



Baltimore Healthy Start, Inc.


610 N. Chester St Baltimore, MD
21205

(410) 675 - 2125

Scan to Visit Our Website!



 Baltimore HealthyStartInc

 Bmohealthystart

 Baltimore Healthy Start, Inc.

QR code: <https://baltimorehealthystart.org>





Who Are We?

- Established in 1991 as a 501(c)3 nonprofit corporation
- One of the Original 15 Healthy Start projects
- The only federally funded program of its kind in Maryland
- Member of Maryland Nonprofits
- In partnership with B'More For Healthy Babies



What We Do

We work with our families in their residences and communities, to ensure that every child has a safe, nurturing, thriving environment every day, for the first few years of life —and beyond.



Our Mission Statement

Baltimore Healthy Start, Inc. is committed to reducing infant and maternal mortality and morbidity by utilizing the Life Course Perspective for improving the health and well-being of women and their families through the provision of comprehensive, supportive services offered in the communities where they live.



Our Babies Are More Precious Than Gold!





Designed to Reduce
Disparities in Perinatal
Health

Healthy Start Initiative: Eliminating Disparities in Perinatal Health is a service delivery model that uses evidence-based practices, standardized approaches, and continuous quality improvement to achieve Healthy Start benchmarks. Successful service delivery models integrate and coordinate community-based and Healthy Start services to provide holistic and comprehensive services to achieve optimal health outcomes for all participants.

