
<td>6</td>
<td>0 (0%)</td>
<td>0 (0%)</td>
<td>3 (&lt;1%)</td>
</tr>
</tbody>
</table>

†Data from published articles since 1999, and a Spanish cohort of 645 patients with SMA.

Screening and Diagnosis of SMA

High-Throughput Screening. Screening methods for SMA target detection of SMN1 gene deletions by amplifying DNA to evaluate SMN1 copy numbers. Since demonstrating use of RT-PCR as a feasible method of screening for SMA, other methods and variations of this approach have been validated for use in high-throughput applications, including post-PCR high-resolution melting analysis, liquid bead arrays, and SMN1-specific locked nucleic acid (LNA) probe and primer with analytic validity for detecting homozygous deletions of exon 7 based on testing for the presence of intron 7 of the SMN1 gene, as well as a multiplexed RT-PCR assay to simultaneously test for SCID and SMA. Additional testing may involve targeted mutation analysis or sequencing to confirm homozygous SMN1 deletion and to determine SMN2 copy numbers (e.g., digital droplet PCR [ddPCR], Sanger sequencing). RT-PCR approaches have yielded nearly 100% positive predictive values in identified screen positives.

Diagnosis. SMA diagnoses include confirmation of genetic testing and additional sequencing of SMN1, determination of SMN2 copy numbers, and clinical examination and evaluation of biomarkers which may be elevated in patients affected by SMA. Most DNA diagnostic laboratories use multiplex ligation probe amplification (MLPA) methods for deletion analysis of exon 7 of the SMN1 gene. This test is also commonly used in carrier testing with potential probands and carriers. This type of targeted mutation testing in conjunction with sequence analysis can also detect individuals who are compound heterozygotes with a deletion of exon 7 in one SMN1 allele and an intragenic point mutation in the other allele. Of these compound heterozygote cases, sequence analysis of the SMN gene will detect known, previously reported mutations, but not all (e.g., exonic deletions or duplications and location of point mutations if the SMN1 gene or SMN2 gene is not deleted will not be detected). Certain point mutations have been described in more than one SMA patient, informing location and pathology of future identification of these mutations in the SMN1 gene.

Population-based Screening for SMA

In the United States, as of January 2018, 2 states have begun implementing statewide newborn screening for SMA (MA, UT), at least 3 states are planning and preparing for statewide screening in the next 12 months (MN, WI, NC), and one state is conducting a research project to screen for SMA in 3 hospitals (NY). The states currently conducting statewide screening began January 29, 2018, with results not yet available. (See Section IV for more information about
The literature search identified two published reports on outcomes from prospective, population-based screening for SMA in the United States (New York State) and in Taiwan.

**New York Pilot Study**

The New York State newborn screening program, in partnership with Columbia University with funding from Biogen, is conducting a pilot research study to determine feasibility of newborn screening for SMA. Pilot screening started January 2016 in 3 hospitals in New York City. Consent to participate was obtained from 93.03% of parents approached.

The New York research pilot study genotyping assay uses a multiplex TaqMan real-time (RT) polymerase chain reaction (PCR) assay on dried blood spot specimens, with screen positive results confirmed by an outside laboratory. The RT-PCR assay was validated to screen and detect any deletion of exon 7 in either of the two \( SMN1 \) genes. These results were considered screen positive (0 \( SMN1 \) gene with exon 7), carriers (1 \( SMN1 \) gene with exon 7), or normal (2 \( SMN1 \) genes with exon 7).

Screening results from January 2016 through January 2017 reported 59 carriers and 1 screen positive for homozygote deletion of \( SMN1 \) exon 7. Screening results updated through January 2018 are summarized in the following table.

**Table 9. Newborn Screening for SMA: NY State Pilot Results (Jan 2016 – Jan 2018)**

<table>
<thead>
<tr>
<th></th>
<th>N</th>
<th>% (95% Confidence Interval [CI])</th>
<th>Observed Incidence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Babies screened</td>
<td>10,362*</td>
<td>---</td>
<td></td>
</tr>
<tr>
<td>Normal (No exon 7 deletions in ( SMN1 ))</td>
<td>10,217</td>
<td>98.60% (CI 98.37% – 98.83%)</td>
<td></td>
</tr>
<tr>
<td>Suspected Carrier (Exon 7 deletion in one ( SMN1 ) gene)</td>
<td>144</td>
<td>1.39% (CI 1.17% – 1.63%)</td>
<td>1 in 72</td>
</tr>
<tr>
<td>Suspected Case (Exon 7 deletions in both ( SMN1 ) genes)</td>
<td>1</td>
<td>0.0097% (CI 0.00% – 0.05%)</td>
<td></td>
</tr>
<tr>
<td>True Positive, Diagnosed</td>
<td>1</td>
<td>1 in 10,362</td>
<td></td>
</tr>
</tbody>
</table>

*updated numbers provided by Dr. Michelle Caggana, personal communication.

An outside laboratory confirmed the positive screen for homozygous deletion of \( SMN1 \) exon 7 and also determined the presence 2 \( SMN2 \) copies, suggesting possible SMA Type I phenotype. The newborn was clinically evaluated at 7 days of age, with normal physical and neurological exam, and at age 13 days enrolled the infant into an open-label trial of nusinersen for clinically presymptomatic infants with SMA. The infant received her first dose of nusinersen at 15 days of age.
age, and, by report, as of the last assessment at 12 months, the baby appeared normal and had achieved all developmental milestones.

**Taiwan Pilot Screening for SMA**

A screening trial was conducted at the National Taiwan University Hospital newborn screening center between November 2014 and September 2016 to assess feasibility of presymptomatic detection and diagnosis of SMA. First-tier screening procedures used a RT-PCR genotyping assay for $SMN1/SMN2$ intron 7 to detect homozygous deletion of $SMN1$ exon 7. Second-tier screening included exon 7 mutation and $SMN2$ copy number with digital droplet PCR (ddPCR) with the same dried blood spot, and multiplex ligation-dependent probe amplification (MLPA) using a whole blood sample.

Of the 120,267 newborn screened, 15 had a positive 1st tier (RT-PCR) screen. The ddPCR confirmed homozygous deletion of $SMN1$ for 7 newborns, and found that 8 of the positive 1st tier screens had 1 copy of $SMN1$. The ddPCR also determined $SMN2$ copy numbers of the 7 babies confirmed with $SMN1$ deletion. MLPA confirmed both $SMN1$ and $SMN2$ copy number results.

Screening results from newborn screening in Taiwan are presented in Table 10 below.

<table>
<thead>
<tr>
<th>Table 10. Newborn Screening for SMA: Results from Taiwan (Nov 2014 - Sept 2016)</th>
</tr>
</thead>
<tbody>
<tr>
<td>N</td>
</tr>
<tr>
<td>---</td>
</tr>
<tr>
<td>Babies screened</td>
</tr>
<tr>
<td>1st-tier (RT-PCR) positive ($SMN1 = 0$)</td>
</tr>
<tr>
<td>2nd tier (ddPCR, MLPA) positive ($SMN1=0$)</td>
</tr>
<tr>
<td>True Positive (confirmed)</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

The first tier (RT-PCR) yielded a false-positive rate of 53%. Inclusion of the second tier ddPCR with the same dried blood spot excluded the 8 false positives, for an overall positive predictive value of 100%. The observed incidence of 1 in 17,181 was lower than other SMA incidence estimates of about 1 in 10,000, although expected estimates falls within the wide confidence interval. Of the 7 newborns identified with SMA, diagnosis was confirmed between 4 and 11 days of age, at which time 6 were asymptomatic. Screening was conducted prior to the availability of a disease-modifying treatment or approval of nusinersen. At last reported follow up, 1 infant had died at 3 months of age, 3 were asymptomatic and normal (2.5 to 25 months), and 3 were experiencing some muscle weakness or loss of motor milestones (1.5 to 23 months). Two of the 7 infants were enrolled in a treatment trial. One infant had been asymptomatic at the time of diagnosis (8 days) and had 2 $SMN2$ copies but showed some weakness at 3 weeks of age when treatment began. The other infant was diagnosed at 11 days of age, had 3 $SMN2$ copies, started trial treatment at 1.5 months, and was normal at last follow up at 6 months of age.
Potential Harms of Newborn Screening for SMA

No information was identified regarding the harms of carrier detection or the detection of compound heterozygotes who have a variant of unknown significance. To date, no confirmed false-negative screening results have been reported among the newborns who were screened for SMA.

Summary – Screening and Short Term Follow Up

• Genotyping assays to target mutation analysis of SMN1 RT-PCR effectively screen for SMA caused by homozygous deletion of exon 7 of SMN1. From 2% to 6% of cases may be caused by deletion in one allele and a mutation in the other allele. Not all mutations have been clearly linked to the development of SMA (e.g., variants of uncertain significance).

• Confirmation of homozygous deletions of SMN1 can be done with ddPCR or targeted sequencing. Use of MLPA is a standard genetic test used by DNA diagnostic laboratories. SMN2 copy numbers is also important to inform disease severity, and can be evaluated with ddPCR or other method.

• Of 10,362 newborns screened to date in New York, 1 infant was identified with SMA (2 SMN2 copy numbers) consistent with Type I. This newborn was referred, diagnosed and began treatment presymptomatically by 15 days of age. By report, at 12 months follow up, the infant has met all developmental milestones within normal limits, and has not required respiratory support.

• Little is known about the harm related to cascade testing or the process of follow-up for asymptomatic individuals at risk for developing SMA.
Treatment and Long-Term Follow Up

**Key Question 5:** What are the standard treatments for SMA and evidence for their effectiveness? Do follow-up protocols exist for the management of SMA that do not require immediate initiation of treatment? What is known about the effectiveness of follow-up protocols in modifying intermediate health outcomes?

Does early initiation of treatment improve primary health outcomes (overall survival, other important health outcomes) when the condition is caught early or through newborn screening compared with usual clinical care? How does this vary by phenotype?

**Key Question 6:** Compared with usual clinical care, does initiation of treatment when SMA is detected through newborn screening or other methods of pre-symptomatic identification modify intermediate health outcomes of SMA? How does this vary by phenotype? How strong is the association between changes in intermediate outcomes of (e.g., biomarkers) of SMA and changes in health outcomes?

**Key Question 7:** Does initiation of treatment when SMA is detected through newborn screening or other methods of pre-symptomatic identification modify secondary health outcomes of SMA?

**Key Question 8:** What are the harms associated with treatments, interventions, or follow-up care for SMA in early childhood, for symptomatic and presymptomatic patients?

**SMA Treatment**

**FDA-approved Treatment**

Nusinersen is currently the only FDA-approved targeted treatment for SMA. Developed by Biogen under the trade name Spinraza, nusinersen was approved by the FDA on December 23, 2016, and “is indicated for the treatment of spinal muscular atrophy (SMA) in both pediatric and adult patients.”

Nusinersen is an antisense oligonucleotide drug that alters splicing of the SMN2 pre-mRNA to increase the amount of full-length SMN2 mRNA. Full-length SMN2 mRNA is translated into mRNA to increase the amount of functional SMN protein, which has been compromised by the loss of SMN1 deletions or mutations. Patients typically receive 4 loading doses in the 2 months, followed by maintenance every 4 months via intrathecal injection (i.e., lumbar puncture, spinal tap).

An International Standard of Care Committee for Spinal Muscular Atrophy was formed in 2005 to establish guidelines for clinical practice. More recently, an ad-hoc group of clinicians, researchers, and advocates formed the **SMA NBS Multidisciplinary Working Group** has formed to develop clinical guidelines to guide practice and treatment decisions for nusinersen.

**Supportive Care**

Prior to nusinersen, supportive or palliative care was the mainstay of treatment. Although supportive care could extend life and decrease the time to ventilator dependence the disease course was not substantially altered. Examples of supportive care include:

1) nutritional support and careful monitoring of nutritional intake and swallow function, with placement of feeding tubes as needed, and 2) respiratory support including chest physiotherapy devices, cough assist devices, and pulse oximetry monitoring, and also the use of respiratory
support devices including bi-level positive airway pressure via face/nose mask or tracheostomy tube to treat sleep disordered breathing.

**Emerging/Experimental Therapies**

A number of experimental therapies for SMA have been developed and are currently in clinical testing. These include SMN1 gene replacement therapy, small molecules designed to alter SMN2 mRNA splicing, and other small molecule approaches aimed at motor neuron protection and muscle enhancement. Two reports were identified describing early stage, Phase 2 results on experimental therapies. Although these studies report on experimental interventions not approved for clinical use and have thus been excluded from the evidence review, they are described briefly to highlight emerging therapies for SMA.

**Olesoxime**

One strong-quality trial tested this potentially neuroprotective agent against placebo among subjects 3-25 years of age with Type II or Type III SMA. There were 108 subjects randomized to olesoxime and 57 to placebo. After 24 months, there was no significant difference in the change of the primary outcome score (the Motor Function Measure domains 1 and 2).

**Gene Therapy**

One moderate-quality study evaluated gene therapy among 15 patients with Type I SMA. The primary outcomes of this Phase 1 trial were safety and ventilator-free survival. Three subjects received a lower dose than the remaining 12 subjects. Mean ages at treatment were 6.3 months and 3.4 months for the low and high dose groups, respectively. By at least 20 months of age, all children were alive and did not require mechanical ventilation (one child required ventilation at 29 months of age because of hypersalivation; after salivary-gland ligation, ventilation was required 15 hours/day).

Among the 12 infants who received the higher dose: 11 could sit unassisted for 5 seconds and 9 for at least 30 seconds; 11 had head control, 9 could roll over, 2 could crawl, pull to stand, stand independently, and walk independently; and, 11 could speak. Eleven of the 12 infants had CHOP INTEND scores >40 by about 10 months of age, while scores for the 3 infants receiving the lower dose remained below 40 throughout the 20 month follow up. The factors that influenced the quality rating included lack of information about whether those conducting outcome assessments were blinded from the patients dosing group and from previous assessments.

Additional clinical trials are in development to assess efficacy in patients with Type 1, and safety and efficacy in patients with Type II.

**Effectiveness of Treatment**

**Outcomes**

Several outcome measures have been used to assess the effectiveness of nusinersen. Across the studies, primary endpoint/outcome measures have targeted a) survival, b) ventilator dependence (>16 hours/day for 21 days), and c) motor development and function. Intermediate biomarkers include ulnar compound muscle action potential amplitude (CMAP), electrical impedance myography (EIM) high reactance slope, and survival motor neuron (SMN) mRNA levels in blood, and serum protein analytes. Some biomarkers appear to predict functional clinical outcomes, and have been assessed in clinical trials as secondary endpoints. However, survival and ventilator dependence, and select measures of motor development, have been refined to be
sensitive to treatment effects and disease progression in SMA populations and validated for use as a primary outcome for this clinical population across developmental stages.25,26,39,40,59 These primary outcome measures are reviewed briefly below.

