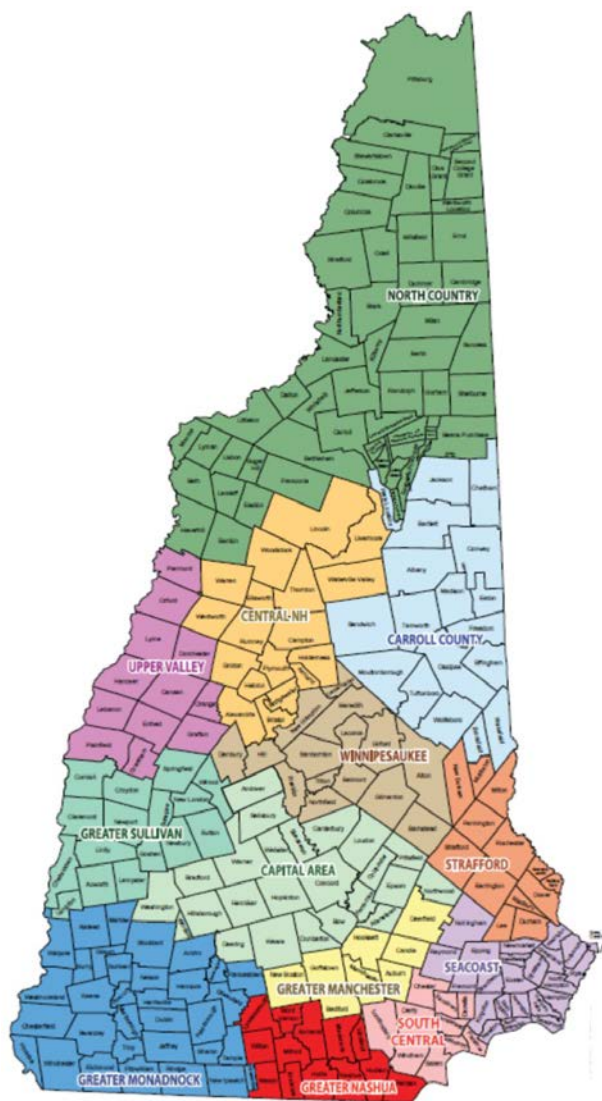




Strategies to Address Opioid Use Disorder in Northern New Hampshire

Nancy Frank, CEO
North Country Health Consortium
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Leading Innovative Collaboration to Improve the Health Status of Northern New Hampshire

Committed to:

- Improving infrastructure, capacity, and delivery of public health services
- Increasing access to health care, behavioral health, and substance use disorder services
- Addressing the social determinants of health
- Workforce Development, including education for community, healthcare professions students and professionals



North Country
HEALTH CONSORTIUM



Opioid Impact in New Hampshire and the North Country

- In 2017 and 2018, NH was among top five states with the highest rate of opioid-involved deaths and all-drug overdose
- Significant increase in cases involving synthetic opioids (mainly fentanyl) rise from 30 deaths in 2013 to 374 deaths in 2017
- Significant increase in deaths involving methamphetamine, more than doubled from 2017-2019
- North Country:
 - Significant increase in opioid –related Emergency Department related visits from 2016 to 2018
 - Significant increase in Narcan administration between 2016 and 2018





Opioid Use/Substance Use Disorder Continuum of Care Services

- Prevention
- Treatment
- Recovery





Wellness and Recovery Model

Evidence-Based/Promising Practice:

- ✓ *Community Health Workers*
- ✓ *The Recovery-Oriented Systems of Care (ROSC)*





“A community health worker is a frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served.”



“A Recovery Coach is anyone interested in promoting recovery by removing barriers and obstacles to recovery, and by serving as a personal guide and mentor for people seeking or in recovery.”



A Community Health Worker/Recovery Coach is a frontline public health worker interested in promoting recovery by removing barriers and obstacles to recovery. They are a trusted member of the community and serve as a personal guide and mentor for people seeking recovery.



Recovery-Oriented Policing Pilot

First Responder/Officer Offers Assistance:

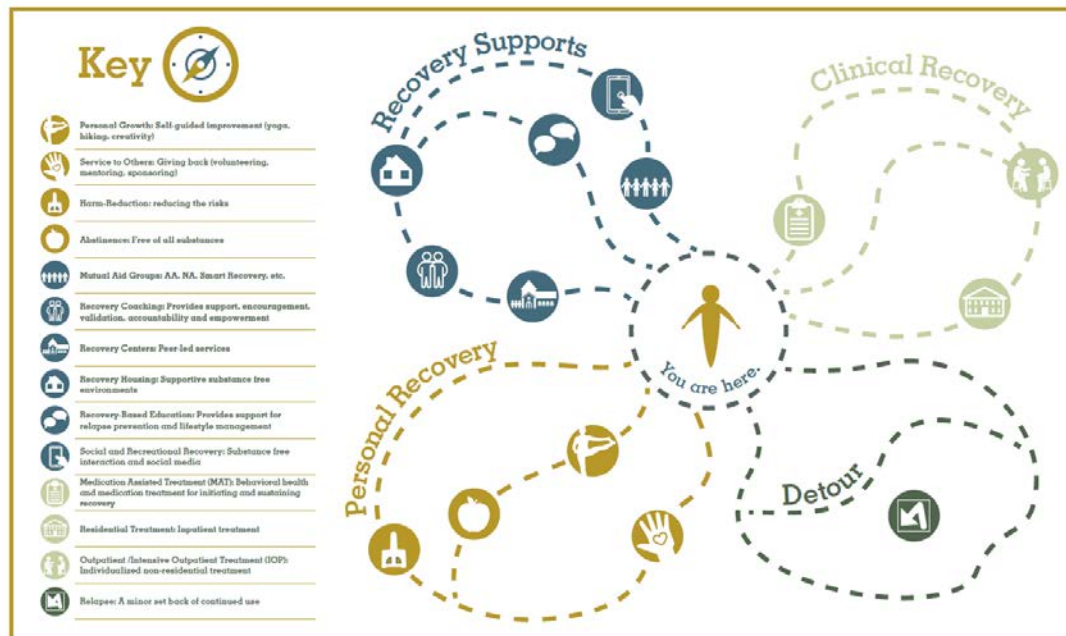
Adapted Best Practice/Promising Practice:

✓ *Community-Oriented Policing Services*

- Assistance refused
 - ❖ Information about WARM provided
 - ❖ Responder follows up in one month
- Assistance accepted
 - ❖ Connection to WARM 8:00 a.m. - 4:30 p.m. Monday-Friday
 - ❖ Staffed Recovery Coach 4:30 p.m. - 8:00 a.m. M-F and weekends
 - ❖ Responder follows up in one month



ASK PETRA





Challenges/Lessons Learned

Find a Champion

Give Things Time

You are Changing a Culture

Flexibility/Adaptability is Key

Privacy/42 CFR Part 2





Unexpected Opportunities

- Business Connections
 - Recovery Friendly Workplace
- Social Service and Community Mental Health Center Referrals
- Oral Health Connections



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Resources:

- NCHC WARM Program:
<http://nchcnh.org/WARM.php>
- Law Enforcement Best Practices: Community Oriented Policing, US Department of Justice
- The Role of Recovery Support Services in Recovery-Oriented Systems of Care, White Paper, USDHHS, SAMHSA
- Community Health Worker Toolkit:
<https://www.ruralhealthinfo.org/toolkits/community-health-workers>