Strengthening Interdisciplinary Partnerships through Integrated Care

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Presenters

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About FHCSD

- 1 of 10 Largest Federally Qualified Health Centers (FQHCs) in the Nation
- 41 Sites Across San Diego County
- 96% have household incomes below 200% of the federal poverty level
- 31% of FHCSD patients remain uninsured.
Our Team

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Learning Objectives

1. Identify inclusive, integrated and multidisciplinary partnerships in their community
2. Develop a clinical practicum where Family Nurse Practitioner (FNP) students will gain an understanding of two integrated care models by observing FNPs providing primary care in an integrated setting.
3. Increase number of FNP students who are prepared to lead interdisciplinary teams in the delivery of integrated care in a primary care setting.
Community Partnerships

University of San Diego (USD), School of Nursing (SON)

Provides classroom education on the two integrated care models and placement of FNP students in clinical settings.

University of California, San Diego (UCSD), Department of Psychiatry

UCSD Community Psychiatry Program supplies faculty to train FNP students to meet mental health needs of the community.

Scripps Mercy Hospital (SMH)

A local hospital provides a psychiatric PharmD to educate FNP students on medication management.
Structure

SDICPP Includes a **Three Part** Structure:

1. **Class Theory**
   USD for students and curriculum collaboration

2. **Clinical Experience**
   FHCSD for clinical practicum

3. **Case Conferencing/Didactics**
   UCSD for evaluation consultation
   SMH for medication management consultation
Class Theory

USD identifies and incorporates key integrated care competencies for FNP clinical learning objectives.

- Based on student progress through the practicum, identifies competencies that are essential for delivery of integrated care in a nurse-managed health center.

- Incorporates integrated care competencies and learning experiences into FNP student requirements and syllabus.
FNP Student Clinical Experience

- FHCSD FNP precepts USD NP Student
  - Initially shadows the FNP preceptor
  - Followed by seeing patient individually under supervision.
- Patients are screened for mental health issues (PHQ9) and unhealthy alcohol use (AUDIT) and scheduled on the days the FNP student’s in clinic.
- Adhere to IMPACT and SBIRT models
- Participates in morning huddles with integrated care team.
Case Conferencing & Didactics

Weekly didactics (relevant literature) and case studies with UCSD and SMH. USD NP Students present patient cases to:

- Psychiatrist from UC San Diego
- Psychiatric NP UC San Diego
- Advanced Practice Pharmacist from Scripps Mercy Hospital
SDICPP’s Impact on Provision of Care

Introduction of New Approaches to Care:

• Introduction of curriculum on the IMPACT and SBIRT models
• Team based approach in a clinical setting
• Use of problem case conferences with a Consulting Psychiatrist and Advanced Practice Pharmacist
SDICPP’s Impact on Provision of Care (continued)

Results:

• Improved levels of FNP student competency in managing patients with alcohol use disorders and depression within community-based setting.

• FNP’s increased confidence in using IMPACT & SBIRT models

• Increased patient screening and follow up for depression and alcohol use.

• Improved collaborative relationship between FHCSD – USD and FHCSD - UCSD leading to future endeavors.
Planned Evaluation Methods

Pilot Survey
- Measures pre-post FNP student’s clinical experience and perceived competency level in treating patients with depression, anxiety, and substance abuse.

Simulation Lab
- Set to Start in the Fall.
- FNP students will demonstrate their competency level in a controlled environment using the simulation lab at USD.
Program Results

• All FNP students self-reported having an increased level of perceived competency in using IMPACT and SBIRT models

• Increased collaboration and communication within our Integrated Care Team (ICT)

• Strong integrated care plans for patients

• 155% increase in patients screened for AUDIT and PHQ9
Contact Information

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