**Overview of Studies on Nusinersen**

Studies of nusinersen funded by its manufacturer, Biogen, include: CHERISH (Phase 3 randomized trial in patients with later-onset SMA; clinicaltrials.gov registry NCT02292537); ENDEAR (Phase 3 trial in patients with infantile-onset SMA; clinicaltrials.gov registry NCT102193074), NURTURE (Phase 2 open-label study of subjects with presymptomatic infants with SMA; clinicaltrials.gov registry NCT02386553), EMBRACE (Phase 2 study of subjects not eligible for CHERISH or ENDEAR; clinicaltrials.gov NCT02462759), and SHINE (an open-label extension study of nusinersen studies; clinicaltrials.gov NCT02594124). These trials are in different stages of completion. Results have been reported in scientific journals on a Phase 2 trial with SMA patients with Type II and III (ages 2 to 14 years of age), and on Phase 2 and Phase 3 trials (ENDEAR) for infants with SMA (clinical symptom onset <6 months of age). No peer-reviewed publications with results are available from NURTURE, CHERISH, EMBRACE, or SHINE. Some studies have more than one publication or report with interim results. To be clear in the description of the evidence, we do not use the study names below but instead focus on the study characteristics and results.

Table 11 summarizes the published treatment reports included for consideration in this review, with overall quality assessment rating. Detailed ratings of these published reports are presented in Appendix A. Evidence from these studies is reviewed below. Table 12 lists the Grey literature reports (published and unpublished in searchable databases) included in this review. As described in the Methods, quality rating is not assigned to grey literature because they lack the granular elements necessary to assess quality.

Table 11. Treatment Evidence – Peer-Reviewed Reports

<table>
<thead>
<tr>
<th>First Author</th>
<th>Pub Year</th>
<th>SMA Type (Study Type)</th>
<th>Overall Quality Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chiriboga60</td>
<td>2016</td>
<td>Type II, III (Ph1/2)</td>
<td>Weak</td>
</tr>
<tr>
<td>Hache61</td>
<td>2016</td>
<td>Type II, III (AEs, Ph1/2)</td>
<td>Weak</td>
</tr>
<tr>
<td>Finkel62</td>
<td>2016</td>
<td>Type I symptomatic (Ph2)</td>
<td>Moderate</td>
</tr>
<tr>
<td>Finkel63</td>
<td>2017</td>
<td>Type I symptomatic (Ph3)</td>
<td>Strong</td>
</tr>
</tbody>
</table>

AEs=adverse events
Table 12. Treatment Evidence – Grey Literature

| Published Grey Literature† | | |
|----------------------------|---|---|---|
| **First Author** | **Pub Year** | **SMA Type** | **Source** |
| Mercuri64 | 2017 | Type II, III (Ph3) | Conference poster |
| Servais65 | 2017 | Infantile-onset Symptomatic (Ph3) | Conference poster |
| Hwu66 | 2017 | Infantile-onset, Presymptomatic (Ph2) | Conference poster, interim results |
| DeVivo67 | 2017 | Infantile-onset, Presymptomatic (Ph2) | Conference presentation, interim results |

| Unpublished Grey Literature‡ | | |
|----------------------------|---|---|---|
| **First Author** | **Pub Year** | **SMA Type** | **Source** |
| Crawford68 | 2017 | Presymptomatic | Conference poster |
| Jones69 | 2016 | Types II, III, IV | Conference poster |

†Published in searchable database
‡Not published in searchable database, posters provided by CureSMA Scientists.

Effectiveness of Nusinersen – Clinical Detection

The following section presents the studies identified for inclusion, organized by SMA Type/symptom onset.

SMA Type II and III (Onset ≥ 6 months, Ages 2 to 14 years)

Phase 1/2

A phase one study to assess safety and evaluate pharmacokinetics enrolled 28 subjects with Type II and Type III SMA between the ages of 2 and 14 years. Six subjects each received nusinersen 1 mg, 3 mg, 6 mg, and ten received nusinersen 9 mg. Of these, 24 subjects enrolled in an extension study (observational), with results reported 9-14 months after their initial dose.

Adverse Events. No significant adverse events were reported. However, lumbar puncture was associated with headache (11% of lumbar punctures), back-pain (11% of lumbar punctures), and post-lumbar puncture syndrome (11% of lumbar punctures).

Outcomes. Subjects who received nusinersen 9 mg had a statistically significant improvement (p=0.016) in the Hammersmith Functional Motor Scale Expanded (HFMSE).

The overall quality of evidence from this study was rated as weak due to lack of information about who conducted the assessments, study blinding, and the aggregate grouping of subjects (ages 2 to 14 years) without further stratification or information about differences by age or disease duration.
Phase 3

Study abstracts were identified reporting on a Phase 3 clinical trial was conducted following the completed Phase 2 trial described above. Study design, safety, and endpoint results were described through an oral presentation and poster session at the American Academy of Neurology Annual meeting (April 2017). This Phase 3 randomized, controlled trial (RCT) included 126 participants 2 to 12 years of age with later-onset SMA (likely to develop Type II or Type III SMA). Most (88%) had 3 \( SMN2 \) copies. Participants were randomly assigned (2:1) to receive nusinersen \( (n=84) \) or sham-control \( (n=42) \) group, stratified based on age at screening (<6 vs. ≥6 years). The average age at screening for trial participation was 3 years in the control group and 4 years in the treatment group.

Figure 2. Changes in HFMSE Scores (Motor Skills) Across 15 Months Intervention: Nusinersen vs. Control Group

Adverse Events. Nusinersen was considered safely tolerated, with treatment group participants experiencing significantly less adverse events than the control group.

Outcomes. Changes from baseline to the month 15 endpoint were significantly greater for the treatment group participants (see Figure 2). Children receiving nusinersen demonstrated significantly greater gains in motor function at follow up than control group participants, who experienced a decline in function during this period. No further information was reported for outcomes by age or disease duration.

Participants completing this trial were invited to enroll in an ongoing, open-label extension study for follow up after 15 months.

SMA Type I, Early Infantile-onset (<6 months of age), Symptomatic Infants

Phase 2

Between May 3, 2013, and July 9, 2014, 20 subjects were recruited into a Phase 2 open-label study of nusinersen for infants diagnosed with SMA, with symptom onset before 6 months of age. Subjects had to have symptoms develop between from 3 weeks-6 months and be no more than 7 months old at the time of recruitment. The first four subjects began with loading doses of nusinersen 6 mg (days 1, 15, 85) and then 12 mg on day 253 and every 4 months later. The remaining 16 subjects received nusinersen 12 mg for each dose. The two groups were similar. Among those who received loading doses of nusinersen 6 mg., all 4 had 2 \( SMN2 \) copies and among those who received the loading dose of nusinersen 12 mg., 13 had 2 \( SMN2 \) copy numbers, 2 had 3 copy numbers, and 1 had an unknown number (due to death before sample was collected.
and analyzed). Subjects were to be followed until the endpoint of death or permanent mechanical ventilation.

Adverse Effects. In an interim analysis done on January 26, 2016, there were no serious adverse events associated with nusinersen.62

Outcomes. Improvements were observed overall in motor function from the time of study enrollment. Those with 3 \( SMN2 \) copies relative to those with 2 \( SMN2 \) copies appear to have greater improvement. A comparison group of infants from a separate natural history case series showed no improvement or declines in motor function.25

At last analysis, 13 of 20 infants were alive (65% survival). This represented a significant divergence \( (p=0.0014) \) in survival probabilities derived from a comparative natural history case series of 17 infants with SMA (<20% survival in a similar follow up interval).25

This report was rated as moderate quality because of the lack of information regarding who conducted the outcome assessments and whether raters were blinded to previous scores.

Phase 3

Following the completion of the Phase 2 trial,62 a larger strong-quality Phase 3 efficacy trial was conducted.63 Infants from 31 treatment centers with infantile-onset SMA with two copies of the \( SMN2 \) gene with symptoms before 6 months of age were eligible for this phase three trial. Screening for participation had to begin by 7 months of age and this phase could take up to 3 weeks. Subjects were randomized (2:1) to nusinersen or sham therapy, with loading doses on days 1, 15, 29, and 64, and maintenance doses on days 183 and 302. The primary outcomes included motor-milestone response and ventilator-free survival. Motor-milestone response was based on the HINE-2 score, excluding voluntary grasp. A response was improvement in at least one category and more categories with improvement than categories with worsening.

An interim analysis on June 15, 201663 led to early termination of this study. At this point, there were 80 in the treatment group and 41 in the control group who had received at least one procedure; and 73 in the nusinersen group and 37 in the control group enrolled for ≥ 6 months before the last visit.

Outcomes. Infants who received nusinersen were more likely to have event-free survival after 1 year than those who did not receive nusinersen (61% in the nusinersen group and 32% in the control group had event-free survival after 1 year, \( p=0.005) \).

For the motor-milestone response in the final analysis, 41% of infants had a response versus none in the control group. This included: full head control (22%), rolling over (10%), independent sitting (8%), and standing (1%).63

Results from additional analyses of these Phase 3 trial data were presented in a poster session (October 2017) at the International Annual Congress of the World Muscle Society in Saint Malo, France,65 examining treatment outcomes further stratified by total disease duration ≤12 weeks and >12 weeks. This poster session report found that compared with infants with disease symptoms for more than 12 weeks, those with a shorter disease duration (≤12 weeks) had greater likelihood of ventilator-free survival and improved scores on the HINE-2.
Figure 3. Phase 3 Nusinersen Treatment Outcomes for Infantile-onset SMA (Type I) with Clinical Detection, by Disease Duration (≤ 12 weeks vs. > 12 weeks)

Figure A shows motor outcomes by treatment group for disease duration ≤ 12 weeks vs. > 12 weeks. Figures B and C show event-free survival probabilities for disease duration (≤ 12 weeks (Fig. B) and disease duration > 12 weeks (Fig. C).

Effectiveness of Nusinersen - Presymptomatic Detection

No peer-reviewed published reports were identified that evaluated outcomes for individuals identified presymptomatically compared to usual clinical case detection. However, interim results from an ongoing Phase 2 study of nusinersen for infants diagnosed with SMA who are presymptomatic have been reported and are described below.

SMA Type I, Presymptomatic Infants (<6 months of age)

A published abstract (April 2017) provides updates regarding the status of a phase 2 study of infants with presymptomatic SMA. This ongoing study is enrolling infants with presymptomatic, confirmed SMA, who received first study dose of nusinersen ≤6 weeks of age. At the time of presentation, 20 infants with presymptomatic SMA were enrolled. Early detection and diagnosis of participating infants was through: a sibling with SMA (n=15), newborn screening pilot/initiative (n=3), prenatal screening (n=1), and known carrier status (n=1). A poster presented at the International Annual Congress of the World Muscle Society (October 2017) described interim outcomes. Of the 20 subjects enrolled, none required respiratory intervention nor had died. Among the 9 infants enrolled for one year, 9 met HINE motor milestones for head control and kicking, 7 achieved rolling, 6 sitting, 5 crawling, 5 cruising, and...
3 standing unaided. Of these 3, all achieved age-expected HINE motor milestones. Infants with 3 SMN2 (n=3) copies achieved milestones throughout the 1 year follow up period, while fewer infants with 2 SMN2 copies (n=6) achieved developmental milestones after about 6 months of age. Figure 4 shows the interim results for these motor milestone outcomes on Day 365.66

**Figure 4.** Achievement of (A) HINE and (B) WHO Motor Milestones after 1 Year of Nusinersen: Day 365 Study Visit (N=9)

At least one infant with 2 SMN2 copies who has continued to achieve milestones within normal limits was identified through newborn screening for SMA.50 After screening positive as a newborn, the infant was referred and clinically diagnosed at 7 days of age, enrolled in the trial at age 13 days, and began nusinersen at age 15 days. At 12-month follow up, the infant has met all developmental milestones within normal limits and continued to be asymptomatic.

An unpublished poster presented at Cure SMA’s Annual SMA Conference68 included additional information about the presymptomatic infants in this trial who had siblings with SMA (n=15). Thirteen of the 15 had completed the 183 Day assessment. Among these, 8 had siblings who could not sit independently. Five of these 8 infants who received nusinersen presymptomatically (62.5%) could sit independently. Six of these 8 infants were >7 months of age (when most babies sit on their own), suggesting that 62.5% is a lower bound estimate of discordance between siblings on achieving this sitting milestone. In addition, of the other 5 presymptomatic infants whose sibling could sit but not walk, 2 infants receiving nusinersen presymptomatically could walk on their own (40%).68 These results are better than seen in 265 siblings with SMA described in the Cure SMA sibling database, 1996-2016, which showed that among sibling pairs with SMA, the majority (87%) have concordant phenotypes and motor milestone achievement.69
These reports are from unpublished, non-refereed conference presentations and have not undergone peer-review.

**Treatment Timing – Relative Effects by SMA Type (Symptom Onset)**

The figure below synthesizes findings across studies of nusinersen. This figure has been presented in multiple conference presentations (e.g., the Annual Meeting of the Academy of Neurology (April 2017)). It illustrates the HINE-2 over time for subjects enrolled in three studies, including infants with SMA Type I a) identified and treated presymptomatically (green line), b) identified and treated symptomatically (red and blue lines), and c) identified symptomatically but not treated with nusinersen (grey line). Although this implies that presymptomatic identification is associated with better outcomes, the duration of follow-up is shorter than for those subjects enrolled in the other studies.

**Figure 5. Mean Total Milestone Score in Studies of Nusinersen**

**Summary: Evidence Regarding Treatment Outcomes for Early Detection**

Data support that therapies such as nusinersen or gene therapy lead to a decreased risk of ventilator dependence or death and improved motor outcome within the first two years of life in those with SMA type I. Emerging data highlight the importance of SMN2 copy number in predicting disease severity and potentially for treatment outcome. Most data are unpublished and the duration of follow-up is limited to about 2 years of life, with many reports limited to about 1 year of life.

No study has directly compared outcomes for presymptomatic compared to symptomatic identification for SMA. Evidence supporting the benefit of early detection of SMA includes:
• A post-hoc analysis not available in the peer-reviewed literature suggesting that nusinersen treatment outcomes are improved when symptoms have been present for no more than 12 weeks compared to treatment that begins later.

• Unpublished data regarding a Phase 2, open-label study of nusinersen for asymptomatic subjects beginning therapy by six weeks of life, suggesting improved motor milestone development through about 1 year of life compared to symptomatic subjects at interim analysis with 9 of 20 patients.
3 PUBLIC HEALTH IMPACT – POPULATION OUTCOMES

Key Question 9: What is the impact of newborn screening on the Public Health of the population in terms of projected numbers affected by screening and projected health outcomes?