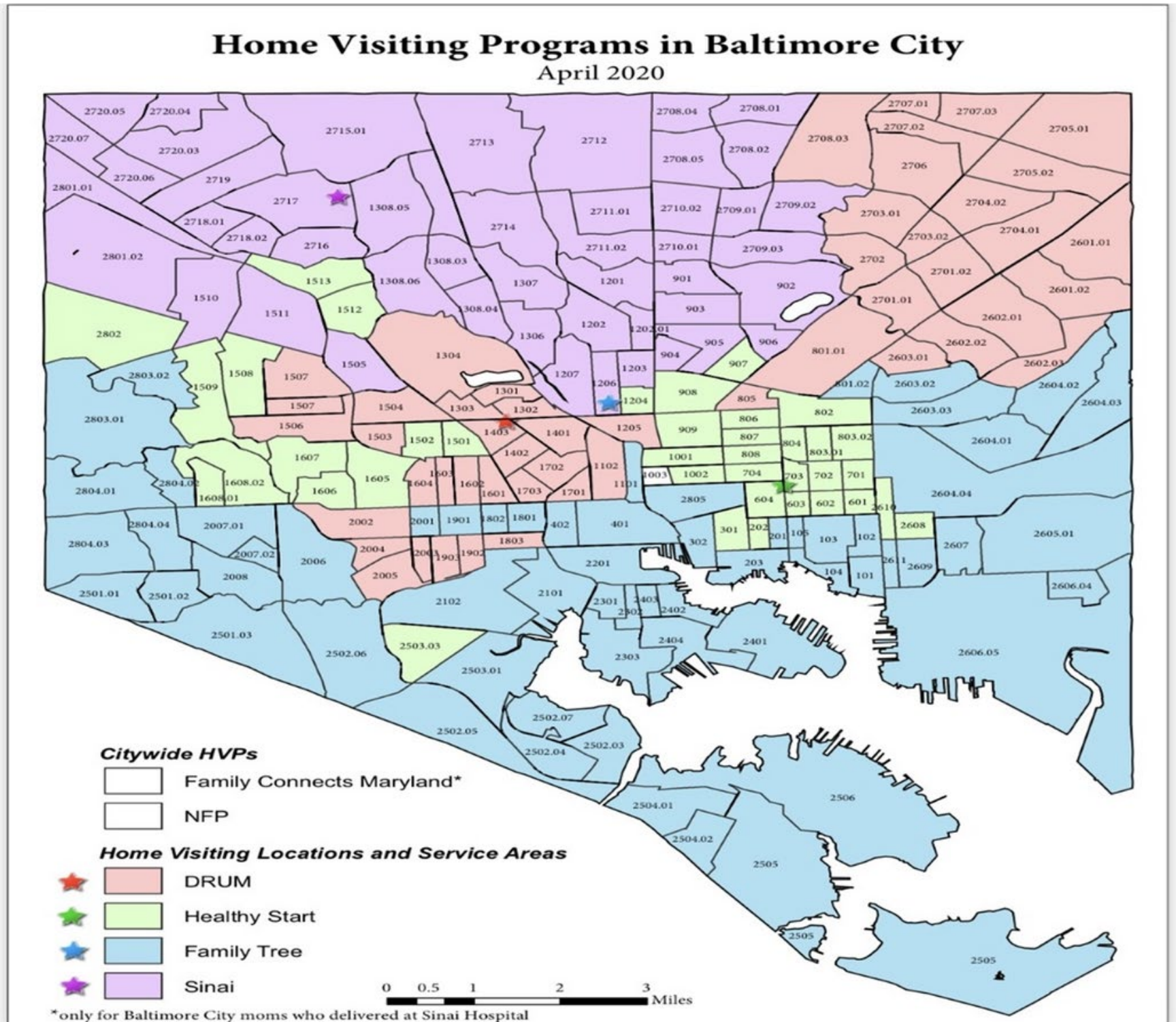


Where We Are?

We work in communities with rates of infant mortality at least 1½ times the U.S. national average and high rates for other adverse perinatal outcomes (e.g., low birthweight, preterm birth, maternal morbidity and mortality) in order to address the needs of high-risk women and their families before, during, and after pregnancy.

📍 MIDDLE EAST/ HIGHLANDTOWN (FULL SERVICE)
610 NORTH CHESTER STREET
BALTIMORE, MARYLAND 21205

📍 FOREST PARK/ WALBROOK 2300 GARRISON
BVD, SUITE 101 BALTIMORE, MARYLAND
21216
410.362.479



Baltimore City
(2019)

Maryland Vital Stats (2019)

AFRICAN
AMERICAN/ BLACK

LBW - 15.7 %
VLBW - 3.3 %
IM Rate - 11.4 per
1000 live births

WHITE

LBWB - 7.5 %
VLBW - 1.1%
IM Rate - 11.4 per
1000 live births

BALTIMORE HEALTHY START, INC.

LBW - 14.10 %

VLBW - 0 %

0 infant deaths

Our target areas are the most marginalized in the city. We recruit and enroll pregnant and postpartum women regardless of risk. We have a 90-95% penetration rate in our target areas. The Healthy People's goal for IM is 5.0 - while black infants rate is 10.8.



2020 Infant Mortality for African Americans in Baltimore City



14 per 1000 live births

The COVID-19 pandemic had a negative impact on infant health, specifically in Baltimore City because the pandemic cut off families from services offered through home-visiting programs like Baltimore Healthy Start, Inc. due to COVID-19 restrictions and social distancing.



Breast Feeding Initiation

The Breastfeeding
initiation was at 8%
when we started
the program



2022 - 66.3% HRSA
Teams

2022 - 73.45%
across all BHS
Teams





Families Serviced

1,394

2021

1,171

2022

The 4 Approaches

Serving Families in
Communities Where They Live

Improve Women's
Health

Improve
Family
Health and
Wellness

Assure impact and
effectiveness through
workforce development,
data collection, quality
improvement,
performance monitoring
and evaluation.

Promote
Systems
Change

Who We Serve

In order to be eligible one must meet the following requirements 

Once enrolled we follow families until the baby turns 18 months old.

Be Pregnant

Be a woman with a child of six months or younger

Be the father to an expectant woman's unborn child or be the father/partner to a family member enrolled in programs

Live within our service areas

What We Do?

Core Client Services & Population Health

Outreach and Participant Recruitment

Case Management/ Care Coordination

(Home Visiting)

CRNP

Health Education

Maternal Depression Screening and

Referral

Interconception Care

Developmental Screenings and

Referrals

STI Screening and Pregnancy Testing

Dyad Care

Merck Safer Childbirth Cities Project

Community Action Network

Partnership for Doula Training and

Mentoring

Housing University/ Greenspace



What We Do? (2)

Family Engagement/ Wellness Activities

Belly Buddies

Breast Feeding Education/ Peer

Counselors

GED classes

Food Pantry

Emergency diapers, formula, cribs

Healthy Start Store

Early Childhood Development Program

Fatherhood Services

Pregnancy Testing

Family Planning (Certified Nurse

Practitioner)

Teen Group

Circle of Security Parenting Classes

Transportation

Parent Leadership Group






Tell Me More!

Contact, Executive Director, Lashelle Stewart for more information regarding Baltimore Healthy Start, Inc.

 610 North Chester St. Baltimore, MD 21205

 410-675-2125

 LStewart@baltimorehealthystart.org

baltimorehealthystart.org

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