Overview of Process

Evidence Evaluation and Methods Workgroup

In April 2011, an Evidence Evaluation and Methods Workgroup met to consider methods and approaches utilized by the external Evidence-based Review Group (ERG) for the Secretary of Health and Human Services’ Advisory Committee on Heritable Disorders in Newborns and Children (ACHDNC). One of the recommendations from this group was to incorporate the application of decision analysis into the evidence review process. An April 2012 publication coauthored by some of the workgroup members noted that a decision analytic model “could provide an estimate of the range of cases prevented, deaths prevented, and/or number of children requiring treatment, as well as other health outcomes, for universal screening compared to clinical ascertainment.” Since the recommendations were made, decision analytic modeling has been used as part of the evidence review process for hyperbilirubinemia, Pompe disease, mucopolysaccharidosis type I disease (MPS I), and, most recently, X-linked adrenoleukodystrophy (X-ALD). Spinal muscular atrophy (SMA) is the fifth condition to incorporate decision analytic modeling into the evidence review and synthesis process.

Objectives of Decision Analysis

Decision analysis is a systematic approach to decision making under conditions of uncertainty that has been applied to clinical and public health problems. Decision analytic models can be used to simulate randomized clinical trials for new health interventions, to project beyond the clinical trial time frame, or to compare treatment protocols not directly compared in head-to-head trials. The decision analytic approach allows the decision maker to identify which alternative is expected to yield the most health benefit. It can also allow researchers to characterize the uncertainty associated with projections of clinical and economic outcomes over the long-term, which is important given the lack of long-term outcomes data for most conditions considered for newborn screening.

A decision analytic model (or decision tree) defines the set of alternatives and short- and long-term outcomes associated with each alternative. In the application to screening for SMA, this approach was anticipated to aid in the estimation of the range of health outcomes that could be expected for universal newborn screening of SMA disease compared with clinical identification.

Applying Decision Analysis to Screening for SMA Disease

Published literature for rare phenomena including SMA disease is very limited with respect to data for prevalence, natural history, or response to treatment. For this review, we are able to utilize preliminary data from pilot screening programs in New York and Taiwan, in combination with additional published and unpublished data. By utilizing modeling, we could supplement the evidence base identified through the systematic review by providing projections of key health outcomes at the population level for newborn screening compared with clinical identification. This process also serves to highlight evidence gaps and areas with the most uncertainty, thereby enhancing the overall decision making process.
**Expert Panel Meeting Process**

Clinical and scientific experts in the screening and treatment of SMA disease were identified and invited to serve on the Technical Expert Panel (see Table 1). TEP members were asked to provide input on the design and assumptions of the decision analysis model, including the identification of key health outcomes to be included in the analysis. A series of three TEP meetings (see Table 13) were conducted to identify sources for input probabilities for each outcome in the model; to provide feedback on the structure of the initial and revised decision analytic models, including the relevant timeframe for key health outcomes; and to develop assumptions where little or no data were available. All meetings were conducted via webinar. TEP participants received a discussion guide that included background information, a schematic of the model structure, proposed data inputs, and proposed modeling inputs for discussion by the group. The identification of data sources and the development of a decision analytic model is typically an iterative process.

**Table 13. Timeline of Decision Analytic Modeling for SMA Disease Screening**

<table>
<thead>
<tr>
<th>Date</th>
<th>Milestone</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 2017</td>
<td>SMA disease nominated for addition to uniform newborn screening panel; referred to external CRW</td>
</tr>
<tr>
<td>July 2017</td>
<td>Initial development of decision analytic model to evaluate newborn screening for SMA disease</td>
</tr>
<tr>
<td>July 2017</td>
<td>TEP meeting #1 – review model structure</td>
</tr>
<tr>
<td>October 2017</td>
<td>TEP meeting #2 – review revised model structure and preliminary evidence review summary</td>
</tr>
<tr>
<td>December 2017</td>
<td>TEP meeting #3 – review revised model structure and input assumptions</td>
</tr>
<tr>
<td>January/February 2018</td>
<td>Final SMA evidence review report and decision analysis findings presented to ACHDNC</td>
</tr>
</tbody>
</table>

**Methods**

An initial decision analysis model was developed concurrently with the evidence review process. The initial model was reviewed with the expert panel in July 2017. A schematic of the final SMA newborn screening decision model is shown in Figure 5.
Figure 6. SMA Model Schematic

5aa. Clinical Identification Submodel

5.b. Universal Newborn Screening Submodel

*May not be included in the final model

*Assume Type 2, 3, or 4
†No treatment for the first 4-6 weeks after diagnosis
The key features of the decision analytic model are as follows:

- **Target population**: Annual newborn cohort for the US (i.e., 4 million newborns), excluding newborns at higher risk for SMA disease (i.e., with a family history of SMA). Estimation of health benefits is restricted to infants with Type I SMA.
- **Interventions**: A strategy of universal newborn screening is compared with diagnosis through clinical identification. The analysis assumes that identified cases of severe SMA disease meeting treatment criteria will be treated with nusinersen whether they are diagnosed through newborn screening or through clinical identification. In other words, the key difference in determining outcomes between the two modeled cohorts—newborn screened or clinically identified—indicates the benefits of earlier diagnosis and earlier treatment.
- **Timeframe**: 1 year
- **Key health endpoints**: Mortality and ventilator-dependence

Two additional TEP meetings were held in October and December 2017 to review the decision tree and proposed set of parameter inputs for the decision model. Parameter inputs were based on published and unpublished data. The model structure and parameter estimates were revised following each TEP meeting based on additional data sources identified and supplemented by expert opinion in cases where no data were available. The sources of published and unpublished data are listed in Table 14. The final set of parameter inputs and associated ranges for the analysis are shown in Table 15 through Table 20 below.
Table 14. Key Data Sources for Decision Model Input Parameters

<table>
<thead>
<tr>
<th>Reference</th>
<th>Citation</th>
</tr>
</thead>
</table>

Overall Approach

The model estimates outcomes for two identical cohorts of newborns not at higher risk for SMA, one cohort receives newborn screening for SMA and one cohort does not. Therefore, the two strategies for identifying patients with SMA compared in the model are:

1. Newborn screening for all newborns not at higher risk for spinal muscular atrophy, and
2. No newborn screening/cases are identified via clinical identification.

The key endpoints are 1-year mortality and 1-year survival without ventilator dependence for Type I SMA cases. The model also estimates the number of newborns identified by type (Type I, Type II+), as well as screening program outcomes for the newborn screened cohort. Each parameter in the model is defined with a ‘most likely’ estimate and a range for sensitivity analyses. Ranges are projected for each outcome. The model was programmed using Treeage software.
**Key Assumptions**

Incidence of SMA is based on published data on clinically-identified cases of SMA. The incidence of SMA (overall and by type) with newborn screening (Table 15, Table 16) is assumed to be consistent with the estimates presented in the evidence (Table 2, Table 4).

Screening probabilities were derived from the New York pilot program (Table 17). In the base case analysis, conditional probabilities for symptomatic and asymptomatic SMA cases given a confirmed SMA diagnosis are based on the New York and Taiwan pilot studies. Initial screening data from Taiwan and New York state indicate a slightly lower incidence but only 8 cases to date have been identified across both pilot programs. Probabilities of SMA type conditional on being symptomatic and asymptomatic are derived from Calucho et al (Table 17).

Estimation of health benefits is restricted to Type I SMA. Under clinical identification, it is assumed that all patients with Type I SMA are treated with nusinersen. Current clinical practice may also include patients with other types; however, only outcomes for SMA Type I are reflected in the decision model.

Under newborn screening, it is assumed that the diagnosis of SMA will be confirmed before 2 weeks of age (by 11 days in the Taiwan screening pilot). At that time, all symptomatic patients will be treated with nusinersen. For asymptomatic patients, treatment decisions will be based on SMN2 copy number, with the CURE SMA foundation recommending that all infants with 2 or 3 copies of SMN2 be treated. The proportion of Type I patients conditional on copy number is estimated using data from a registry of SMA patients to derive possible distributions of type conditional on copy number. Timing and eventual onset of symptoms for asymptomatic SMA cases for newborn screening are unknown. SMA Type I cases identified through newborn screening are assumed to be treated earlier than a hypothetical identical cohort of SMA Type 1 cases that are clinically identified.

Outcomes at age 12 months for newborns treated with SMA are derived from two data sources: (1) a randomized, double-blind, sham-controlled phase 3 efficacy and safety trial of nusinersen in symptomatic infants with SMA and (2) an ongoing open-label, single-arm, phase 2 study evaluating nusinersen among presymptomatic infants with SMA. Outcomes for clinically identified newborns are projected based on data from the overall group results from the Finkel et al. paper (Table 18).

We use the comparison between early- and late-treated cohorts of symptomatic SMA type 1 patients to estimate the effectiveness of treatment associated with earlier identification and treatment under newborn screening (Table 18 through Table 20). There may be additional benefits if treatment is considerably earlier in asymptomatic patients identified under newborn screening and we will explore this in sensitivity analysis.
### Table 15. Incidence of SMA

<table>
<thead>
<tr>
<th>Description</th>
<th>Most Likely</th>
<th>Range (min-max)*</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Probability of SMA diagnosis through clinical identification (all forms)</td>
<td>0.000091</td>
<td>0.00004-0.00019</td>
<td>Sugarman et al. 2012[^1], range derived from min/max CI estimates in Table 2 (1 in 11,000; range: 3.8-19.1/100,000)</td>
</tr>
<tr>
<td>Probability of SMA diagnosis through newborn screening (all forms)</td>
<td>0.000091</td>
<td>0.00004-0.00019</td>
<td>Assumed†</td>
</tr>
</tbody>
</table>

*Minimum and maximum values derived from 95% confidence interval assuming a binomial distribution
†This number does not represent the incidence of SMA through newborn screening. It is assumed that under newborn screening, the incidence of SMA is the same as under clinical identification.

### Table 16. Conditional Probability of SMA Type, Clinical Identification

<table>
<thead>
<tr>
<th>Type</th>
<th>Most Likely</th>
<th>Range (Min-Max)*</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type I**</td>
<td>0.54</td>
<td>0.41-0.67</td>
<td>Table 4. Subtype incidence</td>
</tr>
<tr>
<td>Type II</td>
<td>0.18</td>
<td>0.11-0.24</td>
<td>Table 4. Subtype incidence</td>
</tr>
<tr>
<td>Type III</td>
<td>0.25</td>
<td>0.19-0.31</td>
<td>Table 4. Subtype incidence</td>
</tr>
<tr>
<td>Type IV</td>
<td>0.03</td>
<td>0.02-0.05</td>
<td>Zerres et al., 1995[^2], assumption</td>
</tr>
</tbody>
</table>

*Minimum and maximum values derived from 95% confidence interval assuming a binomial distribution
**Includes Type 0
<table>
<thead>
<tr>
<th>Probability</th>
<th>Best Case</th>
<th>Range (min-max)†</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abnormal screen</td>
<td>0.0132</td>
<td>0.0118-0.0164</td>
<td>Calculated using data from Kraszewski et al. 2017; personal communication Jan 2018 from NY Pilot</td>
</tr>
<tr>
<td>Positive confirmatory test given abnormal screen</td>
<td>0.0069</td>
<td>0.0002-0.0378</td>
<td>Calculated using data from Kraszewski et al. 2017; personal communication Jan 2018 from NY Pilot</td>
</tr>
<tr>
<td>Carrier given abnormal screen</td>
<td>0.9931</td>
<td>0.9622-0.9998</td>
<td></td>
</tr>
<tr>
<td>Probability of SMA given negative screen (false negative)</td>
<td>0</td>
<td>0-0.05</td>
<td>Calculated using data from Kraszewski et al. 2017; personal communication; range assumed by authors based on expert opinion</td>
</tr>
<tr>
<td>Probability of being symptomatic by 11 days of life, given SMA diagnosis, assumed Type I‡</td>
<td>0.125</td>
<td>0.003-0.527</td>
<td>Calculated using data from Kraszewski et al. 2017 and Chien et al. 2017</td>
</tr>
<tr>
<td>Probability of being asymptomatic by 11 days of life, given SMA diagnosis‡**</td>
<td>0.875</td>
<td>0.474-0.997</td>
<td></td>
</tr>
<tr>
<td>2 copies of SMN2, asymptomatic</td>
<td>0.476</td>
<td>0.419-0.531</td>
<td>Derived from Calucho et al., in press46</td>
</tr>
<tr>
<td>Type I (2 copies SMN2)</td>
<td>0.910</td>
<td>0.857-0.953</td>
<td></td>
</tr>
<tr>
<td>Type II-IV (2 copies of SMN2)</td>
<td>0.090</td>
<td>0.047-0.143</td>
<td></td>
</tr>
<tr>
<td>3 copies of SMN2, asymptomatic</td>
<td>0.473</td>
<td>0.416-0.528</td>
<td></td>
</tr>
<tr>
<td>Type I (3 copy SMN2)</td>
<td>0.082</td>
<td>0.042-0.136</td>
<td></td>
</tr>
<tr>
<td>Type II-IV (3 copy of SMN2)</td>
<td>0.918</td>
<td>0.864-0.958</td>
<td></td>
</tr>
<tr>
<td>4 copies of SMN2, asymptomatic</td>
<td>0.046</td>
<td>0.027-0.077</td>
<td></td>
</tr>
<tr>
<td>Type I (4 copy SMN2)</td>
<td>0.051</td>
<td>0.002-0.320</td>
<td></td>
</tr>
<tr>
<td>Type II-IV (4 copy of SMN2)</td>
<td>0.949</td>
<td>0.681-0.998</td>
<td></td>
</tr>
<tr>
<td>5 copies of SMN2, asymptomatic</td>
<td>0.006</td>
<td>0.001-0.023</td>
<td></td>
</tr>
<tr>
<td>Type I (4 copy SMN2)</td>
<td>0.000</td>
<td>0.000-0.842</td>
<td></td>
</tr>
<tr>
<td>Type II-IV (4 copy of SMN2)</td>
<td>1.000</td>
<td>0.158-1.00</td>
<td></td>
</tr>
</tbody>
</table>

*The 51st percentile of the 95% CI range was used as base case value to calibrate to 1 in 11000 incidence.
*Minimum and maximum values derived from 95% confidence interval assuming a binomial distribution
†The 50th percentile of the 95% CI range was used as base case.
‡In the base case, the conditional probabilities of symptomatic and asymptomatic SMA cases are based on the findings of the pilot screening programs in New York and Taiwan.
**Base case assumes no cases with 1 copy SMN2 are asymptomatic.
Table 18. Clinical Outcomes of Symptomatic SMA Type 1 Cases with Nusinersen Treatment by 52 Weeks of Age

<table>
<thead>
<tr>
<th>Description</th>
<th>Most Likely</th>
<th>Range (min-max)*</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Probability of death among all treated infants†</td>
<td>0.183</td>
<td>0.079-0.356</td>
<td>Finkel et al. 201763</td>
</tr>
<tr>
<td>Probability of ventilator dependence among all treated infants†</td>
<td>0.265</td>
<td>0.089-0.532</td>
<td>Finkel et al. 201763</td>
</tr>
</tbody>
</table>

*Minimum and maximum values derived from 95% confidence interval assuming a binomial distribution
†“All treated infants” refers to the nusinersen-treated infants in the phase 3 clinical trials (see Finkel et al. 2017), derived

Table 19. Treatment Effectiveness for Symptomatic SMA Patients at 52 Weeks of Age by Disease Duration ≤12 weeks (Early) vs. >12 weeks (Later)

<table>
<thead>
<tr>
<th>Description</th>
<th>Most Likely (%)</th>
<th>Range (% min-max)*</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Probability reduction of death between infants treated early† compared to infants treated later‡</td>
<td>63.8</td>
<td>45.8-79.3</td>
<td>Derived from Servais et al. 201765</td>
</tr>
<tr>
<td>Probability reduction of ventilator-dependence between infants treated early† compared to infants treated later‡</td>
<td>65.1</td>
<td>39.1-86.2</td>
<td>Derived from Servais et al. 201765</td>
</tr>
</tbody>
</table>

*Minimum and maximum values derived from 95% confidence interval assuming a binomial distribution
†Minimum and maximum values derived from 95% confidence interval assuming a binomial distribution
‡Probability reduction of death is assumed to be equal to the probability reduction of ventilator-dependence
§This assumption is based on Hwu et al. (2017) that reported no deaths and no ventilator-assistance after one year among 9 genetically diagnosed presymptomatic infants who completed their one-year assessment and are likely to develop Type I or Type II SMA.

Table 20. Treatment Effectiveness for Asymptomatic SMA Patients (Treated at Less Than 6 Weeks of Age) at 52 Weeks

<table>
<thead>
<tr>
<th>Description</th>
<th>Most Likely (%)</th>
<th>Range (% min-max)*</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Probability reduction of ventilator-dependence and death†</td>
<td>100</td>
<td>70.1-100</td>
<td>Derived from Hwu et al. 201766</td>
</tr>
</tbody>
</table>

*Minimum and maximum values derived from 95% confidence interval assuming a binomial distribution
†Probability reduction of death is assumed to be equal to the probability reduction of ventilator-dependence
‡This assumption is based on Hwu et al. (2017) that reported no deaths and no ventilator-assistance after one year among 9 genetically diagnosed presymptomatic infants who completed their one-year assessment and are likely to develop Type I or Type II SMA.
Results

Projected Cases of SMA Disease

We projected the annual number of SMA cases and associated phenotypes that would be identified with newborn screening compared with clinical identification (Table 21).

Table 21.  Projected Cases for Newborn Screening for SMA Disease Compared With Clinical Identification for a Cohort of 4 Million Children in the US*

<table>
<thead>
<tr>
<th></th>
<th>Universal Newborn Screening</th>
<th>Clinical Identification</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type I</td>
<td>196 (82 - 413)</td>
<td>196 (82 - 413)</td>
</tr>
<tr>
<td>Symptomatic</td>
<td>45 (1 - 192)*</td>
<td>196 (82 - 413)</td>
</tr>
<tr>
<td>Asymptomatic</td>
<td>151 (133 - 363)*</td>
<td>--</td>
</tr>
<tr>
<td>Type II+</td>
<td>167 (70 - 351)</td>
<td>167 (70 - 351)*</td>
</tr>
<tr>
<td></td>
<td>- all asymptomatic at time of diagnosis (11 days)</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>364 (152 - 764)</td>
<td>364 (152 - 764)</td>
</tr>
</tbody>
</table>

*by 11 days of life
†At any age, clinical identification indicates all cases are symptomatic

Projected Health Outcomes for SMA Cases

We projected the health outcomes (i.e., mortality and ventilator-dependent cases) among SMA type 1 cases diagnosed through newborn screening (presumably treated before 6 weeks as in the clinical trial) and through clinical identification

Table 22.  Projected 52-Week Outcomes for Type 1 SMA Cases (and Treated Before 6 Weeks), Base Case Estimate (Range)

<table>
<thead>
<tr>
<th></th>
<th>Universal Newborn Screening</th>
<th>Clinical Identification</th>
<th>Cases or Deaths Averted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ventilator-dependent cases</td>
<td>4 (0 - 18)</td>
<td>52 (17 - 109)</td>
<td>48 (16 - 100)</td>
</tr>
<tr>
<td>Deaths</td>
<td>3 (0 - 13)</td>
<td>36 (15 - 75)</td>
<td>33 (14 - 68)</td>
</tr>
</tbody>
</table>

†Not at higher risk for SMA
†Ranges represent one-way sensitivity analysis on each parameter

Limitations

The analysis uses a simplified model to evaluate projected short-term outcomes for identified cases of SMA disease under a universal screening recommendation. The model includes 12-month outcomes of survival and ventilator-dependence, but does not quantify any additional health benefits (e.g., motor function) that could be associated with earlier identification and treatment of SMA disease. Since most deaths in untreated Type I SMA occur between 12 and 24 months, it is likely that most of the benefits of asymptomatic detection enabled by NBS will
occur beyond age 12 months; therefore, the results of this analysis are very conservative. The analysis also does not consider short- or long-term outcomes for later-onset SMA disease. For many of these later-onset cases, especially Type II SMA, newborn screening may yield additional benefits, especially if they are treated while asymptomatic. If the Cure SMA treatment algorithm is followed and all infants with 3 copies of SMN2 are treated (presumably before 6 weeks of age) nearly all SMA type II infants will be assured asymptomatic treatment (based on data from Feldkotter et al. 200276). The potential harms of treatment (i.e., adverse events associated with treatment) are not included. The analysis did not evaluate economic outcomes such as costs or cost-effectiveness of alternative screening modalities.

Limited data were available for a number of parameter inputs. In particular, very little data were available for the conditional probabilities of SMN copy number (Table 16) given a genetically confirmed diagnosis of SMA and treatment outcomes for asymptomatic SMA cases.

Given the rare nature of newborn screened conditions, data are typically scarce for conditions being considered for addition to the recommended uniform screening panel. Compared to other conditions that have been nominated and considered for addition to the panel, data for the consideration of SMA were considerably more sparse with respect to time horizon for outcome measurement (52 weeks) for both the estimation of treatment effectiveness and outcomes for cases treated with nusinersen under clinical identification (comparator strategy).

**Summary**

Earlier diagnosis and treatment is likely to result in reduced deaths and cases of ventilator-dependence by 1 year of life for newborn screening compared with clinical identification for Type I SMA. Additional benefits will likely accrue to other subtypes of SMA.
4 PUBLIC HEALTH SYSTEM IMPACT ASSESSMENT FOR SMA

Key Question 10: What is the impact of implementing newborn screening of SMA on the Public Health System? What is the feasibility of population-based screening methods for SMA? What is the state of Readiness of State Newborn Screening Programs to Screen for SMA?

- One state Newborn Screening (NBS) program has initiated a pilot study for SMA. Six others have mandates to screen population-wide or to conduct pilot studies, all of which are expected to begin before December 2018. Although a few NBS programs received funding to conduct pilot studies, all of the NBS programs conducting pilots will need to secure additional funding or increase their NBS fee in order to sustain screening once their pilot study is completed.

- The greatest facilitator for SMA implementation is that the screening test can be multiplexed with screening for severe combined immunodeficiency (SCID) which will allow for efficiency and will cut down on resources (equipment and personnel) needed. Programs conducting pilot studies are not able to multiplex because it requires consent.

- Challenges with SMA implementation that were frequently reported include: determining program policies around carrier reporting, determining what to do with late onset cases, cost of treatment, insurance/Medicaid reimbursement issues, and treatment equity.

- Most NBS programs in this assessment either will not or have not determined whether they would identify and report carriers upon initiation of population screening. There are many issues with detecting carriers including having genetic counselors available to contact and communicate with patients, the burden on follow-up programs, and causing unnecessary anxiety for patients/families.

- Administrative challenges and process issues can extend the time frame for implementation. Some of these challenges include increasing the newborn screening fee and/or obtaining funds, changing administrative rules, getting legislator buy-in and authority to screen. These processes often take several years.

- Implementation activities for SMA which include selecting and validating the screening test, developing the follow-up protocol, communicating with specialists, purchasing equipment, and hiring additional personnel is expected to take one to three years for the majority of NBS programs.

- Cost challenges include those related to confirmatory testing and treatment. Many NBS programs stated they are on a two-year legislative cycle and can only request a fee increase at this time. The long-term burden of this cannot be understated.

Key Questions: What is the impact of implementing newborn screening of SMA on the Public Health System? What is the feasibility of population-based screening methods for SMA? What is the state of readiness of State Newborn Screening Programs to Screen for SMA?

As part of the evidence review procedures, a Public Health System Impact (PHSI) assessment of expanding newborn screening for SMA was conducted by the Association of Public Health Laboratories (APHL) from August to December 2017. APHL evaluated individual state NBS programs’ capability to implement screening for SMA. A survey had been previously developed
Methods

Feasibility and Readiness

Feasibility is based on the degree to which the following exist:

- An established and available screening test
- A clear approach to diagnostic confirmation
- Acceptable treatment plan,
- Established approach to long-term follow-up plans

Some of the key issues related to feasibility extend beyond the public health system and into personal medical care services.

Readiness refers to the overall national ability to adopt a condition into state NBS panels and is classified as:

- Ready: most NBS programs could implement within 1 year
- Developmental Readiness: most NBS programs could implement within 1–3 years
- Unprepared: most NBS programs would take more than 3 years to implement

The public health system impact assessment examines length of time it takes NBS programs to complete implementation activities. It is important to note that there are several activities that need to take place within a NBS program before implementation activities begin. Examples include getting authority to screen, meeting with state Advisory Committees, increasing the NBS fee and/or getting funds to screen, and obtaining legislative buy-in, identifying technology for screening and establishing growth of follow-up programs to accommodate management of additional disorder screening. Each NBS program is unique with the process it goes through to add a new condition, however, these procedures often take several years to complete and should be considered in addition to the time it takes to complete implementation activities.

Fact Sheet

The fact sheet, which was created in collaboration with APHL, members from the Evidence-based Review Group (ERG) and individuals from state NBS programs (Appendix B). The fact sheet provided background information pertaining to SMA to assist individuals with completing the survey (Appendix C). The fact sheet was sent to NBS program directors along with an SMA survey. The SMA fact sheet included information such as incidence of the disorder, screening methods, resources/materials, workstation resources and capacity, personnel requirements, quality control and reported screening results, estimated costs, short-term follow up, and treatments. Fact sheet information includes screening outcomes and cost projections from a limited number of state NBS programs considering SMA screening or conducting a pilot study of SMA screening.

Survey

APHL developed a web-based survey instrument intended to evaluate NBS programs’ readiness to implement comprehensive screening for SMA. The same survey has been pilot-tested in the
past and used for previous PHSI assessments (Appendix C). Minor revisions were made to the survey to make it specific to SMA. A question in the beginning of the survey was revised to exclude NBS programs that had conducted a budget analysis and include those that had only completed preliminary cost discussions. NBS programs that contract screening services did not receive questions pertaining to the screening test itself or to laboratory capabilities. There were also questions related to screening for carriers specifically for NBS programs that indicated they planned on screening for carriers. The survey instrument included questions related to implementation challenges, resources/factors that can hinder or aid in implementation and timeframe to complete implementation activities.

The survey link was sent to one NBS program designee (e.g., program director) in 53 U.S. states and territories (including Washington DC) via email. The survey email emphasized that the individual completing the survey should collaborate with necessary stakeholders (e.g., laboratory experts, follow-up staff, medical specialists, Title V directors, advocates, public health commissioners) prior to completing the survey link. The timeframe to complete the survey was from October 5, 2017 to November 17, 2017. All survey data was submitted electronically to APHL.

**Webinar and Outreach**

APHL conducted a webinar on October 4, 2017 to discuss the purpose of the PHSI assessment, benefits of completing the survey, and the SMA Factsheet. APHL discussed the PHSI assessment and survey at several meetings and conference calls. Throughout October and November 2017, APHL conducted active follow-up with survey non-responders through phone calls and emails to improve participation.

**Interviews**

NBS programs that had a mandate to screen for SMA, were conducting a pilot study, or had performed a budget analysis for SMA were excluded from the web-based survey; NBS program directors and representatives from such programs were interviewed by telephone. These respondents were provided the interview questions in advance and were asked to consult with stakeholders in their public health system. Stakeholders were encouraged to be on the call. APHL designed a combination of open- and close-ended interview questions (Appendix D) meant to assess challenges and facilitators. The interview tool included questions related to progress with regards to implementation, factors that will aid and hinder implementation, costs and timeframe for implementation activities. The questions were catered slightly for each program.

**Data Analysis**

Data were kept secure and reviewed for accuracy. Quantitative and qualitative data from the surveys were aggregated and analyzed using Qualtrics and Excel. Interview data were de-identified for anonymity.

**Interview Results**

Five NBS programs were excluded from the web-based survey and were invited by email to participate in an interview. Two of the five NBS programs did not respond and thus were not interviewed. We also reached out to two additional NBS programs known to have mandates or known to be launching a pilot to screen for SMA in the next year, both of which agreed to an
interview. Additionally, we also reached out to an NBS program that is not currently screening for SCID; since SMA will be multiplexed with SCID we wanted to get this NBS program’s unique perspective. That state provided written responses to our interview questions. In total, we collected in-depth interview information from six state NBS programs. We spoke specifically to the NBS program director and in many cases, representatives from their laboratory and follow-up system. See Table 23 for NBS programs that have mandates or have/will begin pilots for SMA.

### Table 23. NBS Programs with Mandates/Pilots

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Five of the six state NBS programs that were interviewed were conducting an SMA pilot study, have a pilot study planned in the next year, or have a mandate to screen for SMA. Each NBS program varies with regard to its progress made towards considering implementation.

**State NBS Program Conducting SMA Pilot**

As of January 29, 2018, two states (MA and UT) have begun statewide screening for SMA. The New York NBS program has been conducting a pilot for SMA since January 2016 at three state hospitals under an opt-in, consent-based protocol, as described in the systematic evidence review.

The NBS program conducting the pilot study (New York) explained that their biggest challenges for implementing SMA screening were deciding whether to report carriers, securing genetic counseling resources, and deciding how to handle late-onset cases. The affordability of treatment was noted as a system-wide challenge. The program has developed educational material and follow-up materials that will likely need to be adapted for population-based screening.

**State NBS Programs with Mandates or Planning Pilot Studies**

The four state NBS programs interviewed that have mandates or are planning pilot studies are in the early stages of implementation. Two of them will begin screening population-wide, while the other two will begin screening as a pilot study and then move to population-wide screening. They have all had discussions and made progress towards implementation activities including designing their screening algorithm, validating their method, acquiring equipment, thinking about staffing needs, designing educational materials and follow-up protocols, and identifying and communicating with medical specialists (See Figure 7). With regards to reporting, three of
the NBS programs do not plan to identify carriers and one is undecided. All of them stated that they would need to either increase their NBS fee or acquire additional funding to sustain long-term screening.

Figure 7. Implementation Status for States with Mandates or Planning Pilots

Figure 8. Challenges for SMA Implementation Mentioned During Interviews

Laboratory
The NBS program directors interviewed discussed their readiness for screening for SMA. Most directors mentioned that the biggest facilitator to screening was that SMA is capable of being multiplexed, or screened in tandem, with SCID. A benefit to screening in this manner is that it is efficient and often does not require the addition of equipment or personnel, except if SMN2 copy number is being examined (a diagnostic but not a screening requirement). None of the NBS programs that are beginning with pilot screening are multiplexing with SCID because issues with
consent and funding make this prohibitive. All of the NBS program directors interviewed plan to multiplex once they transition from the pilot study to population-based screening.

It has been estimated that 1.5 to 2 full time employees (FTE) are needed for population-based multiplexed SCID and SMA testing to process 100,000 specimens annually. Generally, the NBS program directors indicated that they believed they had adequate laboratory personnel to begin SMA screening. Two of the 4 NBS program directors interviewed explained that they would need to add 1 laboratory FTE once population-based screening begins. Additionally, the SMA screening method can be validated in six months or less according to the laboratory personnel we interviewed. When SMA is multiplexed with SCID, the SCID assay also needs to be re-validated. The NBS program directors interviewed did not foresee challenges with either the validation process or screening method itself for SMA and expected to receive support from the US Centers for Disease Control and Prevention (CDC). Additionally, those interviewed planned on receiving quality assurance/quality control (QA/QC) materials from the CDC but stated that if a large number of states began screening for SMA at the same time, there could availability issues for these materials.

Three of the four NBS programs interviewed with mandates or planning pilot studies have decided to use a one-tier algorithm and one NBS program may use a two-tiered approach similar to the one used by the NBS program currently conducting a pilot. In order to conduct SMA screening, an NBS program needs real time PCR equipment and digital liquid handlers. This is the same equipment required to screen for SCID. NBS program directors interviewed explained that they would not need additional equipment to screen for the SMA, providing they were using a one-tier screening algorithm and examining the \textit{SMN1} gene only. One of the NBS program directors planned to assess \textit{SMN2} copy number as part of their screening algorithm and mentioned that they would need to purchase digital droplet PCR equipment. Another NBS director said they needed to purchase a liquid handler. The NBS programs interviewed explained that they would need minimal supplies including NBS reagents such as PCR master mix, \textit{SMN1} and control gene primers and probes. Some NBS programs are developing a laboratory developed assay for SMA screening, while others plan to use a kit that is being developed by PerkinElmer.

\textbf{Diagnosis and Follow-Up}

The program directors interviewed discussed their readiness for dealing with the follow-up and diagnostic component for SMA. The majority of NBS programs with a mandate or beginning a pilot study are creating workgroups with medical experts and other stakeholders to develop follow-up protocols and educational materials for SMA screening. One NBS program was in the process of determining if it would screen for carriers and the other three NBS program directors explained they did not intend to screen for carriers. It was noted that the NBS programs would have to hire additional follow-up personnel if they screen for carriers. NBS programs that do not plan to identify or report carriers explained that they can utilize their current follow-up staff or add less than 1.0 FTE for follow-up, at least for the first year of screening. The NBS program that had not decided whether to report carriers were hoping to get guidance from their NBS Advisory Committees and other experts in this area. Many of them discussed the issues with reporting carriers including having genetic counselors available to contact and communicate with patients, the burden on follow-up, costs of follow-up, and causing unnecessary anxiety for patients/families.
The NBS program directors interviewed stated that they have begun to identify confirmatory and diagnostic centers they will utilize in their states for SMA. Most of them explained that they were comfortable with the number of centers given the incidence of the disorder. They also noted that they were working with pediatric neurologists, which is a new group of specialists that will be handling referrals for them. Whenever a new group of specialists is required for screening for a new disorder, it takes time to identify and develop these new relationships. Some of those interviewed explained that they were concerned that patients in certain geographical areas would have difficulty getting access to evaluation and treatment. Those interviewed noted that there would also be certain cost equity issues that could pose as challenges including insurance/Medicaid coverage and reimbursement of ancillary costs (e.g., traveling to treatment centers).

Costs

During the interviews, the NBS program directors discussed some of the preliminary cost estimates their programs have developed for SMA implementation. The directors estimated that the addition of SMA will add between 10 cents and $1 to the cost of the NBS test when multiplexed with SCID. Programs interviewed were only considering adding newborn screening for SMA as a multiplex, add-on to SCID screening. When multiplexed with SCID, SMA screening uses the same molecular testing equipment and staffing to conduct both TREC (SCID) and SMN1 exon 7 real-time PCR for the primary, first-tier screen. Additional marginal costs to screen included expenses for disposable supplies (i.e., reagents, primers, probes) and added labor for laboratory technician (ranging from 0 to 1.0 FTE initially) and short-term follow-up (ranging from 0-0.3 FTE initially).

The higher end of this estimated 0.10 to $1.00 cost per specimen to add SMA reflected a program that is currently considering purchasing additional equipment (i.e., digital droplet PCR equipment) to include second-tier screening to assess SMN2 copy number. This second-tier screening procedure would determine SMN2 copy numbers to further inform phenotype severity, but is not required for initial identification of newborns affected with SMA. Purchase of this equipment was broadly estimated at approximately $93,000 to $140,000 in the start-up year, and about $50 per specimen for each affected baby. Another state that was considering similar second-tier screening for SMN2 dosage planned to use digital PCR equipment available in another laboratory within the state laboratory for second-tier testing of any positive screens (estimated at 1 in 11,000 screens). (See Appendix B, the Screening Implementation Fact Sheet for SMA, for further detail).

State programs providing cost estimates were not planning on including results for 1 SMN1 copy number in the first-tier screen, which would allow detection of carriers with 1 SMN 1 copy. Reporting carriers would require additional staffing for follow up and counseling for these results.

Although treatment costs do not directly impact the budget of all state public health departments, newborn screening for SMA would impact health services and treatment for infants requiring treatment in the first few months of life, as well as those with later-onset forms who are require long-term management to monitor disease progression. Specific costs of treatment for SMA have been reported in the literature at $125,000 per dose. With 6 doses required in the first year, and 3 doses per year after that, total annual costs are $750,000 in year 1, and $375,000 each year thereafter. These costs include the pharmacological treatment, and do not include costs to
administer the drug via intrathecal injection (i.e., lumbar puncture/spinal tap). Adding newborn screening for SMA would impact many sectors, patients and families, other consumers, and the broader health care delivery system, and may indirectly impact the budgets of state newborn screening programs indirectly.

Overall, NBS program directors stated that they had funds to screen in the short-term, but would need to increase their newborn screening fee or obtain additional funding for sustained screening for SMA. One NBS program director discussed that his program has seen the addition of three disorders in less than a year without having a fee increase. Many NBS programs stated they are on a two-year legislative cycle and can only request a fee increase at this time. The long-term burden of this cannot be understated. This assessment did not evaluate confirmatory testing or treatment costs.

**State NBS Program Not Screening for SCID**

Currently, there are four states in the U.S. not universally screening for SCID. Since the SMA screening test is generally multiplexed with SCID, APHL chose to interview a NBS program not screening for SCID to evaluate some of their unique challenges. This NBS program has no plans to screen for SMA in the near future. It has taken ten years to transition screening from a regional laboratory to their state laboratory and nearly three years to implement SCID screening (expected start date for SCID is January 2018). Funding was mentioned to be this program’s biggest challenge. It was also mentioned that space and personnel are limited and not expected to change until significant financial resources are available for expansion. A NBS fee increase would be necessary if and when they decide to implement screening for a new disorder, which was estimated to take at least three years after SCID implementation. NBS programs like this one would likely take longer to implement SMA because other disorders and priorities would come first. Qualitative data from interviews along with survey data was useful in assessing readiness and feasibility.

**Survey Results**

A total of 46 completed surveys were received from 53 U.S. states and territories, for a response rate of 87%. Five state NBS programs were excluded because of either a pilot or mandate to screen. Of the 41 responses included in the analysis, 27 came from state NBS programs that have laboratory and follow-up components, 11 came from programs that contract NBS laboratory services regionally, and 3 came from programs that contract NBS laboratory services commercially. Results from the survey can be found in the figures below.
Figure 9. Status of SMA Screening in your NBS Program
Full Question Text: Within the last 3 years has your program (check all that apply).

- Had preliminary cost discussions for SMA: 18%
- Included SMA as any type of pilot evaluation: 6%
- Received a mandate to screen for SMA: 6%
- Developed cost estimates or budget analysis for SMA: 6%
- None of the above: 65%

Figure 10. Duration for SMA Authorization
Full Question Text: If SMA was added to the Recommended Uniform Screening Panel (RUSP) tomorrow, how long would it take to get authorization to screen for SMA your state?

- Less than 1 year: 20%
- 1 to 3 years: 66%
- More than 3 years: 10%
- Never: 5%
**Figure 11. Duration for SMA Funds**

Full Question Text: Once you received authorization to screen, how long would it take to have funds allocated for SMA?

![Bar chart showing duration for SMA funds.](chart)

**Figure 12. SMA Implementation Challenges**

Full Question Text: Please select the top 3 challenges related to SMA implementation.

- Ensuring sustainable support for treatment... 24%
- Ensuring availability and readiness of SMA... 23%
- Availability of a validated screening test 16%
- Long-term follow up for carriers 15%
- Short-term follow-up of out-of-range results 14%
- Other 9%

![Bar chart showing SMA implementation challenges.](chart)
Figure 13. SMA Screening Approach for Carriers

Full Question Text: Which describes the type of screening approach your program would choose. Question excludes those that contract screening regionally or commercially.

Figure 14. SMA Implementation Resources

Full Question Text: Please indicate your NBS program’s readiness to implement screening for SMA by evaluating the following resources

*Question only asked to labs with a state NBS program or commercial contract.
**Figure 15. SMA Implementation Factors**

Full Question Text: To what extent do the factors below impede or facilitate the adoption of screening for SMA in your NBS program?

*Question only asked to labs with a state NBS program or commercial contract.*

<table>
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<th>Factor</th>
<th>% of NBS Programs</th>
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<tr>
<td>Cost of treatment for newborns diagnosed with SMA</td>
<td>10% 20% 20% 51%</td>
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<tr>
<td>Other ongoing NBS program activities (e.g., addition of other conditions, other quality improvements)</td>
<td>7% 7% 10% 42% 34%</td>
</tr>
<tr>
<td>Cost per specimen to conduct SMA screening (personnel, equipment, reagents)</td>
<td>15% 10% 10% 42% 24%</td>
</tr>
<tr>
<td>Expected cost-benefit of screening for SMA in your state</td>
<td>10% 32% 22% 17% 20%</td>
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<tr>
<td>Expected clinical outcomes of newborns identified with SMA from screening</td>
<td>32% 15% 22% 12% 20%</td>
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<td>Other non-NBS public health priorities within your state</td>
<td>5% 7% 46% 32% 10%</td>
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<td>Extent to which the screening test for SMA can be multiplexed with other disorders (SCID)*</td>
<td>50% 33% 10%</td>
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<tr>
<td>Predicted run time to screen for SMA as it relates to other workload*</td>
<td>10% 17% 57% 13%</td>
</tr>
<tr>
<td>Advocacy for screening for SMA</td>
<td>24% 32% 32% 12%</td>
</tr>
</tbody>
</table>

*Question only asked to labs with a state NBS program or commercial contract.
**Figure 16. Duration for Implementation Activities**

Full Question Text: How long would it take your NBS program to complete the following activities?

*Question only asked to labs with a state NBS program or commercial contract.*
**Figure 17. Most Significant Barriers to Implementation**

Full Question Text: What is the most significant barrier to implementing screening for SMA in your program?

Open-ended and multiple responses were captured for this question. Ten NBS programs cited lack of funding for screening their most significant barrier. Six programs cited treatment costs and equity of treatment as their most significant barrier. Other responses included competing disorders/interests, lack of staff and/or space, lack of clear cost-benefit, lack of specialists, difficulty adding to their Laboratory Information Management systems (LIMs), and administrative/process barriers.

**Figure 18. Most Significant Facilitators to Implementation**

Full Question Text: What is the most significant facilitator to implementing screening for SMA in your program?

Open-ended responses were captured for this question. Thirteen NBS programs cited the ability to multiplex as the most significant facilitator for SMA screening. Five programs cited SMA
being added to the RUSP or other conditions added to the RUSP as being the most significant facilitator for SMA screening. Other responses included advocacy, existing expertise/infrastructure, treatment availability, and cost-effectiveness.

Conclusions

The PHSI attempted to assess NBS programs’ readiness and feasibility to implement new disorders to the RUSP. Although APHL was not able to evaluate opinions and experiences from every state NBS program, the survey response rate of 87% was a strength. An additional strength of the PHSI was that it was able to assess both real experiences through interviews as well as perceptions about implementing SMA via a survey based on NBS programs’ experiences with implementing other disorders.

Feasibility

1. Does an established and available screening test exist?
   As described in the systematic evidence review, the first tier screen for SMA entails using real-time PCR to detect homozygous SMN1 deletion of exon 7. SMA is capable of being multiplexed with SCID, allowing for quicker, more efficient testing. Some state NBS programs may choose to conduct a second-tier screen to get information about SMN2 copy number. The CDC is expected to have quality assurance/quality control and proficiency testing materials available for SMA.

2. Is there a clear approach to diagnostic confirmation?
   SMA can be confirmed through diagnostic confirmation which evaluates the SMN1 gene and copy number along with clinical characteristics. Refer to the systematic evidence review.

3. Is there an acceptable treatment plan?
   Please refer to the systematic evidence review for treatment effectiveness. 71% of survey respondents noted that cost of treatment was a major or minor for implementation. More guidance is needed in this area.

4. Is there a long-term follow up plan?
   Please refer to the systematic evidence review for the evidence regarding the effectiveness of long-term management.

Readiness

When asked how long it would take to get authority to screen for SMA once it was added to the RUSP, 66% of respondents (n=41) indicated that it would take them 1 to 3 years; 19% indicated it would take less than a year; 10% indicated it would take more than 3 years; and 5% indicated it would never happen, respectively. When asked how long it would take after authorization to get funds allocated for SMA, 67% of respondents (n=39) responded it would take 1 to 3 years; 21% indicated it would take less than a year; 5% stated it would take more than 3 years; and 7% stated their program makes decisions independent of RUSP respectively. When asked how long it would take to complete implementation activities for their program, 63% of respondents (n=30) agreed between 1 and 3 years; 17% stated more than 3 years; 13% said less than 3 years; and 7% stated that it was already complete respectively. NBS programs that contract their laboratory services did not answer this question. Eighty-six percent (86%) of contract laboratories (n=14) stated, however, that it would take between 1 to 3 years to add SMA to their
existing contract. Although APHL did not get a response from every state, it is reasonable to conclude that NBS programs across the U.S. are, at best, developmentally ready to implement SMA screening. The time it takes for the addition of the condition to the RUSP, obtaining legislative approval, and funding for screening may significantly slow down the process.

Readiness varies by state newborn screening program. For example, 33% of survey respondents cited that they had the screening approach for SMA (real-time PCR); 33% could get the screening test within one year; and 33% cited they could not get it within the year. Although laboratories that contract services were underrepresented in our analysis, 6 out of 14 (43%) of them noted that they would not be able to get the screening test in their contracted laboratory within one year. Additionally, 22% of survey respondents cited that they already had specialists to cover the expected SMA case load; 44% cited they did not have but could get within 1 year; and 34% cited that they did not believe they could get specialists within the year. 50% of NBS programs surveyed stated that they would not be able to update their LIMS system for SMA within a year. 77% of NBS programs could not get a second-tier method for SMA to assess SMN2 copy number, however, this is not a criterion for screening.

Advocacy was reported as a major or minor facilitator for 56% of survey respondents (n=41). Approximately 83% of the survey respondents (n=30) reported that the extent to which the screening test for SMA can be multiplexed with SCID was a major or minor facilitator to implementation. 33% of NBS programs that do not screen for SCID (n=3), however, saw multiplexing the test as a major or minor barrier. Likewise, the cost of treatment for SMA was seen as a major or minor barrier for 71% of survey respondents (n=41). Other ongoing NBS activities including adding conditions was seen as a major or minor barrier for 76% of respondents (n=41).

Limitations

There were several limitations with the PHSI assessment. In many of the survey questions, respondents were asked to assume approval had occurred and funds allocated. This was not meant to underestimate the importance and time commitment involved with these steps, but rather to have responders consider specific implementation activities outside of funding and legislation. It is plausible that getting approval and acquiring funds could add years to the timeframe for implementation. Additionally, although NBS program directors likely relied on experiences implementing other conditions, the questions in the survey were hypothetical and responses were subjective. Interviews assisted in gathering additional information pertaining to real world barriers and facilitators as well as screening outcomes.

Summary

Most NBS programs surveyed stated that it would take between 1 and 3 years to complete implementation activities from obtaining equipment to full reporting and implementing screening statewide. The NBS states interviewed (n=5) who are conducting or preparing pilot studies or population screening have begun implementation activities. Each plans to be screening, either with a pilot or population-wide, by December 2018. Screening for carriers, determining what to do with late-onset cases, cost of treatment, and treatment equity were commonly reported challenges in this assessment. There continue to be administrative barriers that delay the implementation process; examples include increasing the newborn screening fee and/or obtaining funds, changing administrative rules, getting legislator buy-in and authority to screen. Also, competing public health interests continue to be an issue hindering implementation of conditions.
REFERENCES


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53. Roper H, Quinlivan R. Implementation of "the consensus statement for the standard of care in spinal muscular atrophy" when applied to infants with severe type 1 SMA in the UK. *Archives of disease in childhood.* 2010;95(10):845-849.


79. Mercer K. Newborn screening for spinal muscular atrophy. APHL Newborn Screening Symposium; September 13, 2017, 2017; New Orleans, LA.
Appendix A. SYSTEMATIC EVIDENCE REVIEW TECHNICAL METHODS

PRISMA Flow Diagram of Literature Search for Newborn Screening for SMA

Records identified through PubMed (1501)
EMBASE (891), CINAHL (249)
Cochrane (131)
N=2,782

Records screened by title and abstract
N = 2,193

Full-text articles assessed for preliminary eligibility
N = 1,027

Studies retained for review and synthesis
N=240
Treatment articles extracted (5)
Screening articles extracted (2)

Removed from screen as duplicates, animal research, other non-SMA
N = 579
## Search Terms and Results

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<td>[mh &quot;Spinal Muscular Atrophies of Childhood&quot;]</td>
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<td>#2</td>
<td>&quot;Spinal Muscular Atrophies&quot;:ab,ti or &quot;Spinal Muscular Atrophy&quot;:ab,ti or &quot;Werdnig-Hoffman&quot;:ab,ti or &quot;Kugelberg-Welander&quot;:ab,ti or (SMA:ab,ti and type:ab,ti)</td>
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<td>#3</td>
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<td>#3</td>
<td>#1 AND #2, 2017 – present</td>
<td>18</td>
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</table>
Quality Ratings of Evidence

A. Quality Assessment of Evidence: Screening and Treatment Articles

B. Quality Assessment Forms by Study Design

<table>
<thead>
<tr>
<th>Study Design</th>
<th>Quality Assessment Forms</th>
</tr>
</thead>
</table>
| Randomized Clinical Trials (RCT) | Quality Assessment Tool For Quantitative Studies⁹  
Follow this link to view the form. |
| Screening Pilot Studies     | QUADAS-2 Modified for SMA⁶                                       
Follow this link to view the form. |
| Case-Control                | Newcastle Ottawa Scales⁸                                       
Follow this link to view the form. |
| Cohort Studies              | Newcastle Ottawa Scales⁸                                       
Follow this link to view the form. |
| Case Series                 | Quality Assessment Tool¹⁰                                      
Follow this link to view the form. (modified) |
| Case Studies                | Quality Assessment Tool¹⁰                                      
Follow this link to view the form. (modified) |
### Screening

<table>
<thead>
<tr>
<th>RefID</th>
<th>Publication</th>
<th>Therapy</th>
<th>Global Publication Rating</th>
<th>Risk of Bias</th>
<th>Applicability</th>
<th>Conduct and Interpretation of Test</th>
<th>Reference Standard</th>
<th>Flow and Timing</th>
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<td>4627</td>
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<td>Strong</td>
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<td>4632</td>
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<td>Screening</td>
<td>Strong</td>
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</table>

**Key: Risk of Bias**

- Low
- Unclear
- High
## A. Quality Assessment of Evidence: Screening and Treatment Articles

<table>
<thead>
<tr>
<th>RefID</th>
<th>Publication</th>
<th>Therapy</th>
<th>Global Publication Rating</th>
<th>Study Design</th>
<th>Confounders</th>
<th>Blinding</th>
<th>Data collection</th>
<th>Attrition</th>
<th>Intervention Integrity</th>
<th>Analyses</th>
<th>Q1</th>
<th>Q2</th>
<th>Q3</th>
<th>Q4</th>
<th>Q5</th>
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<tr>
<td>4625</td>
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</table>
Randomized Trials and Quasi-Experimental Designs

QUALITY ASSESSMENT TOOL FOR QUANTITATIVE STUDIES

http://www.ephpp.ca/PDF/Quality%20Assessment%20Tool_2010_2.pdf

COMPONENT RATINGS

SELECTION BIAS

(AQ1) Are the individuals selected to participate in the study likely to be representative of the target population?

1 Very likely
2 Somewhat likely
3 Not likely
4 Can’t tell

(AQ2) What percentage of selected individuals agreed to participate?

1 80 - 100% agreement
2 60–79% agreement
3 less than 60% agreement
4 Not applicable
5 Can’t tell

STUDY DESIGN

BQ1. Indicate the study design

1 Randomized controlled trial
2 Controlled clinical trial
3 Cohort analytic (two group pre + post)
4 Case-control
5 Cohort (one group pre + post (before and after))
6 Interrupted time series
7 Otherspecify
8 Can’t tell

BQ2. Was the study described as randomized? If NO, go to Component C.
No Yes

BQ2a. If Yes, was the method of randomization described? (See dictionary)
No Yes
BQ2b. If Yes, was the method appropriate? (See dictionary)

No  Yes

<table>
<thead>
<tr>
<th>RATE THIS SECTION</th>
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<tbody>
<tr>
<td>See dictionary</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

CONFOUNDERS (e.g., race, sex, marital status/family, age, SES, education, health status, pre-intervention score on outcome measure).

(Q1) Were there important differences between groups prior to the intervention?

1  Yes
2  No
3  Can’t tell

(Q2) If yes, indicate the percentage of relevant confounders that were controlled (either in the design (e.g. stratification, matching) or analysis)?

1  80 – 100% (most)
2  60 – 79% (some)
3  Less than 60% (few or none)
4  Can’t Tell

<table>
<thead>
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</tr>
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<tbody>
<tr>
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<td>2</td>
<td>3</td>
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</tbody>
</table>

BLINDING

(Q1) Was (were) the outcome assessor(s) aware of the intervention or exposure status of participants?

1  Yes
2  No
3  Can’t tell

(Q2) Were the study participants aware of the research question?

1  Yes
2  No
3  Can’t tell

<table>
<thead>
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<tbody>
<tr>
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<td>1</td>
<td>2</td>
<td>3</td>
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</tbody>
</table>

DATA COLLECTION METHODS

(Q1) Were data collection tools shown to be valid?

1  Yes
2 No
3 Can’t tell

(Q2) Were data collection tools shown to be reliable?
1 Yes
2 No
3 Can’t tell

<table>
<thead>
<tr>
<th>RATE THIS SECTION</th>
<th>STRONG</th>
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<tbody>
<tr>
<td>See dictionary</td>
<td>1</td>
<td>2</td>
<td>3</td>
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</tbody>
</table>

WITHDRAWALS AND DROP-OUTS

(Q1) Were withdrawals and drop-outs reported in terms of numbers and/or reasons per group?
1 Yes
2 No
3 Can’t tell
4 Not Applicable (i.e. one time surveys or interviews)

(Q2) Indicate the percentage of participants completing the study. (If the percentage differs by groups, record the lowest).
1 80 -100%
2 60 - 79%
3 less than 60%
4 Can’t tell
5 Not Applicable (i.e. Retrospective case-control)

<table>
<thead>
<tr>
<th>RATE THIS SECTION</th>
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<td>2</td>
<td>3</td>
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</tbody>
</table>

INTERVENTION INTEGRITY

(Q1) What percentage of participants received the allocated intervention or exposure of interest?
1 80 -100%
2 60 - 79%
3 less than 60%
4 Can’t tell

(Q2) Was the consistency of the intervention measured?
1 Yes
2 No
3 Can’t tell
(Q3) Is it likely that subjects received an unintended intervention (contamination or co-intervention) that may influence the results?

4 Yes
5 No
6 Can’t tell

ANALYSES

(Q1) Indicate the unit of allocation (circle one)
community organization/institution practice/office individual

(Q2) Indicate the unit of analysis (circle one)
community organization/institution practice/office individual

(Q3) Are the statistical methods appropriate for the study design?

1 Yes
2 No
3 Can’t tell

(Q4) Is the analysis performed by intervention allocation status (i.e. intention to treat) rather than the actual intervention received?

1 Yes
2 No
3 Can’t tell
GLOBAL RATING

COMPONENT RATINGS

Please transcribe the information from the gray boxes on pages 1-4 onto this page. See dictionary on how to rate this section.

<table>
<thead>
<tr>
<th></th>
<th>SELECTION BIAS</th>
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</table>

GLOBAL RATING FOR THIS PAPER (circle one):

1. STRONG (no WEAK ratings)
2. MODERATE (one WEAK rating)
3. WEAK (two or more WEAK ratings)

With both reviewers discussing the ratings:

Is there a discrepancy between the two reviewers with respect to the component (A-F) ratings?

No   Yes

If yes, indicate the reason for the discrepancy

1. Oversight
2. Differences in interpretation of criteria
3. Differences in interpretation of study

<table>
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<th>Final decision of both reviewers (circle one):</th>
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<td></td>
<td>2</td>
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**SCREENING PILOT STUDIES**

**QUADAS-2 Modified for SMA**
(http://www.bristol.ac.uk/medialibrary/sites/quadas/migrated/documents/quadas2.pdf)

<table>
<thead>
<tr>
<th>Domain 1: Patient Selection</th>
<th>YES</th>
<th>NO</th>
<th>Unclear</th>
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<tbody>
<tr>
<td>A. Risk of Bias</td>
<td></td>
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<tr>
<td>1. Was a consecutive or random sample of samples screened?</td>
<td>YES</td>
<td>NO</td>
<td>Unclear</td>
</tr>
<tr>
<td>2. Did the study avoid inappropriate exclusions?</td>
<td>YES</td>
<td>NO</td>
<td>Unclear</td>
</tr>
<tr>
<td>3. Could the selection of patients have introduced bias?</td>
<td>Low Risk</td>
<td>High Risk</td>
<td>Unclear</td>
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</table>

<table>
<thead>
<tr>
<th>Domain 2: Newborn Screening Test (Repeat for each test used).</th>
<th>YES</th>
<th>NO</th>
<th>Unclear</th>
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</thead>
<tbody>
<tr>
<td>A. Were the results of the newborn screening test interpreted without knowledge of the diagnostic test results?</td>
<td>YES</td>
<td>NO</td>
<td>Unclear</td>
</tr>
<tr>
<td>2. Was the threshold for a positive screen clear?</td>
<td>YES</td>
<td>NO</td>
<td>Unclear</td>
</tr>
<tr>
<td>3. Was the threshold for a positive screen pre-specified?</td>
<td>YES</td>
<td>NO</td>
<td>Unclear</td>
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<tr>
<td>4. Were alternative thresholds for a positive screen clear?</td>
<td>YES</td>
<td>NO</td>
<td>Unclear</td>
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<tr>
<td>5. Could the conduct or interpretation of the screening introduce bias?</td>
<td>Low Risk</td>
<td>High Risk</td>
<td>Unclear</td>
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</table>

<table>
<thead>
<tr>
<th>Domain 3: Reference Standard</th>
<th>YES</th>
<th>NO</th>
<th>Unclear</th>
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</thead>
<tbody>
<tr>
<td>A. Is the reference standard likely to correctly classify the condition?</td>
<td>YES</td>
<td>NO</td>
<td>Unclear</td>
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<tr>
<td>2. Is the reference standard likely to correctly classify the condition?</td>
<td>YES</td>
<td>NO</td>
<td>Unclear</td>
</tr>
<tr>
<td>3. Was the reference standard interpreted without knowledge of the newborn screening result?</td>
<td>YES</td>
<td>NO</td>
<td>Unclear</td>
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</table>
### Domain 1: Patient Selection

*Describe how participants were selected:*

<table>
<thead>
<tr>
<th>Question</th>
<th>Low Risk</th>
<th>High Risk</th>
<th>Unclear</th>
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<tbody>
<tr>
<td>4. Could the reference standard, its conduct, or its interpretation have introduced bias?</td>
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</table>

### Domain 4: Flow and Timing

<table>
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<th>Question</th>
<th>YES</th>
<th>NO</th>
<th>Unclear</th>
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</thead>
<tbody>
<tr>
<td>1. Did all positive newborn screens receive the reference standard?</td>
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<td></td>
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</tr>
<tr>
<td>2. Was the same reference standard used for all who received diagnostic testing?</td>
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<tr>
<td>3. Were all screening results used in the analysis?</td>
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</tr>
<tr>
<td>4. Could the newborn screening flow have introduced bias?</td>
<td>Low Risk</td>
<td>High Risk</td>
<td>Unclear</td>
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</table>
NEWCASTLE - OTTAWA QUALITY ASSESSMENT SCALE CASE CONTROL STUDIES

Note: A study can be awarded a maximum of one star for each numbered item within the Selection and Exposure categories. A maximum of two stars can be given for Comparability.

Selection

1) Is the case definition adequate?
   a) yes, with independent validation ★
   b) yes, eg record linkage or based on self reports
   c) no description

2) Representativeness of the cases
   a) consecutive or obviously representative series of cases ★
   b) potential for selection biases or not stated

3) Selection of Controls
   a) community controls ★
   b) hospital controls
   c) no description

4) Definition of Controls
   a) no history of disease (endpoint) ★
   b) no description of source

Comparability

1) Comparability of cases and controls on the basis of the design or analysis
   a) study controls for _______________ (Select the most important factor.) ★
   b) study controls for any additional factor ★ (This criteria could be modified to indicate specific control for a second important factor.)

Exposure

1) Ascertainment of exposure
   a) secure record (eg surgical records) ★
   b) structured interview where blind to case/control status ★
   c) interview not blinded to case/control status
   d) written self report or medical record only
   e) no description

2) Same method of ascertainment for cases and controls
   a) yes ★
   b) no

3) Non-Response rate
   a) same rate for both groups ★
   b) non respondents described
   c) rate different and no designation
NEWCASTLE - OTTAWA QUALITY ASSESSMENT SCALE COHORT STUDIES

Note: A study can be awarded a maximum of one star for each numbered item within the Selection and Outcome categories. A maximum of two stars can be given for Comparability

Selection

1) Representativeness of the exposed cohort
   a) truly representative of the average _______________ (describe) in the community ✉
   b) somewhat representative of the average ______________ in the community ✉
   c) selected group of users eg nurses, volunteers
   d) no description of the derivation of the cohort

2) Selection of the non exposed cohort
   a) drawn from the same community as the exposed cohort ✉
   b) drawn from a different source
   c) no description of the derivation of the non exposed cohort

3) Ascertainment of exposure
   a) secure record (eg surgical records) ✉
   b) structured interview ✉
   c) written self report
   d) no description

4) Demonstration that outcome of interest was not present at start of study
   a) yes ✉
   b) no

Comparability

1) Comparability of cohorts on the basis of the design or analysis
   a) study controls for ______________ (select the most important factor) ✉
   b) study controls for any additional factor ✉ (This criteria could be modified to indicate specific control for a second important factor.)

Outcome

1) Assessment of outcome
   a) independent blind assessment ✉
   b) record linkage ✉
   c) self report
   d) no description

2) Was follow-up long enough for outcomes to occur
   a) yes (select an adequate follow up period for outcome of interest) ✉
   b) no

3) Adequacy of follow up of cohorts
   a) complete follow up - all subjects accounted for ✉
   b) subjects lost to follow up unlikely to introduce bias - small number lost - > ____ % (select an adequate %) follow up, or description provided of those lost) ✉
   c) follow up rate < ____% (select an adequate %) and no description of those lost
   d) no statement

CASE SERIES

<table>
<thead>
<tr>
<th>#</th>
<th>CASE SERIES – Quality Assessment Criteria</th>
<th>Y</th>
<th>N</th>
<th>CD-NA-NR</th>
</tr>
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<tbody>
<tr>
<td>1.</td>
<td>Was the study objective clearly stated?</td>
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<tr>
<td>2.</td>
<td>Was there a case definition for the study population?</td>
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<tr>
<td>3.</td>
<td>Was the case definition applied to each case?</td>
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<tr>
<td>4.</td>
<td>Were the subjects comparable?</td>
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<tr>
<td>5.</td>
<td>Were the outcome measures defined and implemented consistently across all study participants?</td>
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<tr>
<td>6.</td>
<td>Was the length of follow-up adequate?</td>
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<tr>
<td>7.</td>
<td>Was the proportion who had complete follow-up appropriate for the study objectives and outcome measures?</td>
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<tr>
<td>8.</td>
<td>Were the results well-described?</td>
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</table>

## CASE STUDIES

<table>
<thead>
<tr>
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<tr>
<td>1.</td>
<td>Was the study objective clearly stated?</td>
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<tr>
<td>2.</td>
<td>Was there a case definition?</td>
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<tr>
<td>3.</td>
<td>Was the case definition applied?</td>
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<tr>
<td>4.</td>
<td>Were the outcome measures defined and implemented consistently across all study participants?</td>
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<td>5.</td>
<td>Was the length of follow-up adequate?</td>
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<tr>
<td>6.</td>
<td>Were the results well-described?</td>
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</tbody>
</table>
### Appendix B.  PHSI ASSESSMENT: FACT SHEET FOR SMA SCREENING

<table>
<thead>
<tr>
<th>Condition</th>
<th>SMA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Description</td>
<td>SMA is an autosomal recessive disorder characterized by degeneration of motor neurons in the spinal cord and caused by mutations in the <em>SMN1</em> gene. The clinical severity of SMA is highly variable ranging from a fatal disease of infancy to a disorder causing mild muscle weakness in adults and a normal lifespan. SMA Type I affects infants by 6 months of age. SMA Type II usually affects infants before age 18 months of age. SMA Types III and IV are typically considered late onset.</td>
</tr>
</tbody>
</table>
| Expected Incidence | Incidence estimated from clinical detection is approximately 1 in 11,000.\(^{11}\)  
- Detection by prospective newborn screening pilots of SMA:  
  - **NYS NBS** - 1 in 10,326 screened positive; carrier status identified in 1 in 75 infants out of 10,326 infants screened.  
  - **Taiwan** - 1 in 17,181 infants screened positive out of 120,267 infants screened (data collected from November 2014 to September 2016).\(^{51}\) |

### Screening Methods

| Measurement method | First tier screen entails real-time PCR with TaqMan probe to evaluate the *SMN1* exon 7 deletion. Targeted sequencing is used as a QA measure to rule out allelic dropout due to variants in the TaqMan primer/probe binding regions in carriers. Note: This sequencing is not expected to detect a second mutation in SMA cases compound heterozygous for the deletion and another rare mutation.  
Second tier screen (optional) entails real-time PCR or digital droplet PCR (more accurate and precise) to determine *SMN2* copy number. |
| Data Source(s)    | NYS NBS Program is conducting a pilot and has screened 6,200 infants. |
| Screening Marker  | *SMN1* exon 7  
- ≥ 2 copies = normal  
- 1 copy = carrier  
- 0 copies = positive screen  
*SMN2* gene to aid in determining phenotype and severity. |
| Screening Strategy| First tier screen entails using real-time PCR to detect homozygous *SMN1* deletion of exon 7.  
Second tier screen entails using real-time PCR or digital droplet PCR to detect *SMN2* copy number. |
<table>
<thead>
<tr>
<th>Condition</th>
<th>SMA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minimum Instrumentation, Equipment and Requirements Necessary to Process 100,000 Specimens Annually (Includes Conventional Redundancies)</td>
<td>Required materials include reagents such as PCR master mix, SMN1 and control gene primers and probes; real time PCR equipment; liquid handling system (automated would be required for population level screening in most states). To process 100K annually in NYS: QuantStudio 12K Flex: 3-6 (if runs processed concurrently) Custom Janus liquid handler (8 x 96-well plate capacity): 1-2</td>
</tr>
<tr>
<td>Equipment Suppliers and Availability of Kits, Reagents and Consumables</td>
<td>PerkinElmer is in the process of developing a kit; currently lab-developed tests are being used. CDC,49,79 Taiwan51 and NYS50 have published assays (reagents are all commercially-available).</td>
</tr>
</tbody>
</table>

### Workstation Resources and Capacity

<table>
<thead>
<tr>
<th>Tech Time to Prepare Specimens</th>
<th>NYS: DNA extraction on Janus: 3 hr per 8 x 96-well plates SCID/SMA assay setup: 20 min per 1 x 384-well plate; add 5 min per each additional 384-well plate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Instrument Time</td>
<td>1 hr, 40 min per instrument run</td>
</tr>
<tr>
<td>Maximum Number of Specimens to Be Analyzed at One Workstation During An 8 Hour Shift</td>
<td>NYS SMA assay, pilot study: Currently 20-50 specimens analyzed/day; straightforward scale-up providing the assay is multiplexed with SCID. NYS SMA/SCID assay: Max=2 x 384-well plates (with 1 FTE, 1 Janus [max=16 x 96-well plates / day] and 1 QuantStudio [max=2 x 384-well plates / day])</td>
</tr>
<tr>
<td>Minimum Space Requirements (Supporting Equipment Not Included)</td>
<td>NYS (W x H x D): Custom Janus 8-deck liquid handler: 108” x 48” x 36” Janus Mini: 56” x 48”x 36” QuantStudio 12K Flex: 56” x 28” x 32”</td>
</tr>
</tbody>
</table>

### Personnel Requirements

| FTE Needed to Process 100,000 Specimens Annually | 1.5–2 FTE for population-based multiplexed SCID and SMA testing (includes DNA extractions, assay setup, analysis and interpretation, punching and testing samples requiring retesting, LIMs merge, report generation). |
| FTE Needed to Follow-Up with Expected Caseload Annually | 0.3 FTE to follow 25-40 cases expected per year in NYS. |

### Other Considerations

| LIMs Adjustments | Variable (dependent on vendor); fields and import procedures should be similar to SCID. |
| Training         | Variable. Carrier status detection and reporting; SMN2 detection and reporting issues |
### Condition

<table>
<thead>
<tr>
<th>QC and Reported Screening Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Availability of Quality-Control Specimens</td>
</tr>
<tr>
<td>Reported Rate of Second-Tier Test</td>
</tr>
<tr>
<td>Reported Rate of Repeat Requests (Independent Specimen)</td>
</tr>
<tr>
<td>Rate of Referrals</td>
</tr>
</tbody>
</table>
| Reported Outcomes | # by type(s):
  - SMA Type I = 1 in 9,100 infants screened
  - Carriers = 92 (1 in 68)
  - False positives = 0
  - False negatives = expected ~5-7%
    - Other point mutations possible
    - 5% SMA cases - compound heterozygous for exon 7 deletion and other point mutations would currently be reported as carriers in NYS |

### Estimated $$ Costs

<table>
<thead>
<tr>
<th>Equipment Cost (Overhead)</th>
<th>Not available</th>
</tr>
</thead>
<tbody>
<tr>
<td>Estimated Cost of Laboratory Reagents or FDA-Approved Kit</td>
<td>The addition of the ( SMN1 ) primers and probes multiplexed with SCID is expected to increase the cost of the assay by 10 cents per 10 µl reaction. Dependent on contractual agreements, decision to multiplex with SCID or not, method used.</td>
</tr>
<tr>
<td>Estimated Reagent Rental Cost</td>
<td>Not Available</td>
</tr>
<tr>
<td>Estimated Personnel Cost To Screen 50,000 to 100,000 Specimens Annually (Follow-Up Not Included)</td>
<td>Dependent on # FTE, state personnel, fringe and overhead rates.</td>
</tr>
<tr>
<td>Estimated Personnel Cost for Additional Follow-Up of Presumptive Positives</td>
<td>Dependent on # FTE, state personnel, fringe and overhead rates.</td>
</tr>
<tr>
<td>Estimated Diagnostic Assay Cost</td>
<td>Not Available</td>
</tr>
<tr>
<td>Estimated Diagnostic Molecular Testing Costs</td>
<td>Not Available</td>
</tr>
<tr>
<td>Condition</td>
<td>SMA</td>
</tr>
<tr>
<td>-----------------------------------------------</td>
<td>----------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>Condition</strong></td>
<td><strong>SMA</strong></td>
</tr>
<tr>
<td><strong>Short-Term Follow-Up</strong></td>
<td></td>
</tr>
<tr>
<td>Description</td>
<td>A genetic test to examine <em>SMN1</em> is necessary for diagnosis. Genetic testing of <em>SMN2</em> is beneficial for prediction of phenotype/prognosis. Additionally, family history is evaluated and a physical exam is performed.</td>
</tr>
<tr>
<td>Case Definition (typically manifests in infancy/childhood)</td>
<td>Spinal muscular atrophy is an autosomal recessive disease affecting the motor neurons of the anterior horn with resulting progressive motor weakness. Approximately 94–98% of individuals with SMA have homozygous deletion of the Survival Motor Neuron 1 (<em>SMN1</em>) gene and variable number of <em>SMN2</em> genes resulting in a phenotypic range of disease presentation, severity and age at onset.</td>
</tr>
<tr>
<td>Diagnostic Method &amp; Criteria</td>
<td>Homozygous <em>SMN1</em> exon 7 deletion</td>
</tr>
<tr>
<td></td>
<td><em>SMN2</em> copy number to aid in determining phenotype</td>
</tr>
<tr>
<td></td>
<td>Clinical manifestations</td>
</tr>
<tr>
<td>Availability of Diagnostic Testing Laboratories</td>
<td>The diagnostic testing can be performed in a number of laboratories.</td>
</tr>
<tr>
<td><strong>Current Treatment(s)</strong></td>
<td></td>
</tr>
<tr>
<td>Description and Current Treatment Guidelines with Clinical Identification</td>
<td>Spinraza (Nusinersen) treatment was approved by the FDA in December 2016 and is recommended for pediatric and adult patients, including pre-symptomatic infants with SMA. The treatment increases production of SMN protein derived from the <em>SMN2</em> gene. Gene therapy research is currently experimental and not yet approved.</td>
</tr>
<tr>
<td>Specialty Providers or Centers</td>
<td>Neuromuscular disease centers and neurologists.</td>
</tr>
</tbody>
</table>
Appendix C.  SMA PUBLIC HEALTH SYSTEM IMPACT ASSESSMENT SURVEY

The purpose of this survey is to inform the Secretary of Health and Human Services Advisory Committee on Heritable Disorders in Newborns and Children about the ability to add newborn screening (NBS) for Spinal Muscular Atrophy (SMA) using information gathered from most of the Newborn Screening (NBS) programs in the U.S.

Please refer to the SMA screening factsheet to answer the following questions about the ability to add NBS for SMA in your NBS program. Please also consult with others in your NBS program, including laboratory and follow-up staff, medical professionals and specialists, prior to completing the survey. When unsure about a response, please provide your best estimate.

1. Within the last 3 years, has your NBS program [Check all that apply]
   - Included SMA as part of the routine NBS panel (end survey)
   - Included SMA as any type of pilot evaluation (end survey)
   - Received a mandate to screen for SMA (end survey)
   - Developed cost estimates or budget analysis for SMA (end survey)
   - Had preliminary cost discussions for SMA (go to question 2)
   - None of the above (go to question 2)

2. Which of the following provides NBS laboratory services for your NBS program?
   - Your own state’s public health or NBS laboratory (includes state university laboratory for which there is an intra-state agency agreement)
   - A contracted regional NBS laboratory or other not-for-profit laboratory
   - A contracted commercial laboratory
   - None of the above

3. If SMA was added to the Recommended Uniform Screening Panel (RUSP) tomorrow, how long would it take to get authorization to screen for SMA in your state? All
   - Less than 1 year
   - 1 to 3 years
   - More than 3 years
   - Never (go to question 5)

4. Once you received authorization to screen, how long would it take to have funds allocated for SMA? All
   - Less than 1 year
   - 1 to 3 years
   - More than 3 years
   - Never
   - Our program makes decisions independent of RUSP
FOR QUESTIONS 5-8, PLEASE ASSUME THAT SMA HAS BEEN AUTHORIZED FOR ADDITION TO YOUR STATE’S PANEL AND THAT FUNDS FOR LABORATORY TESTING AND FOLLOW UP HAVE BEEN MADE AVAILABLE.

5. Please select the top 3 challenges related to SMA implementation. All
   • Availability of a validated screening test
   • Short-term follow-up of out-of-range results
   • Ensuring availability and readiness of SMA specialists
   • Ensuring sustainable support for SMA
   • Long-term follow up for carriers
   • Other – please specify

6. Which best describes the type of screening approach your program would choose: All except for contract
   • Screening approach will detect carriers and we must plan for that follow up
   • Screening approach will not detect carriers
   • Screening approach not yet determined

7. Please indicate your NBS program’s readiness to implement screening for SMA by evaluating the following resources.
<table>
<thead>
<tr>
<th>Resource</th>
<th>Have Already</th>
<th>Do Not Have BUT Can Get Within One Year</th>
<th>Cannot Get Within One Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Screening approach for SMA (real-time PCR) All except regional contract</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A second-tier screening approach for SMA to assess $\text{SMN2}$ copy number All except regional contract</td>
<td></td>
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<tr>
<td>Quantity and type of laboratory equipment for SMA All except regional contract</td>
<td></td>
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<tr>
<td>Laboratory technical expertise to screen for SMA All except regional contract</td>
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<tr>
<td>Sufficient number of technical staff to screen for SMA All except regional contract</td>
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<tr>
<td>Availability of the screening test in your contracted laboratory* Regional contract and commercial contract</td>
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<tr>
<td>LIMS capacity and instrumentation interface for SMA All, except regional contract</td>
<td></td>
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<tr>
<td>Sufficient number of NBS staff to notify and track SMA NBS results All</td>
<td></td>
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<tr>
<td>Access to appropriate diagnostic services after a presumptive positive from a screen (e.g., diagnostic testing, clinical evaluations) for SMA All</td>
<td></td>
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<tr>
<td>Genetic counselors to cover the expected carriers that our screening will uncover Those who responded positively to the first point in Q6</td>
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<tr>
<td>Specialists to cover expected SMA case load All</td>
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<tr>
<td>Treatment centers for expected SMA case load All</td>
<td></td>
<td></td>
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<tr>
<td>Follow up protocols for SMA cases and carriers All</td>
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</tbody>
</table>

*This question only applies if you reported using a contracted laboratory at question.

8. To what extent do the factors below impede or facilitate the adoption of screening for SMA in your NBS program? Please see the definitions below*
<table>
<thead>
<tr>
<th>Factor</th>
<th>Major Barrier</th>
<th>Minor Barrier</th>
<th>No Impact</th>
<th>Minor Facilitator</th>
<th>Major Facilitator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Predicted run time to screen for SMA as it relates to other workload</td>
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<tr>
<td>All except regional contract</td>
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<tr>
<td>Extent to which the screening test for SMA can be multiplexed with</td>
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<tr>
<td>other disorders (SCID) All except regional contract</td>
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<tr>
<td>Advocacy for screening for SMA All</td>
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<tr>
<td>Other ongoing NBS program activities (e.g., addition of other</td>
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<tr>
<td>conditions, other quality improvements) All</td>
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<tr>
<td>Cost per specimen to conduct SMA screening (personnel, equipment,</td>
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<tr>
<td>reagents) All</td>
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<tr>
<td>Cost of treatment for newborns diagnosed with SMA All</td>
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<tr>
<td>Expected clinical outcomes of newborns identified with SMA from</td>
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<tr>
<td>screening All</td>
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<tr>
<td>Expected cost-benefit of screening for SMA in your state All</td>
<td></td>
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<tr>
<td>Other non-NBS public health priorities within your state All</td>
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</tbody>
</table>

*Major barrier- Will prevent testing from being done effectively and/or timely.
Minor barrier- May compromise testing so it is not performed effectively and/or timely.
Minor facilitator- May allow testing to be done effectively and/or timely.
Major facilitator- Will allow testing to be done effectively and/or timely.
9. How long would it take to complete the following activities assuming your current NBS program and laboratory infrastructure?

<table>
<thead>
<tr>
<th>Activity</th>
<th>&lt; 1 year</th>
<th>1 to 3 years</th>
<th>More than 3 years</th>
<th>Activity is already completed</th>
<th>Activity is not required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obtain and procure equipment for SMA screening All except regional contract</td>
<td></td>
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</tr>
<tr>
<td>Select, develop, and validate the SMA screening test within your laboratory assuming you are multiplexing with other disorders (SCID) All except regional contract</td>
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</tr>
<tr>
<td>Select, develop, and validate the SMA screening test within your laboratory assuming you are NOT multiplexing with other disorders All except regional contract</td>
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</tr>
<tr>
<td>Hire necessary laboratory and follow-up staff for SMA All</td>
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<tr>
<td>Consult with medical staff and specialists to add test for SMA All</td>
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</tr>
<tr>
<td>Develop follow-up protocols for SMA All</td>
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</tr>
<tr>
<td>Add the SMA screening test to the existing outside laboratory contract* Regional contract and commercial contract</td>
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</tr>
<tr>
<td>Pilot test the SMA screening process within your state, after validation has taken place All except regional contract</td>
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</tr>
<tr>
<td>Entire process from obtaining equipment to full reporting and implementing statewide SMA screening (assuming that some activities may occur simultaneously) All except regional contract</td>
<td></td>
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</tr>
</tbody>
</table>

*This question only applies if you reported using a contracted laboratory at question 2.

10. What is the most significant barrier to implementing screening for SMA in your program? All
11. What is the most significant facilitator to implementing screening for SMA in your program? All
12. Please share any additional information regarding implementation of screening for SMA. All
Appendix D. SMA INTERVIEW QUESTIONS FOR STATE NBS PROGRAMS

Interview Questions for NBS Programs That Are Screening for Spinal Muscular Atrophy

BACKGROUND

1. When did screening begin in your state? OR When do you plan to begin screening in your state? Where are you at with the implementation process now?
2. What has been your biggest challenge with implementing screening for SMA?
3. What has been the strongest facilitator for implementing screening for SMA?

LABORATORY

4. Please discuss your algorithm for SMA screening.
5. Discuss process and length of time it took to validate the method for SMA. Do you use a kit? In-house method? Multiplex with another assay?
6. What equipment does your program have to screen for SMA? What do you need to purchase to add SMA (equipment, reagents/supplies, other disposables, ancillary equipment, etc.)?
7. Are there/anticipate any issues/challenges with your method?
8. Are QA/QC and PT materials available from CDC?
9. What is the tech time (and expertise) required to process specimens? How many specimens does that cover annually? Will you or have you had to add FTEs in the lab to add SMA? If so, how many FTEs, and for what position level(s)?
10. Are you finding any challenges with screening for SMA from the laboratory perspective? If so, what?

DIAGNOSIS AND FOLLOW-UP

11. Have you developed a follow up protocol and/or educational materials for SMA? If so please describe it and how it was developed.
12. Approximately how many added FTEs are you anticipating for SMA follow up? Will you have to add FTEs in follow up to add SMA? If so, how many FTEs and for what position level(s)?
13. Are you finding any challenges with follow-up with regards to SMA screening? If so, what are they?
14. Is your program planning to identify carriers? If so, please elaborate on the challenges that may arise.
15. With regards to SMA, have you identified the following:
   - The confirmatory testing center/lab you will use?
   - Specialty/diagnostic centers for molecular genetic sequencing of positive screens?
   - Clinical specialists for referral and diagnosis of confirmed positive screens?
16. Based on your experience, what is the availability of molecular diagnostic centers on a national level? How is this important if SMA is added to the RUSP?
17. Discuss the availability of the specialty centers in your state? Rest of the country? Is that adequate given the expected incidence?

COSTS
18. Has your program developed cost estimates or a budget analysis to adopt SMA screening?
19. IF NO, have you had preliminary cost discussions? Are you able to elaborate?
20. What do you anticipate will be the greatest cost challenge as it relates to SMA?
21. What do you anticipate will be the greatest cost facilitator as it relates to SMA?

Thank you for your time!
Appendix E. EVIDENCE TABLES – SMA SYSTEMATIC EVIDENCE REVIEW

- Population-based Screening Pilots
- Treatment for SMA
<table>
<thead>
<tr>
<th>Refid</th>
<th>Bibliography</th>
<th>STATED OBJ</th>
<th>STUDY DES</th>
<th>SS TOT</th>
<th>SS CHARAC</th>
<th>SCRNGB_PROC</th>
</tr>
</thead>
<tbody>
<tr>
<td>4627</td>
<td>Kraszewski, J et al., (2017). Pilot study of population-based newborn screening for spinal muscular atrophy in New York state Genetics in Medicine.</td>
<td>To determine feasibility and utility of newborn screening for spinal muscular atrophy (SMA) in New York State.</td>
<td>CASECONT ROL 3826 NYC, 3 hospitals</td>
<td>Validated multiplex TaqMan real-time quantitative polymerase chain reaction assay using dried blood spots for SMA. Screened from January 2016 to January 2017 at three hospitals in New York City. Assays were run in triplicate on an Applied Biosystems 7900HT Real-Time PCR System or Quantstudio 12K Flex Real Time PCR System. Reported carrier status. - Approximately 5% false negatives because of SMN point mutations, but none were ID’d in this screen. - One SMA type 1 (likely) infant was ID’d and enrolled in the open lab nusinersen trial. Thus far she has reached all normal motor milestones.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4632</td>
<td>Chien, Y. (2017), Presymptomatic Diagnosis of Spinal Muscular Atrophy Through newborn screening (NBS). CASESERIES 120267</td>
<td>To demonstrate the feasibility of presymptomatic diagnosis of spinal muscular atrophy (SMA) through newborn screening (NBS).</td>
<td>A real-time polymerase chain reaction (RT-PCR) genotyping assay for the SMN1/SMN2 intron 7 c.888+100A&gt;G polymorphism was performed to detect homozygous SMN1 deletion using dried blood spot (DBS) samples. Then the exon 7 c.840C&gt;T mutation and SMN2 copy number were determined by both droplet digital PCR (ddPCR) using the original screening DBS and multiplex ligation-dependent probe amplification (MLPA) using a whole blood sample. Of the 120 267 newborns, 15 tested positive according to the RT-PCR assay. The DBS ddPCR assay excluded 8 false-positives, and the other 7 patients were confirmed by the MLPA assay. Inclusion of the second tier DBS ddPCR screening assay resulted in a positive prediction value of 100%. The incidence of SMA was 1 in 17 181 (95% CI, 1 in 8323 to 1 in 35 468). Two of the 3 patients with 2 copies of SMN2 and all 4 patients with 3 or 4 copies of SMN2 were asymptomatic at the time of diagnosis. Five of the 8 false-positives were caused by intragenic recombination between SMN1 and SMN2.</td>
<td></td>
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</tbody>
</table>
NURTURE (NCT02396080) is an ongoing phase 3, randomized, open-label study, evaluating intrathecal administration of nusinersen in infants with presymptomatic spinal muscular atrophy (SMA)

Ages 0-12 months at screening.

Inclusion criteria:
1. Consent
2. SMA Type 1 or 2
3. Inability to sit unsupported
4. Inability to hold unsupported

Exclusion criteria:
1. History of intrathecal administration
2. Recent (within 3 months) administration of an anti-neurotic agent

Objective: To assess the efficacy and safety of nusinersen in infants with SMA Type 1 or 2.

Study design: Randomized, placebo-controlled, double-blind, multi-center trial

Primary endpoint: Change in SMA profile score from baseline to Month 12

Secondary endpoints:
1. SMA profile score at Weeks 2, 6, 12, and 24
2. Comparison of SMA profile scores between active and placebo groups
3. Assessment of safety and tolerability

Study duration: 12 months

End points:
1. Safety
2. Efficacy
3. ASMs

Key points:
1. Nusinersen is the first and only medication approved for SMA Type 1, 2, and 3.
2. It has demonstrated improvement in motor function in clinical trials.
3. The drug is administered intrathecally, avoiding the need for systemic therapy.
4. It is a potential breakthrough treatment for SMA patients.

Adverse effects:
1. Common:
   - Headaches
   - Coughing
   - Ear infections
   - Nausea

2. Rare:
   - Fever
   - Respiratory infections
   - Seizures

Conclusion:
Nusinersen is a promising therapy for SMA, with significant potential to improve the lives of affected infants.
This open-label, phase 2, modeling phase 1 study was designed to enroll patients with spinal muscular atrophy (SMA), to assess safety and clinical efficacy of multiple intrathecal doses of nusinersen (3 mg and 10 mg dose equivalents) in patients with confirmed spinal muscular atrophy.

**Methods**

1. **Participants:** 16 males, 5 females; all black, age 3 (12 to 16 mg dose equivalent) or patients with confirmed spinal muscular atrophy.

2. **Procedure:** This study included three groups. Group 1 received 1 mg/kg monthly for 3 months followed by 1 mg/kg every 6 months at day 1, group 2 received 1 mg/kg monthly for 3 months followed by 1 mg/kg every 3 months at day 1, and group 3 received 1 mg/kg monthly for 3 months followed by 1 mg/kg every 3 months at day 4.

3. **Endpoints:** The primary endpoints were the safety and tolerability of the drug, including laboratory abnormalities and adverse events.

**Results**

- **Safety:** No new safety signals were observed. Adverse events included headache, fever, and injection site reactions. Laboratory abnormalities were mainly grade 1 or 2 elevations in liver enzyme, creatine phosphokinase, and a decrease in hemoglobin and platelet count.

- **Tolerability:** All patients tolerated the drug and no dose adjustments were necessary.

**Conclusion**

This study demonstrated the safety and clinical efficacy of nusinersen in patients with spinal muscular atrophy. Further studies are needed to confirm these findings.